



# St Albans Heights Primary School

Principal Mrs Effie Sultana

9366 4211

[www.sahps.vic.edu.au](http://www.sahps.vic.edu.au)

NEWSLETTER NO. 9

June 13th 2023

## Principal's Message



Dear Parents/Guardians,

### School Review – every 4 years

Every four years all schools undergo a review of their data, policies, and targets. We are being reviewed as per our Strategic Plan 2019-2023, which is on our website. We have an independent reviewer appointed from Monash University, Martin Winfield, along with two local Principals (Jodi Park from Kings Park PS and Jean Bentley from Albion North PS), our Senior Education Improvement Leader (Anne Fox) from the Department of Education, along with the leadership team and our school council President, Tan Do all forming the panel. Our final day is this Wednesday where we will receive feedback and set goals for the next four years. In 2019 when I started at SAHPS, we were at 'Renew', our overall performance over the last 4 years has been identified as 'Stretch'. Our goal moving forward is to move to the 'Influence' quadrant. See explanations below.



### PAYMENT /CONSENT DUE DATES

Friday 16th June  
3/4 Camp

Monday 19th June  
5/6 Camp Deposit

### IMPORTANT DATES

Monday 19th June  
Reports available on Compass

Monday 19th June &  
Wednesday 21st June  
Student Led Conferences  
**12pm Finish**

Friday 23rd June  
Last Day of Term2  
2.30pm Dismissal

Monday 10th July  
School Returns

Tuesday 18th July- Wednesday  
19th July  
3/4 Camp

Wednesday 9th August -  
Friday 11th August  
5/6 Camp



## Principal's Message Continued



A school's overall performance group represents its combined performance on the Achievement, School Climate, Student Attitudes, Engagement, Participation and Senior Secondary (for secondary, Pri/Sec schools only) domains.

### Differentiated School Performance Groups

The Differentiated School Performance Groups (Figure 1) complement the revised approach to school review and differentiated approach to school improvement.

Five performance groups are identified.

This methodology replaces the previous School Improvement Measures and associated School Threshold reports.

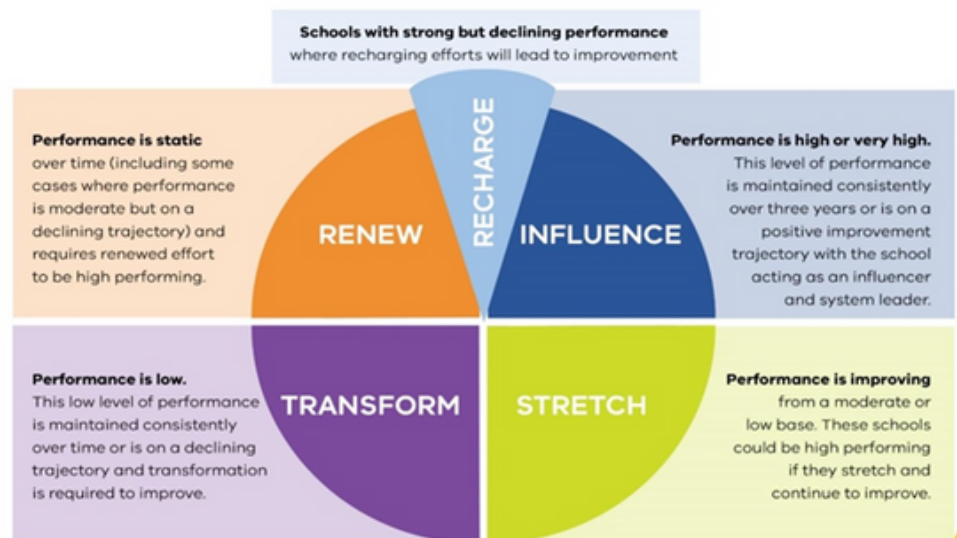
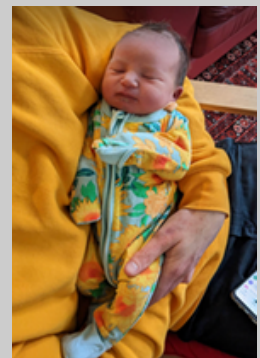


FIGURE 1: THE FIVE SCHOOL PERFORMANCE GROUPS

### Congratulations – welcome baby Juniper

Congratulations to Mr Jimi and his wife Kim who welcomed their third child last week. Baby Juniper is a little sister for Laz and Autumn. The family is doing well, Mr Jimi is currently on paternity leave and will return early next term. Student Led Conferences and reports for 3/4A have been postponed until his return.



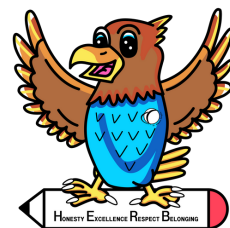
### Exford Primary School Fundraiser

Thank you to our Student Representative Council members for initiating this fund raiser. We raised over \$400 from a free dress day and icy pole sales.

### 3/4 School Camp

Exciting times ahead for the 3/4's who will be attending their first camp at Sunny stones, early next term. Students who aren't attending camp will attend school as normal.

## Principal's Message Continued



### Shade Sail Grant

The holes have been dug and the poles are concreted and in place. The sail was attached late last week, and it looks great!

### New Build/Upgrade

We have a project manager appointed, Sharon Chang from Savills Australia and the works will be going out to tender very soon. We are finalising the colours, textures, and materials to be used in the new buildings. Stage 1 of the works should be ready to begin in October this year. We have a container being brought on site early next term for additional storage for furniture and resources. We have been busy clearing out storerooms determining what needs to be saved and what can be thrown out. There is lots to do before the build starts. Later this year we hope to organise working bees and we will seek support from the community to pack up the library and other larger spaces.

### Mixed Netball

Congratulations to the mixed netball team who made it through to the district finals last week, losing by just three points to St Albans Primary School. Luckily for the team the winners forfeited the next stage due to a pre-planned excursion, so the team has made it through to the district finals later this week. Mr Simon was very pleased with the outcome!

### 2024 Enrolments – ENROL NOW!

Foundation enrolments are now being accepted for 2024, please see the office staff for the relevant forms, or email [st.albans.heights.ps@edumail.vic.gov.au](mailto:st.albans.heights.ps@edumail.vic.gov.au) for more information.

The website [www.findmyschool.vic.gov.au](http://www.findmyschool.vic.gov.au) has been set up by the Department of Education to assist families to locate their closest school. This year the Department has a new process in place which we are required to follow, see our website or the office staff for more information.



### Planning Week

This week is planning week where the staff at each year level spend the day planning the curriculum for next term. Each day a different cohort will be planning, specialist staff will take the classes during this time.

### Reports and Student Led Conferences

Term 2 is a reporting term, staff will be writing comprehensive reports on student progress. These will be made available to families via COMPASS on Monday 19th June. Student Led Conferences will be held during the last week of term 2 (Monday 19th June and Wednesday 21st June) for students to share their achievements with families. Bookings are now open on COMPASS. **Please note that on Wednesday 21st June School Council has approved an early finish at 12.00pm to allow conferences to take place.** Any students who attend after care may remain at school and will be supervised in the library until 3.15pm. All other students will need to be collected.



## Principal's Message Continued



### Stay well this winter & shortage of Casual Replacement Staff

We are experiencing a significant rise in flu/cold (Covid cases) for both students and staff this term. As you would be aware, the Covid Guidelines have changed with the passing of time, reflecting changing conditions. Current Covid Guidelines require staff to stay home for 5 days if they contract Covid. For students, the guidelines recommend a 5-day stay at home from school. Whilst it is not a requirement for students, we would strongly recommend that parents consider doing so to keep our school a healthy place to learn and work in. We ask that any student showing signs of illness does NOT attend school. As per department guidelines, if any student is presenting with compatible symptoms such as sore throat, cough, fever, or cold-like symptoms, a parent/guardian will be required to collect the student as soon as possible.

St Albans Heights Primary School always endeavours to cover teacher absences with a Casual Relief Teacher (CRT). In recent weeks this has become increasingly difficult to do, with higher number of staff absences due to illness/Covid and CRT shortages across the state. We do our very best to replace absent teachers, but this isn't always possible. Staff and students have been extremely flexible and the leadership team have had to take classes to avoid splitting a grade.

### Keeping our school community well and safe

Parents, carers and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing
- wearing a mask if needed
- staying home if unwell and consulting a general practitioner (GP) or Nurse-on-call as required
- staying up to date with flu and COVID-19 vaccinations.

### COMPASS

A reminder to families to keep checking COMPASS regularly for all information regarding events taking place. It is really important to meet the deadlines for providing consent in order to assist smooth organisation for the school staff. Once events have closed on COMPASS students will not be able to attend.

### Last day of term, early finish

School finishes on Friday 23rd June at 2.30pm sharp for the holidays. We return for term 3 on Monday 10th July at 8.50am. Wishing everyone a safe and happy holiday.

Regards  
Effie Sultana  
Principal

### CSEF

CSEF applications for 2023 are now open. Eligible parents or carers with a health care card can apply for CSEF. Please note that applications need to be a parent or carer only with a health care card. If your circumstances have changed, please contact the school office to obtain an application form.

School applications close 23rd of June 2023





# The Check-In

## FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

The Foundation and Grade 1 Students welcomed the Fire Fighters into our classroom to learn about Fire Safety this week. We talked about what to do if there is a fire, who to call for help and what we can do to prevent dangerous situations. Students will be getting some fire safety work to be filled in at home and brought back to school to share with the Fire Fighters. Please make sure you look out for this and assist your child with completing these at home.





# The Check-In

## FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

We are now completing Seesaw tasks consistently in class. Please look out for your child's work on Seesaw to see what they are learning and the different ways they showcase their learning. Feel free to like or comment on their work at any time.

We also post announcements, messages and reminders in the Seesaw app also so please familiarise yourselves with the app and as always, if you have any questions, don't hesitate to reach out to us!

11 and 4 make

1 / 6

Materials

Pictures

11

4

15

11 and 4 make 15

13

19

15

12

1 / 2

Purposeful Learning

Learning Intention:  
We are learning to  
retell a story

Success Criteria:  
I am successful if I  
can

- Talk about what happened first
- Talk about what happened next
- Talk about what happened at the end

first

next

all the way

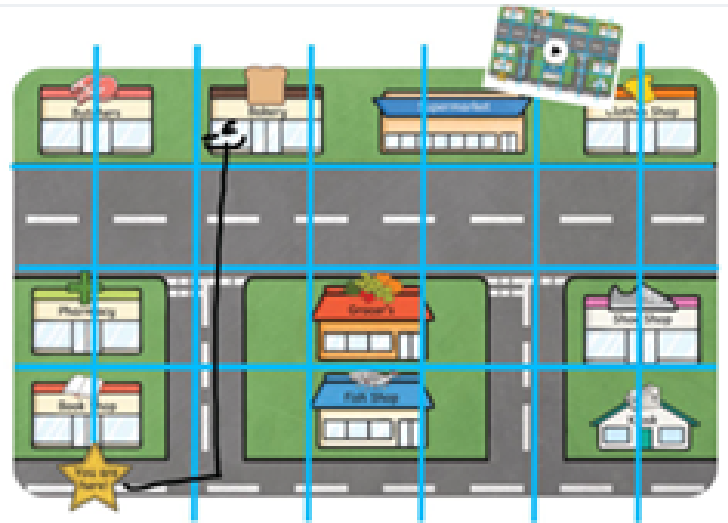




# The Check-In

## FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

This fortnight, grade one and two students have been learning about giving and following directions using language such as 'left', 'right' 'clockwise' and 'anticlockwise'. They have been applying this to using simple maps and following directions in a familiar setting.

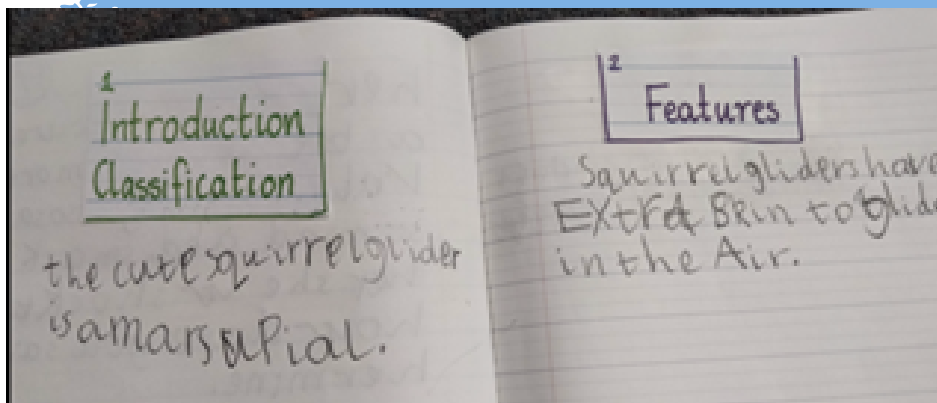


In reading students have been focused on developing their fluency and expression by reading to and listen to their peers. This has helped them focus on the purpose of punctuation. Many recordings are available for you to listen to on Seesaw.

Highlight the full stops and then record your reading.



Sam in the pit.  
Sam is my dog. Sam is in the pit.  
Sam can dig. Dig, Sam, dig.  
Sam is hot. I pat Sam.  
Sam has his nap on my lap.



Following our visit by numerous native animals a couple of weeks ago, students are currently drafting information reports about an animal that they encountered. They have been collecting information under various categories such as diet and habitat.



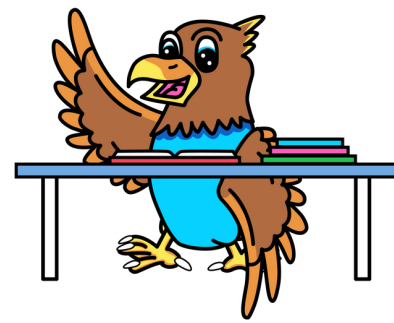
Our inquiry unit has been focused on the various habitats native animals may be found in. Students. Have been learning the features of various habitats and how we rely on them. We have then made connections to how we need to look after these environments.



# The Check-In

## GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



In Reading, students have been exploring the structure and features of Explanation texts. These tell us how or why something happens.

Through reading various explanation texts, students have focused on identifying key information and practised taking notes. These notes were then used to support students in Writing their own Explanation texts. Topics have included explaining heat transfer, the water cycle and how caterpillars become butterflies.

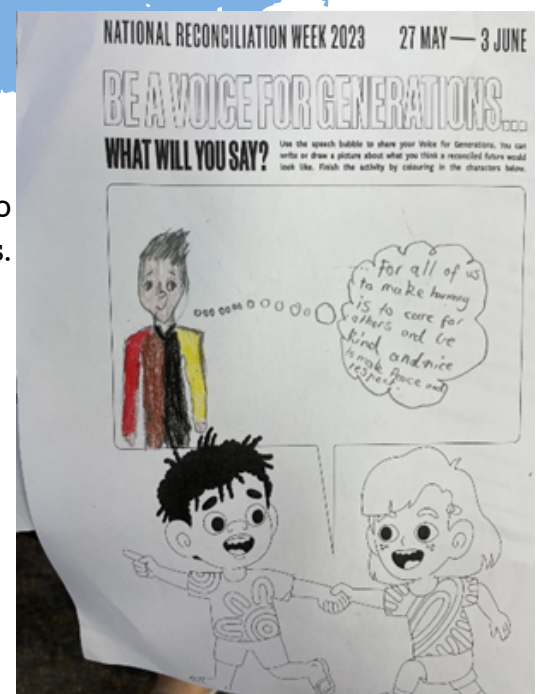
In Mathematics, students have been exploring fractions and the relationship between fractions, decimals and percentage.

The final weeks of term will see us focusing on the relationship between addition and subtraction and the most efficient strategies for solving equations.



In Inquiry, students have continued their chemical science focus. We made predictions about what would happen when combining vinegar and baking soda inside a balloon. Students watched excitedly as the chemical reaction between the two caused a gas (carbon dioxide) to bubble and foam. As the gas had nowhere else to go, the balloon expanded and self-inflated right in front of our eyes.

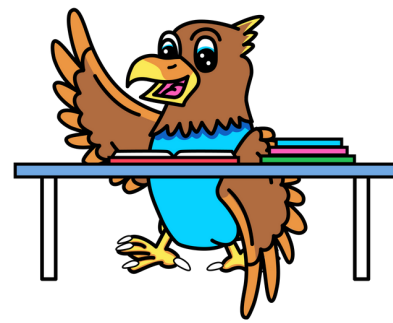
May 27-June 3 was National Reconciliation week. We listened to stories such as 'Say Yes' and discussed what it means to 'be a voice for generations'. Students considered and drew pictures of what a reconciled future could look like.



# The Check-In

## GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



Roll two dice. Convert the number into a %, a fraction and a decimal.

Name Julia

### Let's Roll!!

Percent	Fraction	Decimal	Picture
42%	$\frac{42}{100}$	0.42	
66%	$\frac{66}{100}$	0.66	
35%	$\frac{35}{100}$	0.33	
53%	$\frac{53}{100}$	0.53	
14%	$\frac{14}{100}$	0.14	

### How a water cycle works!

By Kimberly Nguyen

Did you know? The water cycle doesn't stop. Water moves in a cycle between the surface of the earth and to the atmosphere. There are three stages: evaporation, condensation and precipitation. Another thing a water cycle is caused by sun heat.

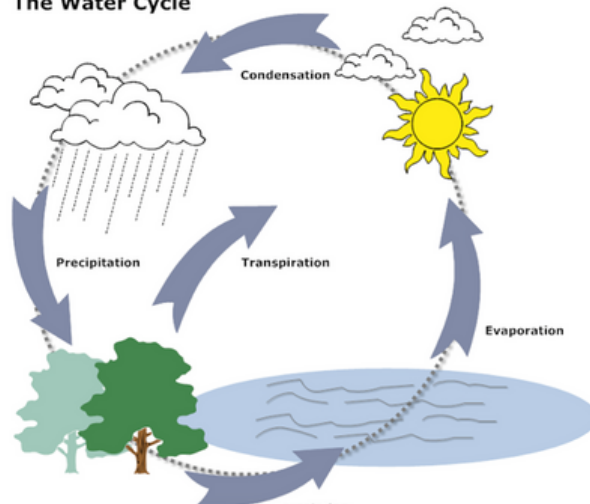
Evaporation is liquid to gas, also it's the process that changes liquid water to gaseous water [water Vapor]. Evaporation occurs when energy [heat] forces the bonds that hold water molecules together to break. As the sun heats water in a puddle, the puddle slowly shrinks.

Condensation is gas to liquid, also it's the process by which water vapor in the air collides with cold surfaces, or when there's too much humidity in your home. Change of water vapor into droplets is called condensation.

Precipitation includes rain, hail, snow, drizzle and sleet. Liquid water evaporates into water vapor, condenses to form clouds, and precipitates back to the earth in the form of rain and snow. Precipitation forms in the clouds when the water vapor condenses into bigger and bigger droplets of water.

Collection : This is when water that falls from clouds as rain, snow, hail or sleet, collects in the ocean, rivers, lakes and streams. Most will infiltrate [soak into] the ground and will collect as underground water. The water cycle is powered by the sun's energy and by gravity.

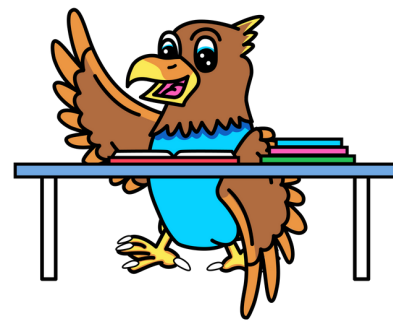
The Water Cycle



# The Check-In

## GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



### How a Caterpillar Transforms into a Butterfly.

By Nadia Lin

A caterpillar has four stages of life before becoming a butterfly. The egg, the egg hatches, the chrysalis and finally it turns into a butterfly.

#### The egg

A mother butterfly flies around choosing the perfect leaf to lay her eggs. When she finally finds the perfect leaf, she lays her eggs on that leaf. Sometimes the mother butterfly doesn't lay them all on the same leaf or in clutches but she lays them individually on each leaf and then the butterfly leaves the eggs after laying them.

#### Hatchery

After the baby larva is ready to come out. It chews its way out and after its body is fully out it then it eats its shell and the leaves under it...and maybe the leaf next to it. It then eats for 4-6 weeks and grows up to 25,000 times larger! After eating and eating the caterpillar sheds its outer layer up to five times and it has already regrown a new exoskeleton underneath. Sometimes its new layer is too small so the caterpillar puffs in air to stretch it.

#### Chrysalis

It's chrysalis time the caterpillar sheds its final skin and finds a branch it then proceeds to hang upside down and forms a sort of cocoon called the chrysalis. It then goes inside the newly formed cocoon, seals itself up for 3-4 weeks. Inside something magical happens to the caterpillar, it's legs become thinner and longer it sprouts wings then antenna's. Its body becomes thinner and longer. It takes shape or becomes a butterfly. The larva is now a pupa in the middle of being an adult or child such as a larva)

#### Adulthood

When the butterfly's body has fully taken shape the butterfly is now ready to come out. Of course more than ten days of not eating the butterfly is ready to eat

but when the butterfly comes out it's wings are all crumpled up, wet and soggy. After a couple hours of waiting the blood rushes back to its wings and then the butterfly goes from flower to flower picking out a flower. Did you know that butterflies can't taste with their tongue? They taste with their feet. If they like the taste of the flower it sucks the pollen with their hollow tongue enough.



### Heat transfer by bicky

This is about thermal radiation and other facts about thermal radiation which can cause a thermal reaction and there are 3 stages condensation radiation precipitation.

When 2 Metal balls clash it will cause a thermal reaction and if you rust one of the balls and cover one of the balls in aluminium foil it will be a thermal reaction.

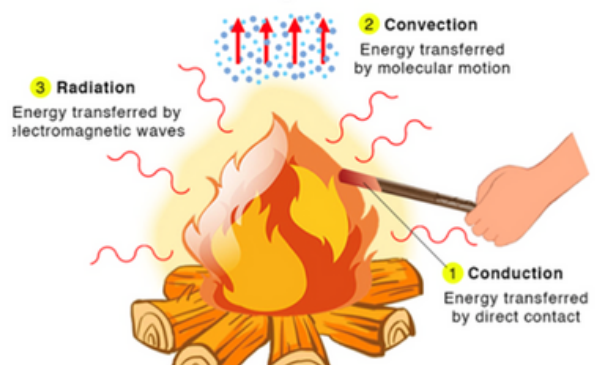
Condensation gives lots of energy to the fire and cold molecules go down hot ones go up and heat energy from the heat source and the air gets hotter and hotter then they will go up because they are not hot.

Heat when radiation touches titanium it will make it really hot and it won't burn, since it's a solid material that makes it a conductor and anything made from titanium and steel will be a conductor.

So if we are talking about a hot air balloon it will heat the balloon up, since hot go up molecules the Ballon is full with molecules and they are really hot it will cause it to go up. And when it cools down it will cause it to go slowly down.

If we are near a fire go away quickly don't go on the top of the flames because it's hotter than any other spot on the fire and if you're in a cold place. Then go to the fire and put your hands on the top and feet on the bottom and if you want to make one you're on this can give you information about heat transfer.

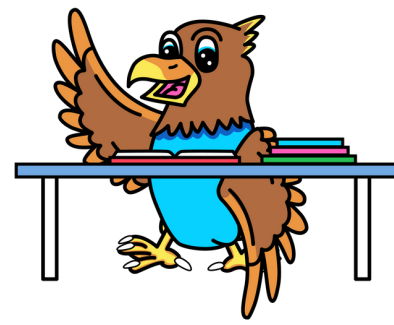
#### Burning of Wood





# The Check-In

## GRADE 3-6 NEWS BY MR GARY, MS LAURA & MR DYLAN

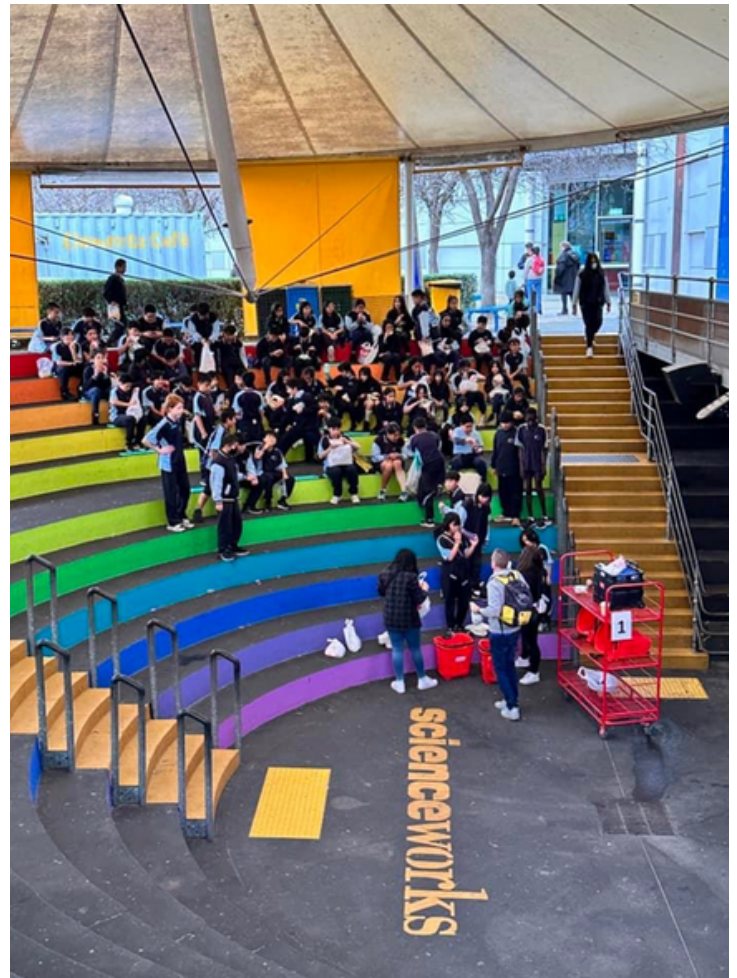


On Wednesday 7th of June, all the 5/6 classes were having an excursion to Scienceworks. Mr Dylan, Ms Laura, Ms Alex, Mr Glenn and Ms Amber went to supervise us. We rode to our destination on the bus and soon after arrived. We did the General Viewing first, and saw many fascinating exhibits. My personal favorite was the wheelchair racing, although I had to wait a long while to do so. We even saw other schools too!

It was time for our break. Since we had time to spare, we sat down on the grass outside and chatted away. Then the teachers bring out the food. I had a burger and milk, as well as other snacks. We went to the colorful stairs, and began to eat our lunches. We brought our own food, so the teachers didn't have to worry about allergies. We finished up and were ready for the next tour.

We went upstairs for our next exhibition. There was so much cool stuff, including a bunch of mirrors. I found a fabric wall that looked like space which I could push on, turns out it was to simulate gravity—cool!

We went to the last place of the exhibit, the 'Cool Stuff' one. I must say, it was one of my favorites! The woman hosting this show was called Sophie. She played around with the 3 common matters, and did some stuff on liquid nitrogen. Sophie once poured liquid nitrogen on a rubber duck, and when she hit it with her hammer, the duck exploded, and everyone went berserk! It ended just a few minutes later, and it was the end. I was disappointed it ended in what seemed to be a few minutes.

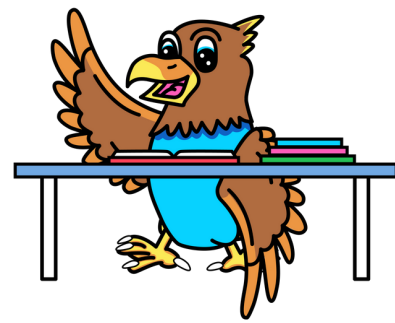


We went back to school and played Celebrity Heads, which was fun. Once the game ended, we played Silent ball, and the bell rang. Scienceworks was really fun, and I hope we go there again! That is it, everything that happened. I recommend going to Scienceworks for a trip! See you soon!

# The Check-In

## GRADE 3-6 NEWS

BY MR GARY, MS LAURA & MR DYLAN



### Science Works Trip 5/6s

If you did not know all 5/6s went to explore science works. It was a successful trip and we learnt lots of things like how magic works. For that one we entered a white spin box and when we get in we get out of a different place!

It was really fun and we also got to see cool things with solid liquid and gas like if you put liquid nitrogen in cold water it turns into ice. That was very cool. The teacher that taught us this was Miss Sophie. She also taught us how to break a rubber ducky that was a terrifying horror but she put the rubber duck into very cold water and then it was frozen so that means it is solid and we are still learning something. And all the 5/6s could also go explore different areas like there was a sports area and a normal science area. For the normal science area there was like mood rooms and how to make a car and stuff but in the sports area you could race people with a wheelchair and vs them in running. That was all for science works thank you for reading. By Harry



### Going to Scienceworks By Hoang

On June the 7th, the grade 5/6s went to Scienceworks. When we arrived, Miss Laura let us explore the Think Ahead and the SportWorks area with a buddy. Tiffany and I went to the SportWorks area where we did our hand length, weight, height, upper body strength and more. We then had lunch and after that, we went to the second floor. It was relaxing and peaceful up there but the 5/6s were a bit too loud so we went down to the ground floor. We played in the playground outside and we went for recess. The last activity was seeing a show about matter. We saw a member of Scienceworks named Sophie make amazing experiments. The sad part was where she exploded the rubber duckie and I hated that. We then had to go back. My favorite part was a machine in Think Ahead where you had to try to help the environment.



# The Check-In

## LITERACY NUMERACY WELLBEING



**LITERACY BY MRS. BUBECK**

### HOLIDAY READING HEROES COMPETITION

Hi SAHPS Families

This term has gone by so quickly and with only two weeks left until the school holidays I wanted to remind you all about the importance of students continuing with their positive reading habits during the break.

We encourage all students to read daily during the break so that they can continue to achieve their personal reading goals.

To celebrate students who continue with their daily reading during the break I will be running a Holiday Reading Heroes competition.

On the first day of Term 3 students can come and show me their student diary with their reading recorded in it. They will need to record the title of the book and a sentence/summary of what it was about. A parent or guardian needs to sign the diary at least once a week.

All students who read every day during their break will receive an MVP card for displaying the school value of Excellence and will receive an icy pole later in the week.

Remember that during the holidays public libraries are open and they are a great place for families to participate in a range of activities as well as having access to many books.

I look forward to celebrating with students who continue their daily reading over the holidays.

Happy Reading  
Mrs Bubeck  
Assistant Principal





# The Check-In



## LITERACY NUMERACY WELLBEING

### WELLBEING BY MR. GLENN & MS. CHRISTINE

Going to school every day is the single most important part of your child's education. Students learn new things every day - missing school puts them behind.

Same day notification of absence.

If your child is sick or absent, you are required to notify their school as soon as possible on the day of absence using one of the following methods:

1. Compass: log the absence directly using the Compass app.
2. Telephone 93664211: the school office and let the staff know your child's name, class, date of absences and reason.

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of children and will fulfil your legal responsibility.

Why do I need to notify the school if my child is absent?

Schools need to know when and why a child is absent, and you need to know if your child isn't at school. Since the end of Term 2 2018, all Victorian government schools are required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. If your child is absent on a particular day and you have not contacted the school to explain why, the absence will be marked as unexplained.

What is your responsibility?

You are legally required to ensure your child attends school every day or you must provide an explanation for their absence. You should let the school know in advance of any upcoming absences or let them know in the morning if your child won't be at school.

What is the school's responsibility?

The school must notify you of an unexplained absence in relation to your child as soon as practicable on the same day. Schools will let you know either by your school's online communications app, SMS, phone call or email.

Where can I learn more about the process for managing student absences?

Ask your school for a copy of the Attendance Policy which outlines the school's processes and procedures for monitoring, recording and following-up of student absences.

When your child misses just ...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means, the best your child can achieve is...
1 day each fortnight	20 days each year	4 weeks each year	Nearly 1 ½ years of learning	Equal to finishing Year 11
1 day each week	40 days each year	8 weeks each year	Over 2 ½ years of learning	Equal to finishing Year 10
2 days each week	80 days each year	16 weeks each year	Over 5 years of learning	Equal to finishing Year 7
3 days each week	120 days each year	24 weeks each year	Nearly 8 years of learning	Equal to finishing Year 4

Kind Regards,

Glenn Groves  
Positive Climate and  
Engagement Leader

Christine Thewma  
Student Wellbeing Officer

St. Albans Heights Primary School is committed to the safety and wellbeing of all children and young people, we have a zero tolerance for child abuse. This will be the primary focus of our care and decision-making.



# The Check-In

ART PE STEM JAPANESE  
KITCHEN GARDEN

## P.E. By Mr. Lambert

The last few weeks has been action packed in the PE department. We have had Cross country events, futsal gala, footy gala and interschool sport taking place. Unfortunately none of the 4 students who progressed to Divisional cross country were able to qualify for the next stage but all ran terrifically and should be proud of their efforts.

In the AFL gala, needing to win our last game to finish runners up, we lead St Augustines 32-12 at half time but unfortunately, we were not able to find any answers to the St Augustines onslaught in the second half and despite a couple of late chances we went down agonisingly 36-34. Meanwhile in the futsal gala it was a mixed day winning 1, drawing 1 and losing 3. That said both galas were a great experience for the students and hopefully they learnt plenty from the experiences.

Meanwhile interschool sport has come to a completion for this term with the mixed netball team once again qualifying for the final this week away to St Albans. Unfortunately, the girls despite finishing joint on points with the top team ended up in third based on percentage which is a big shame given the quality of the netball they have produced this term. Tsukball and softball both finished mid table in what were good learning experiences.





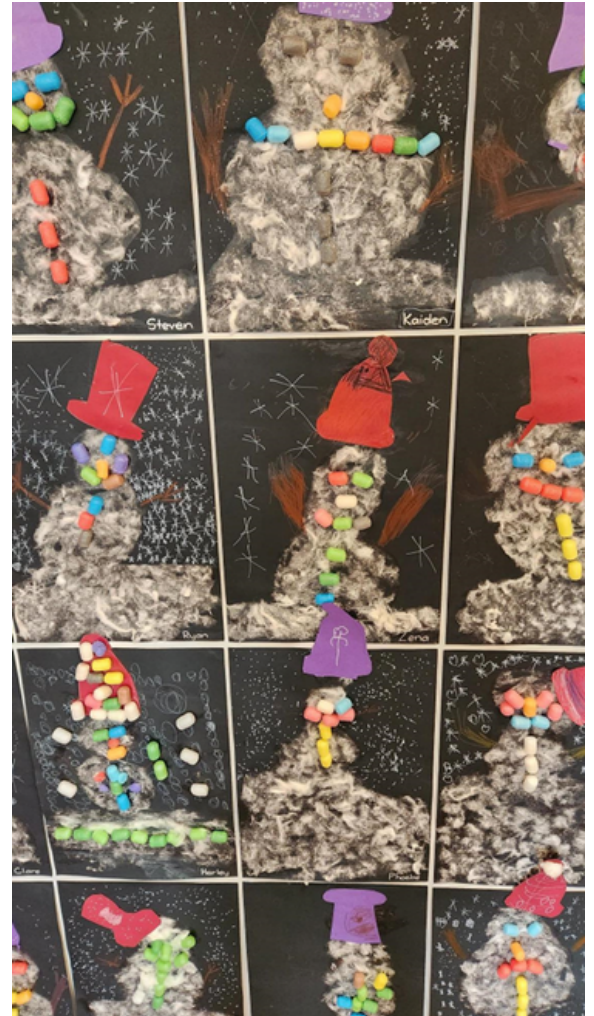


# The Check-In

ART PE STEM JAPANESE

**ART BY MR PODY**

Another very productive week in the Art Room. The students have been creating some very interesting and eye-catching masterpieces. The Foundation/Grade 1's have created a Winter snowperson using mixed media. The Grade 1/2's completed their nature collages, and they look fantastic. The Grade 3/4s are working on mixed media dragon eyes and the Grade 5/6s have created a multi layered Winter folk art scenery.







# The Check-In

ART PE STEM JAPANESE

ART BY MR PODY



Special call out: The Art Room needs newspaper supplies. If you have any spare newspapers, could you please bring them into school or see Mr Pody in the Art Room. Thanks

# Herb's Heroes



Maggie F/1A	Respect
Zena F1B	Excellence
Elvis 1/2A	Respect
Helen 1/2B	Respect
Long 1/2C	Excellence
Faith 3/4B	Excellence
Dominic 5/6C	Excellence
Dave F/1A	Excellence
Zion F1B	Excellence
Mia 1/2A	Respect
Elijah 1/2B	Honesty

HONESTY  
EXCELLENCE  
RESPECT  
BELONGING

# The Check-In COMMUNITY HUB



BY MS. DANNIELLE

## St Albans Heights Primary School Community Hub Timetable. Term 2.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Peace &amp; Prosperity Kitchen Garden. Government House. 9:00-2:30pm</p>  <p><b>This Program is Full</b></p>	<p>Make, Create, Grow &amp; Sew.  9:30-12:30pm (In the School community Hub)</p> 	<p>Zumba 9:30-10:30 @ Holy Eucharist Primary School (Morning tea provided)</p> 	<p>English Class 9:30-12:00pm (Child minding available)</p>  <p>St Albans Heights Primary School.</p>	
<p>Vietnamese Playgroup 9:30-12:00pm</p>  <p>St Albans Heights Primary School.</p>		<p>Tuning into Kids Parenting Program.  9:00-11:40am melbourne city mission St Albans Heights P.S.</p>	<p>Cooking and Conversation 1:00-3:00pm</p>  <p>(Childminding available.) St Albans Heights Primary School.</p>	
<p>Mini Roo's Soccer Program. 3:15-4:30pm</p>  <p>St Albans Heights Primary School.</p>				

If you're interested in joining any of our classes, please email your interest to [dannielle.tomlinson@education.vic.gov.au](mailto:dannielle.tomlinson@education.vic.gov.au) or call **Dannielle on 9366-4211.**

Everyone is welcome & all events are **FREE** of charge unless stated otherwise.



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# The Check-In COMMUNITY HUB



BY MS. DANNIELLE



- Support your child as they learn and grow
- Help your child to manage their emotions
- Have a happier, more fulfilling family life

Presented by Early Links Brimbank - Melbourne City Mission

Brimbank Communities for Children Facilitating Partner is funded by the Australian Government and facilitated by The Smith Family.

THIS IS A  
FREE SIX WEEK PROGRAM  
FOR PARENTS  
of children aged 3-10

Living in Albanvale, Albion,  
Ardeer, Cairnlea, Deer Park,  
Delahey, Derrimut, Kings  
Park, St. Albans, Sunshine,  
Sunshine North, Sunshine  
West and Sydenham.

**When: Wednesdays 9.15am - 11.15am**

starting 10 May - 14 June

**Where: St Albans Heights Primary  
School**

for more information and to book a spot,  
contact Tessa on 0400 111 787  
or email [earlylinksbrimbank@mcm.org.au](mailto:earlylinksbrimbank@mcm.org.au)

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All events are FREE of charge unless stated otherwise.

# The Check-In

## COMMUNITY NEWS



# UNIFORM SALE

**FINAL CLEARANCE**

**AVAILABLE WHILE**

**STOCKS LAST**

BIKE SHORTS AND WAR WINTER BEANIES

**\$2 EACH**



# BE QUICK

# The Check-In

## COMMUNITY NEWS



Confidence

Communication Skills

Creativity

# superspeak



Weekly public speaking, drama & presentation skills for ages 6-14

**IN-PERSON**  
or **ONLINE**

- ★ Leading Curriculum
- ★ Experienced Teachers
- ★ Loads of FUN!

**communication**

quick thinking  
**expression**

teamwork  
**confidence**

leadership  
**persuasion**

vocal variety

Award  
Winning  
Program  
Trusted Since  
2006

**ENROL NOW**

Glen Waverley,  
Chadstone, Burwood,  
Essendon, Doncaster,  
Canterbury, Rowville,  
Ashburton, Ivanhoe,  
Thornbury, Altona  
Meadows, Balwyn  
North, Truganina,  
Caroline Springs  
& Online



**9572 5249**

[info@SuperSpeak.com.au](mailto:info@SuperSpeak.com.au)

[www.SuperSpeak.com.au](http://www.SuperSpeak.com.au)



# The Check-In

## COMMUNITY NEWS



### ST ALBANS HEIGHTS PRIMARY SCHOOL CANTEN MENU 2023

#### Hot Items

Lasagne E	\$4.50
Macaroni & Cheese E V	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Oven Bake Chicken Nuggets (Breast)	3/ \$3.30
Dim Sims (Steamed)	\$1.30
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.30
Regular Sausage Roll	\$3.50
Skinless Hot Dog	\$4.00
Nacho-with Salsa & Cheese E V	\$3.60
Falafel Bites GF Vegan E	3/ \$3.00

#### Halal

Halal Hot Dog	\$4.00
Halal Pie	\$4.50
Lasagne E	\$4.50
Mac & Cheese V E	\$4.50
Falafel Bites GF Vegan E	3/ \$3.00
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Vegetable Pastie V	\$4.50

#### Drinks

600ml Water E	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20

#### Salad Bowls

Fruit Salad E V	\$1.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot, Italian dressing E V	\$4.00

#### Sushi-Wednesday and Thursdays only

2 Rolls from 7.00

Chicken Teriyaki, California, Tuna & Avocado.

**Canteen will be open Wednesday, Thursday, and Friday in 2023.**

**Please place orders by 8.30 am via the QKR App.**

**ORDERS CAN BE PLACED VIA THE QKR APP & THROUGH THE CANTEN**



**Download the Qkr app on your mobile or iPad today!**

#### Sandwiches (Fresh or Toasted)

Salad E V	\$4.00
Ham E	\$3.00
Cheese E	\$3.00
Ham & Cheese E	\$3.20
HCT (Ham, Cheese & Tomato) E	\$3.70
HLT (Ham, Lettuce & Tomato) E	\$3.70
Chicken with Lettuce & Mayo E	\$4.70
Tuna with Lettuce & Mayo E	\$4.70
Vegemite & Cheese E	\$3.00
Egg with Lettuce & Mayo E	\$4.20

**Gluten Free Sandwiches Available add 30c**

#### Rolls

Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

#### Wraps

Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

#### Snacks

Large Cookie	\$3.00
Koala Popcorn (Sweet chilli, Sweet & Salty, Salty) V	\$2.00
Jelly Cup E	\$1.50
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

#### Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E= Healthy Option V =Vegetarian Option GF =Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c  
Brown Paper Bag 12c

Bảng tin số 9 ngày 13 tháng 6 năm 2023

Các Ngày Quan Trọng:

Xin xem phần tiếng Anh

Lời Nhắc Gởi Từ Bà Hiệu Trưởng

Kính thưa phụ huynh,

Việc Thanh Tra :

Cứ 4 năm một lần tất cả các trường phải trải qua một cuộc thanh tra để xem xét lại các dữ kiện, các chính sách và mục tiêu. Chúng ta đang được kiểm tra như trong kế hoạch vạch ra năm 2019 - 2023 và đã đăng trên mạng. Nhân viên phòng vấn độc lập Martin Winfield đã được trường Đại học Monash gửi đến cùng với hai vị Hiệu trưởng trong địa phương và vị Giáo viên trưởng của chúng ta (Senior Education Improvement Leader Anne Fox) từ sở Giáo dục và với vị chủ tịch hội Phụ huynh (School Council President) Tan Do, tất cả các vị này họp thành một ban. Thứ tư này là ngày cuối của các buổi thanh tra.

Buồm Che Nắng:

Hố đã đào lên và các cột và nền xi măng đã hoàn tất. Buồm đã căng lên trong tuần vừa qua; Trông thật là đẹp mắt.

Xây Cất - Tân Trang :

Nhân viên Sharon Chang được chỉ định bởi cơ quan Savills Australia và công việc sẽ đưa ra cho nhà thầu. Chúng ta phải chọn vật liệu, màu sơn cho dãy nhà mới. Giai đoạn đầu sẽ bắt đầu trong tháng 10. Chúng ta đang bận rộn để di chuyển đồ đạc, sa thải bớt phế liệu, có rất nhiều công việc phải làm trước khi việc xây cất tiến hành. Vào cuối năm nay trường mong rằng có thể lập nhóm "ong chuyên cần" và nhờ cộng đồng hỗ trợ dọn dẹp phòng thư viện và các khoảng trống khác.

Đăng Ký Năm 2024 :

Nhà trường đang nhận đơn xin nhập học năm 2024. Xin mời phụ huynh đến văn phòng để được hướng dẫn, hay phụ huynh lên trang mạng

[www.findmyschool.vic.gov.au](http://www.findmyschool.vic.gov.au) để biết trong địa phương trường nào gần nhà mình nhất. Phụ huynh nên lên trang mạng của trường để biết thêm nhiều chi tiết hay trực tiếp liên lạc với văn phòng.

**Giữ gìn trường sạch và an toàn :**

Phụ huynh, học sinh và nhân viên chăm sóc trường luôn luôn được nhắc nhở giữ trường sạch đẹp như:

Sát trùng tay thường xuyên:

Đừng sờ mắt, mũi, miệng khi tay dơ (chưa rửa sạch)

Khi ho phải che miệng

Nên đeo mặt nạ khi cần thiết.

Khi bị cảm cần phải ở nhà.

Cần phải chích ngừa cúm theo kỳ hạn

**Báo cáo học lực :**

Báo cáo học lực sẽ đăng trên compass ngày 19 tháng 6. Buổi phỏng vấn do học sinh hướng dẫn bắt đầu vào cuối học kỳ 2 (Thứ hai, 19 tháng 6 và thứ tư, 21 tháng 6) Các em sẽ chia sẻ sự tiến bộ của mình với gia đình. Xin đăng ký qua COMPASS. Lưu ý Thứ tư, 21 -6 bắt học lúc 12:00 pm. Các em dùng dịch vụ chăm sóc sau giờ học có thể ở lại trường, có người trông nom trong thư viện cho đến 3 giờ 15 Còn các em khác thì cha mẹ cần phải đến đón về.

**Lớp 3/ 4 Cắm Trại:**

Thật là vui, các em lớp 3/ 4 sẽ cắm trại ở Sunny stone, trong đầu học kỳ sắp đến. Em nào không đi trại cần phải đi học như bình thường.

**COMPASS :**

Xin lưu ý rằng phụ huynh cần phải theo dõi thường xuyên compass để biết những gì xảy ra tại trường. Các giấy cho phép cần phải gửi đúng hạn . Khi thời hạn đã đóng lại trên compss thì các em sẽ không được tham dự.

**Ngày cuối học kỳ:**

Thứ sáu, 23 tháng 6 là ngày cuối học kỳ, bắt học lúc 2 giờ 30. Trường làm việc trở lại ngày thứ hai, 10 tháng 7 lúc 8 giờ 50 để bắt đầu học kỳ 3. Xin cầu chúc mọi thành viên của trường một kỳ nghỉ holiday thật vui vẻ.