



St Albans Heights Primary School

Principal Mrs Effie Sultana
9366 4211
www.sahps.vic.edu.au

NEWSLETTER NO. 18
November 21st 2023



Principal's Message



Dear Parents/Guardians,

2024 Enrolments – need to be finalised NOW

This is the final call out for any late enrolments, we have some vacancies across Years 1-6 for students within our zone. Please enquire at the office for more information.

Foundation Readiness Program

Our Foundation readiness program continues this week, it was fantastic to welcome our new students and their families to Heights. Ms Bubeck, Ms Avati and Ms Amber planned an exciting start to school for our future students. Please note that staffing for 2024 is yet to be finalised.

Planning for 2024

We are planning for 2024 and we need accurate student numbers to plan the grade structure and teaching staff required for next year. If your family will be leaving our school for whatever reason can you please notify the office immediately so we can plan accordingly. We hate to say goodbye to any of our families but understand that sometimes it is necessary for a range of reasons. Let us know if you are moving schools for 2024. This does not apply to our current Year 6's who have been allocated a secondary college placement.



IMPORTANT DATES

Tuesday 12th December
Year 6 Orientation Day

Thursday 14th December
Year 6 Graduation

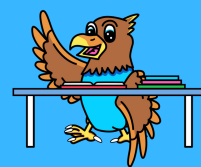
Friday 15th December
End of Year Concert 9am - 11am

Tuesday 19th December
Whole School Movie Day
Class Parties
Last Day 3.15pm Dismissal

Wednesday 20th December
Curriculum day
No School

PAYMENT /CONSENT DUE DATES

Whole School Movie
Excursion
5th December



Principal's Message Continued



Movie Day

On Tuesday 19th December the whole school will be visiting Sunshine Cinemas to watch a new release movie as a celebration of the year's hard work. A reminder to finalise attendance and payment on COMPASS now. No late payments can be accepted.

Mobile Phones

As per DET policy, mobile phones should NOT be brought to school. If, however in exceptional circumstances your child requires to do so, then the phone must be signed in and out of the school office to be locked away for the day. Students should not have mobile phones in their lockers or bags, for safety and privacy reasons. The school takes no responsibility for any damaged, lost or stolen phones. Your support with this important matter is greatly appreciated.



Attendance Matters

Every day matters, even more so this year after the last couple of years we have had. Students who are well and healthy are expected to be at school each and every day by 8.50am. We are working very hard to ensure a structured, sequence of learning that will ensure students are ready to transition to the next grade level. Large absences will impact their understanding and students may fall behind in their learning. Of course, if your child is unwell and shows any cold or flu like symptoms they should stay home and rest. Their absence should also be logged on COMPASS or with the office. We have had several Covid cases reported recently, please be aware.

Grade 6 Graduation

I am looking forward to celebrating the end of their primary school journey with the staff, students and families. Year 6 students are busy preparing for this exciting evening. Save the date, Thursday 14th December. Students will enjoy dinner with the staff from 4.00-5.30pm and then we welcome families to join us from 5.15-6.30pm for the formal part of the evening.



End of Year Concert

Our end of year concert was a huge hit last year, so we are doing it all over again! Families are invited to join us in the stadium on Friday 15th December from 9.00-11.00am. The theme for this year is 'Let's Celebrate' and all classes will be performing a song. There may even be another teacher number, which was also popular last year! Everyone has been practising hard and we hope that you can join us. Raffle tickets will be coming home and also available for sale on the day. A huge thank you to Mr Pody for coordinating this event and to all the staff and students for their preparations. Thank you to Mrs Leanne for organising the raffle, there are some great prizes up for grabs.

Principal's Message Continued



Staffing Update

Over the last four years we have seen very little to no staff movement for our school except for a couple of retirements. There is currently a massive teacher shortage across the state of Victoria and there are around 7 new schools opening next year across the western suburbs which has meant a fair amount of staff movement across the entire Keilor St Albans Network and unfortunately this has also impacted our school.

At the end of the 2023 school year, we will farewell three staff members, two of whom have been at Heights for over 20 years.

Mrs Rebecca Warren has been at Heights for 21 years and she has taught across most year levels and many students over this time. Bec has accepted a new position closer to home at Melton West PS.

Mr Pody has been at Heights for 22 years, he is well known for his amazing art program including the Art Show and School Production during his time here. Victor has accepted a position at Thornhill Park PS and is pursuing leadership opportunities at his new school.

Mr Laffy has been at Heights for 6 years and has taught many levels across the school. He has accepted a position closer to home at Derrimut PS to allow him to spend more time with his young family.

On behalf of the school community, we thank these staff members for their valuable contributions to Heights and we wish them all the very best for the future.



Important dates for your diaries

For those who like to plan, a reminder to keep checking COMPASS to remain up to date with everything that is happening.

Tuesday 12th December – Year 6 Orientation day – students will visit their secondary school.

Thursday 14th December – Year 6 Graduation.

Friday 15th December -End of year whole school concert 9-11am. Raffle will take place.

Tuesday 19th December – Movie Day, class parties and last day of term 3.15pm finish.

Wednesday 20th December – Curriculum Day – students do not attend school.

Regards

Effie Sultana

Principal



SCHOOL NEWS

END OF YEAR RAFFLE

We are currently collecting prizes for our End of Year Raffle. Tickets will be sent home with children soon.

The raffle will be drawn at the End of Year Concert on Friday 15th December.

Here are some of the amazing items we have so far. Leanne, Community Liaison Officer.





The Check-In

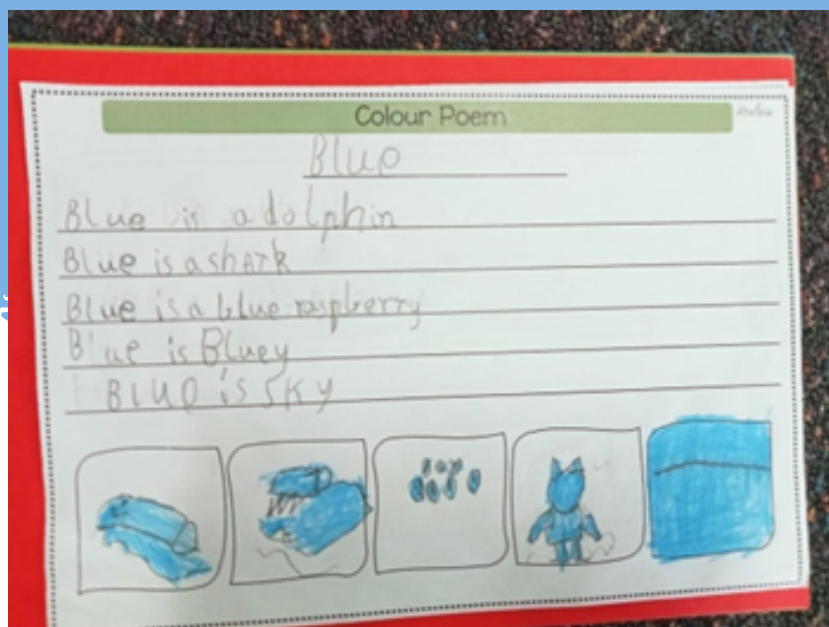
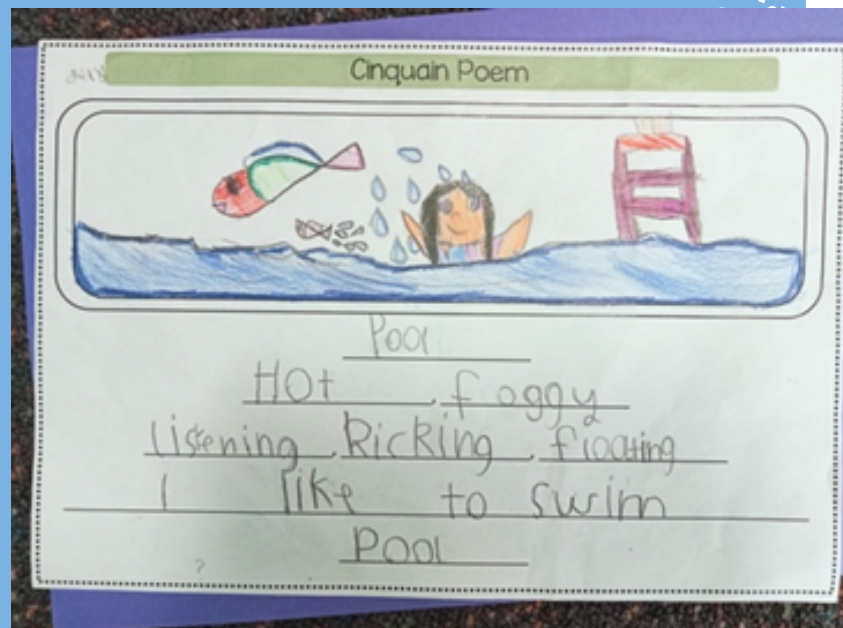
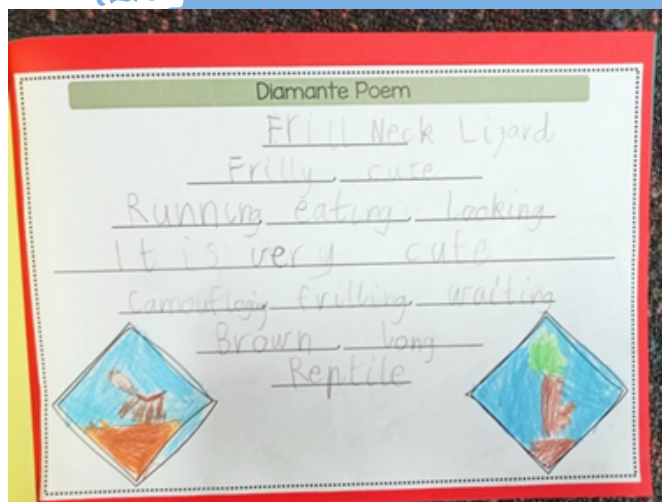
FOUNDATION - GRADE 2 NEWS FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

Reading

In Reading students have been practising retelling and summarising a story to show how well they have remembered and understood the text that has been read to them. Foundation students have had to sequence pictures from the text and then practise retelling the story with the events in order. Grade 1s have used the Somebody, Wanted, But, So, Then strategy to help them summarise only the important parts of the text.

Writing

A few weeks ago, we started our poetry unit. Students wrote different poems such as a sensory poem to describe a season, cinquain and diamante poem to describe a topic using verbs and adjectives and lastly a colour poem. We have finally published a poem. Check out our fantastic work! Students tried very hard to ensure they wrote in their best handwriting, used their best colouring in and fixed all their spelling mistakes.





The Check-In

FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

Mathematics

Last week, we practised using our different counting strategies to solve a problem. Grade 1s have been practising number patterns to skip count by 2s, 5s, and 10s. They have shown great improvement! Well done everyone.

Skip Counting Patterns NAME Ally

	Rule
a) 2 4 6 <u>8</u> 10 <u>12</u>	$\uparrow 2$
b) 24 22 <u>20</u> 18 <u>16</u> 14	$\downarrow 2$
c) <u>24</u> 26 28 30 <u>32</u> 34	$\uparrow 2$
d) 46 <u>48</u> <u>40</u> <u>42</u> 38 36	$\downarrow 2$
e) 28 _____ 32 34 _____ 38	

	Rule
a) 5 10 15 <u>20</u> 25 <u>30</u>	$\uparrow 5$
b) 35 30 <u>25</u> 20 <u>15</u> 10	$\downarrow 5$
c) <u>20</u> 25 30 35 <u>40</u> 45	$\uparrow 5$
d) 45 <u>40</u> <u>35</u> 30 25 20	$\downarrow 5$
e) 15 <u>20</u> <u>25</u> 30 <u>35</u> 40	$\uparrow 5$

Portfolio Task: How many feet? Kaidon

How many feet are in F/I B? How do you know? Show your thinking.

Draw your thinking here and write the numbers to match your counting:

What counting pattern did you use? 34 + 16 = 50

Can you count in a different way? Please describe: 4

Portfolio Task: How many feet? VT

How many feet are in F/I B? How do you know? Show your thinking.

Draw your thinking here and write the numbers to match your counting:

What counting pattern did you use? VT VT 2

Can you count in a different way? Please describe: 4



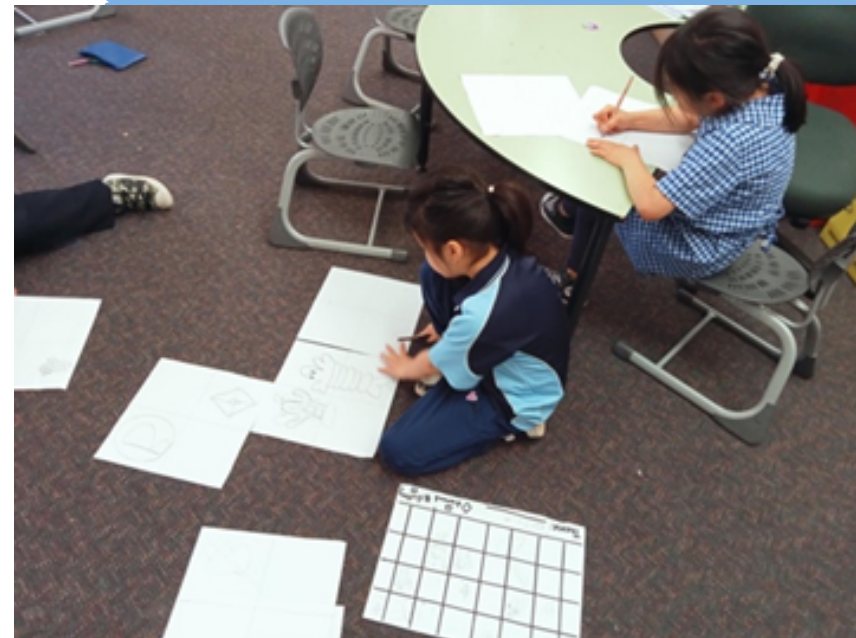
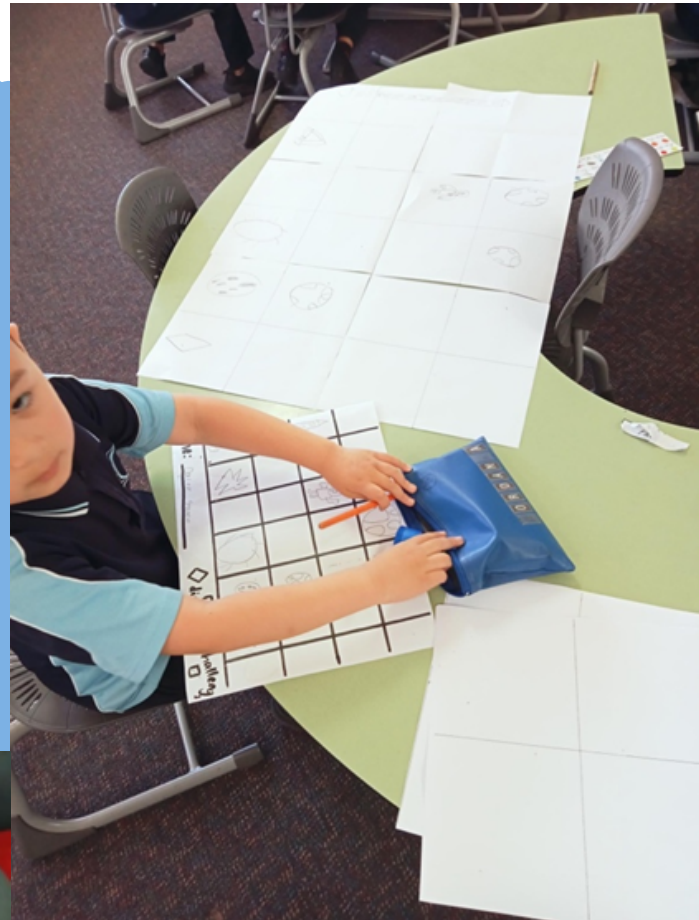
The Check-In

FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

Inquiry

Our Grade 1 innovators have been designing their own Maze challenge. Here are some pictures of them working well together to make a protocol of their maze.



REMINDERS

Hat to school every day!

All uniform to have your child's name. Please let your child's teacher or the Office know if your child will not be returning to SAHPS in 2024.

Please remember to sign your child's diary each night as they read their book. This is part of their homework!



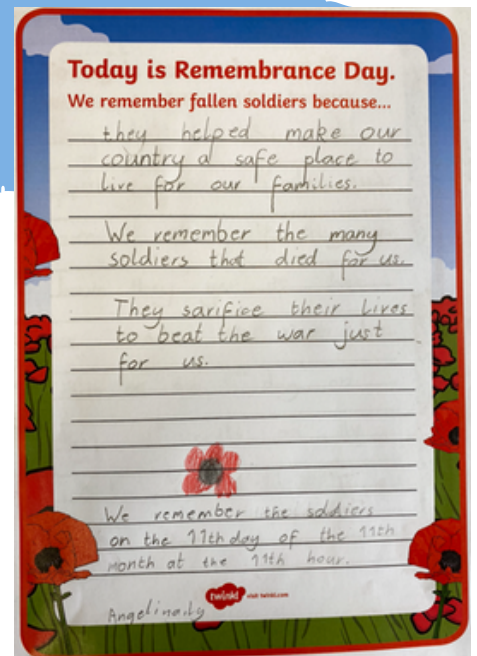
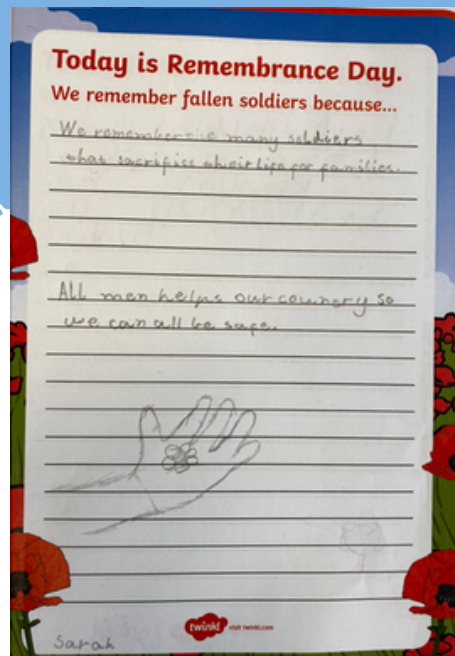
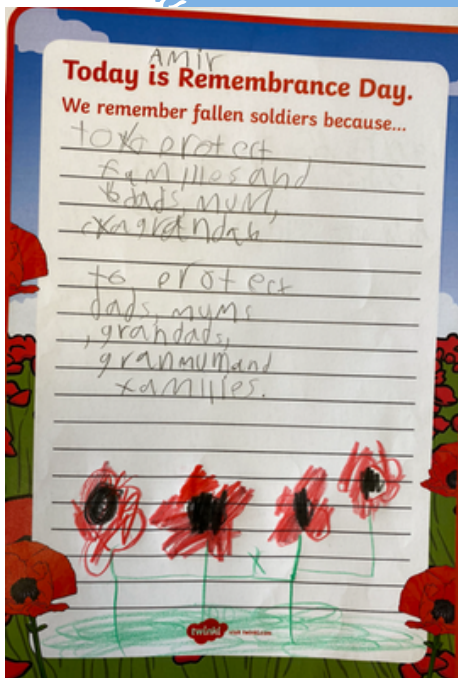
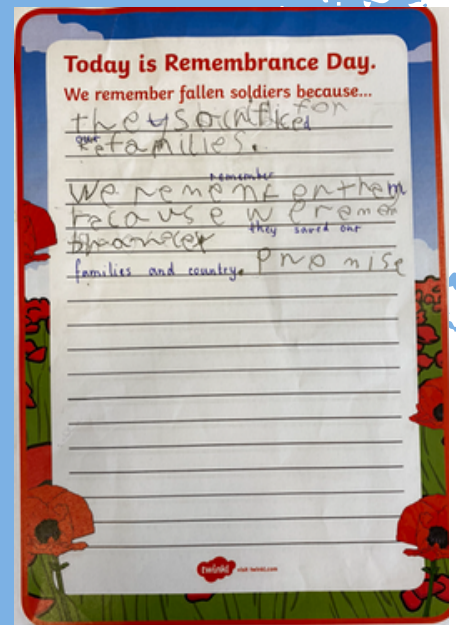
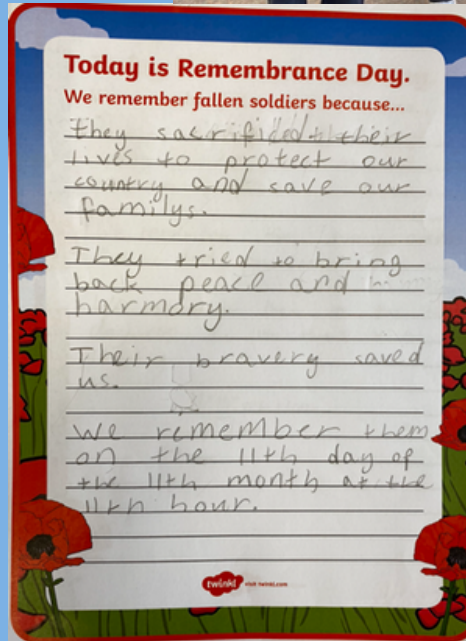
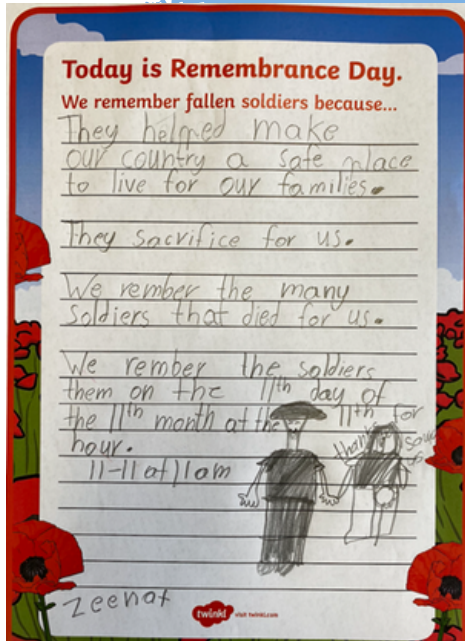
The Check-In

FOUNDATION - GRADE 2 NEWS

1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

Remembrance Day

The 1/2's learnt about Remembrance Day. We read stories and watched short videos about why this day is important. Here are some reflections and craft activities we completed.





The Check-In

FOUNDATION - GRADE 2 NEWS

1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA





The Check-In

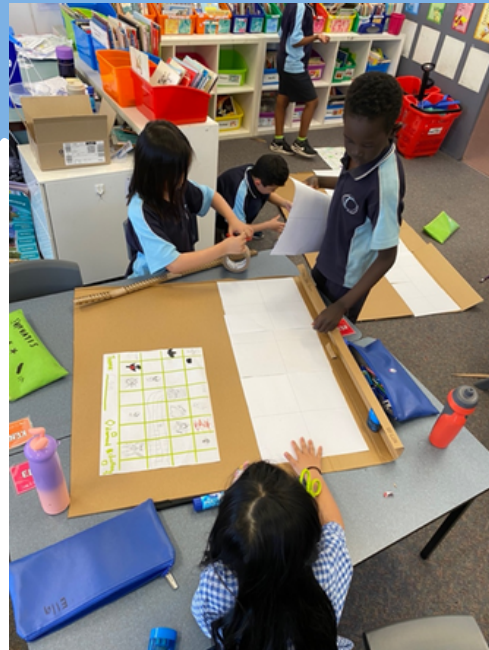
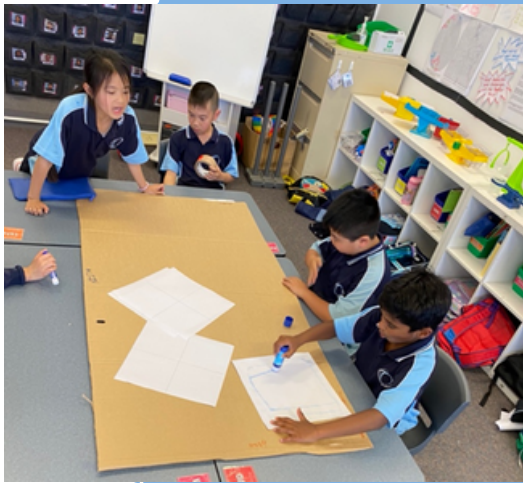
FOUNDATION - GRADE 2 NEWS

1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA



Inquiry

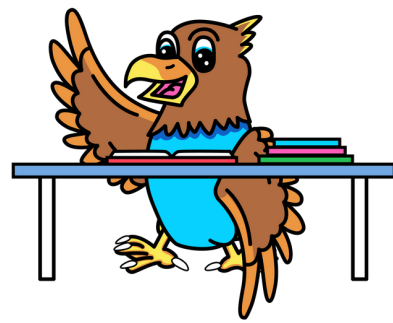
We are well underway to completing our Inquiry projects for this term. We have explored games and how they have changed over time and are now innovating an existing game – the Maze. Children have enjoyed following the design process to create an exciting world for their Beebot to explore.



The Check-In

GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



Hi All,

Our year 3/4 students have been busily exploring narratives in their reading and writing sessions. We have been focusing on summarising what has been read, a key skill in developing our reading comprehension. Students have been identifying the main ideas, key details and problems occurring throughout Roald Dahl's text, The BFG.

In Writing, students have been particularly focusing on enhancing their own character descriptions by including traits, motives and describing physical appearance when introducing them in our narratives.

Narrative Story Graph Title: Pippo's bully

1. Sizzling Start
HAHA! Welcome to Pippo's bully. In this book you are pippo the pig, you get to decide between two options and a good or bad ending. GOOD LUCK!

2. Backfill
Who: Pippo, Snoopy and Keroppi.
Where: A farmhouse
When: the afternoon

3. Pebble Problem
What goes wrong?
Snoopy bumps into Pippo on Purpose!

3. Rock Problem
What goes wrong?
Snoopy Knocked pippo food over. (on purpose)

3. Boulder Problem
What goes wrong?
Snoopy kept bullying pippo.

4. Exciting Ending / Solution
How is the problem solved?
Keroppi jumps in and saves the day. -good ending
Pippo disagreed and told Keroppi to go away. -bad ending

5. Conclusion
How does the story end?
Pippo was never bullied again. -good ending
Pippo got bullied for life! -bad ending

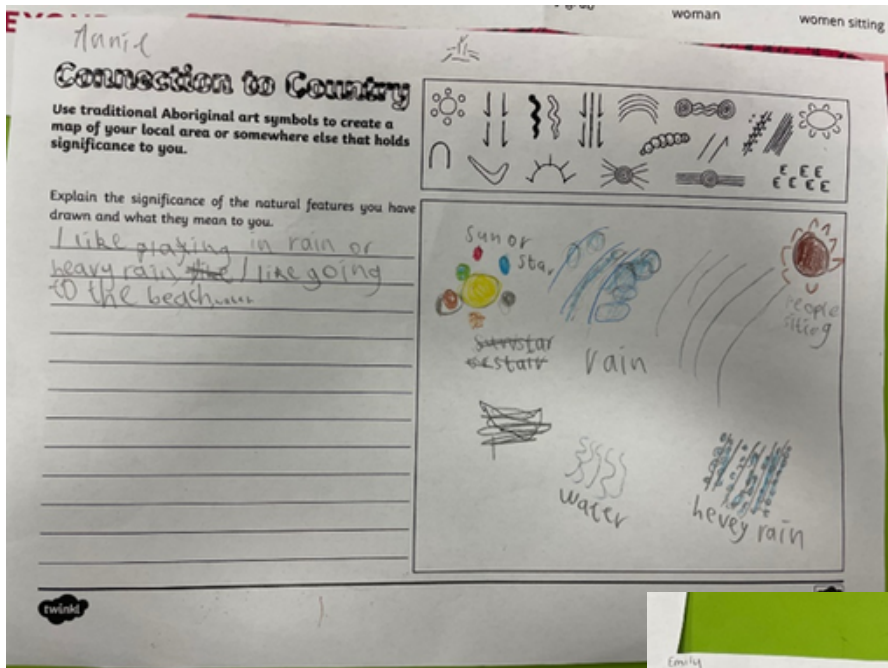
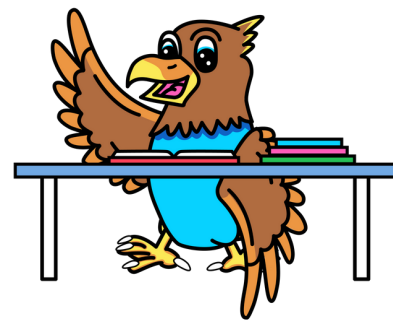
Pippo's bully

Hi there! In this book you are Pippo the pig. You get to decide between two options and you'll end up with a good or bad ending. Good! Here are the characters; Pippo, Pippo is a boy and he is really shy, nerdy and he likes music. Keroppi is a boy he's also a pig and he is really nice and helpful. Snoopy is a boy and he's a dog. He's really selfish and mean. Lastly, the farmer is really nice, innocent but he gets mad easily.

The Check-In

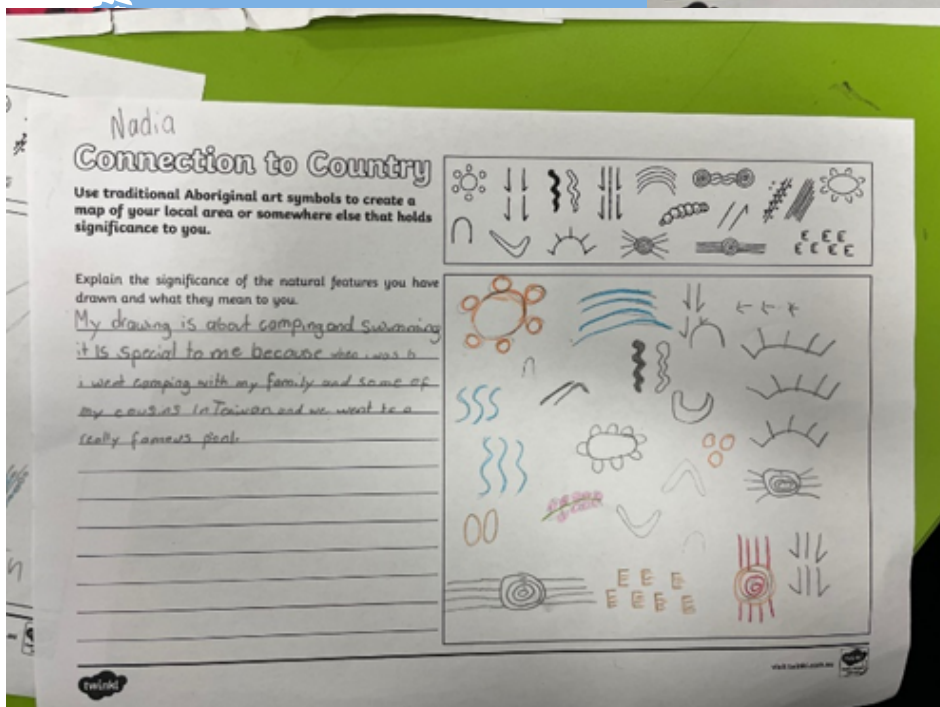
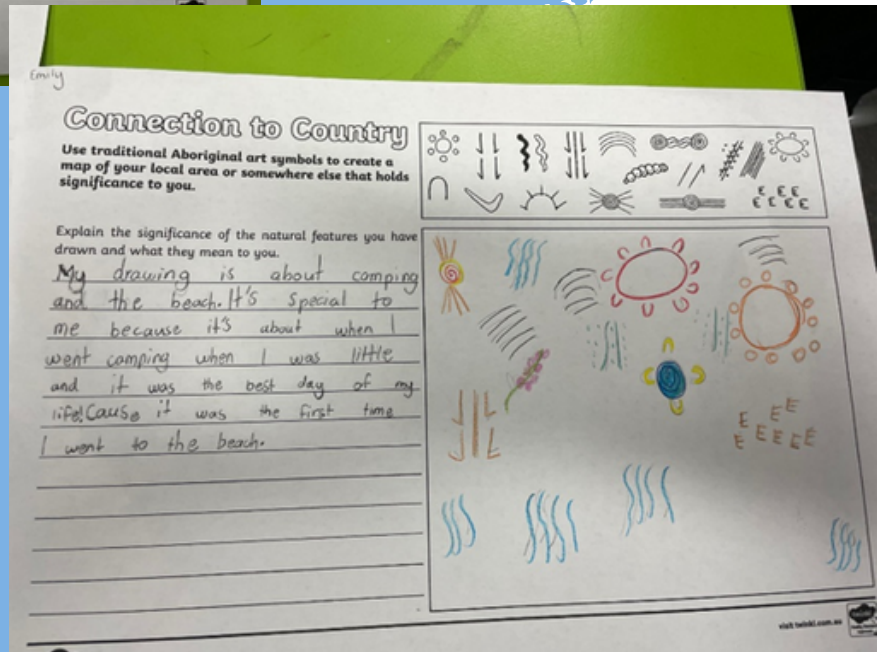
GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



Throughout Inquiry, we have continued discovering more about the significant ways Aboriginal and Torres Strait Islander peoples are connected to Country and Place.

Students explored the meaning of Aboriginal Art symbols and used them to represent a place that is special to them. We will now begin investigating details and stories of the First Fleet.

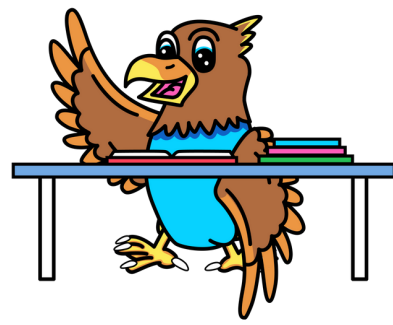


We look forward to enjoying our final weeks of the school year together.
Regards,
3/4 A and B

The Check-In

GRADE 3-6 NEWS

BY MR GARY, MS LAURA & MR DYLAN



This term the Grade 5/6 students have been planning and drafting fantasy fiction narratives. They have spent hours, planning characters, settings, problems, and solutions. Here are some examples of their writing. Sit back, relax, and immerse yourself in these action-packed stories.

Dervem

By Tram 5/6A

"Sire! Sire!" The knight pleaded.

"You may lower your head. What do you need? If it's the Sternoth Invasion, the troops are arriving."

The man answered, sternly, while gazing at the knight, with cold eyes.

"No! It's a dire situation! Citizens are getting injured due to the invasion! There's an influx of monsters!" The knight replied.

"I know." The man replied, revealing his long, white hair, and sapphire blue eyes. He wore a royal, blue, silk mantle, layered on top of a thickly pleated navy cloth, with the Athenianis Kingdom's crest: an elegant, blue eagle and his pants were a dark, jet black with a silver chain belt.

Upon the knight's arrival, there was the crown princess, next in line for the throne. She had long, silky, white locks, and similar piercing blue eyes as her father, and she wore a high quality archer's uniform: a silk, smooth white shirt, black, leather pants, a badge of Athenianis Kingdom's Crest, and a silver chain belt, similar to her father. She had slightly bloodied, black boots, and she resembled, that of a panther, hunting for its prey.

"Father. May I assist in finding out the perpetrator?" She spoke, she sounded confident, and determined.

Sigh "You may, Erika. But, take this northelia along." He answered. A northelia was a device, used to track the person receiving it, and knowing their location by the technology of mana. Mana was a crucial component to fighting in Dervem.

Dervem was a peculiar, but beautiful world. It was divided into 4 parts. The Athenianis Kingdom was where the human race resided, while the other: Fulfir's Forest, Poisedon's Ocean and Terra's Alcove.

Fulfir's forest is ruled by an ominous dark mage named Fulfir, who was known to tame peculiar creatures, thus how the 'Fulfir's Monsters' derived. These creatures were Kema and Sullivas ranked, the most powerful, feared and merciless among the other monsters. Dertos and Meville were harmless, or potentially threats.

Terra's Alcove was eleven people's homeland. They are excellent archers, and are very resourceful around their surroundings, and sharp. Poseidon's Ocean was where sirens, mermaids and other sea people resided.

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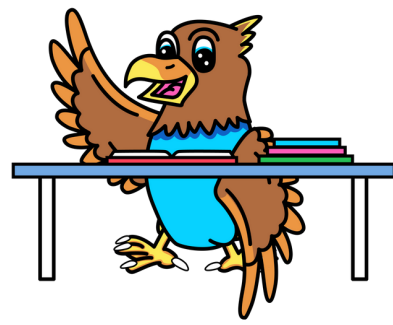
Erika ran at a rapid speed to her private archery area. She grabbed her silver, crested bow; Crystalious and took sharp, blue arrows.

"Zemondei" She chanted. Smoke clouded her sight, soon revealing 2 people in black attire, and masks. They were her personal knights: Diana Bluebonnet and Erin Hunter. They've been excellently trained, for the sake of becoming her personal knights. Diana Bluebonnet, was an excelling mage in swordsmanship and magic. Erin Hunter, was an incredibly skilled magic swords master at a young age as well.

The Check-In

GRADE 3-6 NEWS

BY MR GARY, MS LAURA & MR DYLAN



"Yes, my lady?" They both cohesively said, bowing in courtesy. Erin had red, mixed with blue, long hair, his eyes were a beautiful light, ice like blue. He was wearing an all black outfit, and a black mask. Diana had dirty, blonde hair, dull grey and green eyes, elven ears, and snowy, pale skin.

"There is no time for courtesy. Teleport us to Sternoth Valley, instantly, Diana." Erika sternly ordered. In a second, the trio was teleported in a large cave.

They could notice glowing mana stones. Mana stones were scarce and ancient stones that can be used to replenish your mana. Depending on the colour and size, it may vary in magic types and how many mana you can replenish. After it's been replenished, the stone will lose its vibrant colour, and become a normal stone.

The terrain was rough, and filthy.

In the shadows, lurked a large silhouette ... It was the shape of a fox, and it was prominent that its back bore a set of pricks, its fierce, blaring eyes were wide on the trio, studying them closely.

"Huh ... I feel something, closely observing us ..." Diana said, looking around, strangely. It was if someone, or something was intently observing us.

The silhouette revealed itself, slowly but steadily, moving towards the trio, it cautiously began to attack ... SLASH it went ... The trio backed away from the abrupt attack. Its claws were long, and sharp. It seemed like a keen, and strong creature. Its blood-thirsty, red eyes were ready to attack any time. The trio could feel the wind, howling.

Erin pulled out his sword, from its elegant, crested scabbard. He began to attack, as Diana and Erika watched, observing them carefully from afar.

SLASH ... The monster coughed out a cumbersome amount of blood after the merciless attack. Its blood was a crimson, deep red, and its maroon, red eyes were still looking at Erin, vengefully. It limped away somewhere in the hidden crevices, accepting defeat.

"We can rest now, my lady." He said, in courtesy. It was notable that he depleted the majority of his mana for the powerful attack.

"Well done, Erin." Erika remarked.

"Next, we'll go to the goblin village. They have an extensive history of harmonious, cooperative relations with Sternoth Monsters. I'm sure they'll be cooperative enough to give us some intel on this Invasion." Diana commented, looking at the entire map of Sternoth. Sternoth was a vast area, where various monsters resided, she marked the village. The village was heard to be vast, inhabited by numerous goblin tribespeople.

Goblins are tall, forest green, powerful monsters. Several people fear goblins, because of how intimidating they look. Furthermore, they're said to have an incredible sense of smell, and they have night vision, as well.

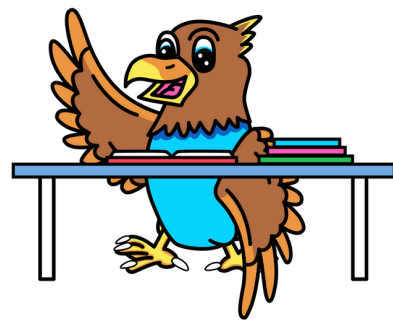
After the trio's rest, they set a long journey to the Goblin Village. Once they arrived, a tall, light green goblin greeted them.



The Check-In

GRADE 3-6 NEWS

BY MR GARY, MS LAURA & MR DYLAN



"Greetings, Crown Princess Erika Athenianis. What do you need?" He questioned, as he expected her visit.

"There is no time for manners. After all, you know what I need." Erika straightforwardly blurted.

"Wow, you are quite straightforward, might I say. If you manage to scratch the head goblin, we'll guarantee some special intel." He replied, chuckling.

"Head goblin? ..." Diana said, in a shrill voice. She was getting more visibly pale after she heard that.

"It'll be okay." Erika reassured Diana.

"I'll cast a protection barrier on you two ..." Diana remarked, chanting 'akera'. Erika and Erin could feel divine protection, surging through them.

THUD! The head goblin attacked the ground, it was a strong and powerful punch, enough to almost deteriorate the entire ground. The trio's chance of winning was a slim chance, but they were sure to be able to land a scratch on the goblin.

Erin, and Erika ran to the left side, at a rapid speed, planning what to do.

"Diana! Block his sight, and sense of smell!" Erika ordered, sternly.

"I need to replenish my mana! Give me the bag!" Diana replied, holding out her hands, waiting for Erika or Erin to throw her the bag crowded full of mana stones.

Erika throws her the bag swiftly and Diana briskly runs to a nearby shelter, to finish replenishing her mana.

THUD! Another precipitous attack from the head goblin ... He could spot them planning something significant to win ...

After a few minutes, Diana had completed replenishing her mana. Slowly, but steadily she began to block the Goblin's sense of smell and sight. Goblins' sense of smell and sight was very abnormally heightened, unlike humans.

The Goblin was distracted from the loss of his sense and smell, and puzzled. It was quite strange, that his sight, and smell was lost so suddenly.

SLASH! With a swift, elegant, but light sword slash, Erin managed to successfully land a scratch on the Goblin.

The War

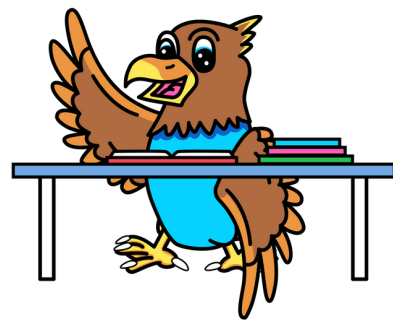
By William 5/6A

Sirens blaring while explosions are happening. Fire is everywhere and the smell of burning runs through the base of the alliance. Cameramen and Speakermen are running to safety heavily damaged while POV Cameraman is walking out to get a line of sight of what's happening. Heads in toilets are called the toilets. The toilets' strongest units are attacking the alliance's base and destroying the defense structure. Cameramen panicking with no knowledge of what to do. POV Cameraman is recording everything that's happening while thinking that the war, after months of fighting is over as the toilet slowly breaks the base. Mere seconds later, a toilet is decimated by something. POV Cameraman panes to the left and sees a unit that has not been seen since its defeat. The Titan Cameraman with new upgrades like his core and his thicker plot armour.

The Check-In

GRADE 3-6 NEWS

BY MR GARY, MS LAURA & MR DYLAN



After defeating the toilets, Titan Cameraman was in a good mood and pulled a thumbs up at POV Cameraman.

As the alliance are advancing their technology preparing for a battle but the toilets are progressing through this war and upgrading their troops it will have to be a miracle to get the alliance in the lead. In the city, havoc occurs while cameramen and speakermen control the ground. As days go by, there is no news from the toilets as a cameraman spy was sent. More days later, there was an attack in the city as the Large Oven Toilet makes destruction.

Titan Cameraman wasn't there because he had freed Titan Speakerman for the parasite. Titan Speakerman felt betrayal and mad in himself so he will get payback on the toilets by doing his hardest in his fighting. Both coming back at high speed The Oven Toilet was in the city still destroying stuff but Titans came and killed the Oven Toilet.

The boss toilet was there because the toilets had created a trap for the titans to fall into. They created a fake toilet that is a 1 to 1 scale of the real boss toilet. The trap was sent and just needed the titans to fall for it and the titans did.

The battle began as the titans started attacking the fake boss toilet. The alliance had no idea that it was a trap. POV Cameraman is watching and recording from the side lines.

After defeating the fake boss toilet, the trap began. Explosive Flying Toilets were heading towards the titans. Titan Speakerman flew out and sustained minimum damage but Titan Cameraman was stuck leaving him to use his energy shield and taking lots of damage. He had lost his arm, a broken core and a broken head. Because of the trap, the toilet had been at their base because of an invasion from the alliance. It was an ambush for the alliance as every toilet came back from the big fight. It was a battlefield with corpses everywhere. The base of the toilet was a wasteland after the toilets had nowhere to go and they couldn't upgrade and regrow their army. Days go by and the toilets have been losing battle after battle but one battle had the toilets put them in the lead.

They had a stronger toilet than the boss toilet called the scientist toilet with upgrades like a TV screen to mind control units without special care with also speakers to make units out of control. The titans did not get repaired and fixed as they had to protect as it was their job.

The fight began strong making the scientist toilet sustain some damage but unfortunately Titan Cameraman died while fighting. Scientist toilet was very proud until thunder started happening then black clouds started appearing. Scientist toilet was spooked looking at the storm. Soon after an energy sword crept out of the clouds. A sword was connected to the Upgraded Titan Cinemaman. "You and I. Here. Now" said Titan Cinemaman as he used his TV light to burn Scientist Toilet's eyes and make his head on fire. "Still alive?" said Titan Cinemaman before stabbing his sword through Scientist Toilet's head. After the death of Scientist Toilet, Titan Cinemaman managed to say one last thing in a cheerful way, "That's all."

The Check-In

LITERACY WELLBEING



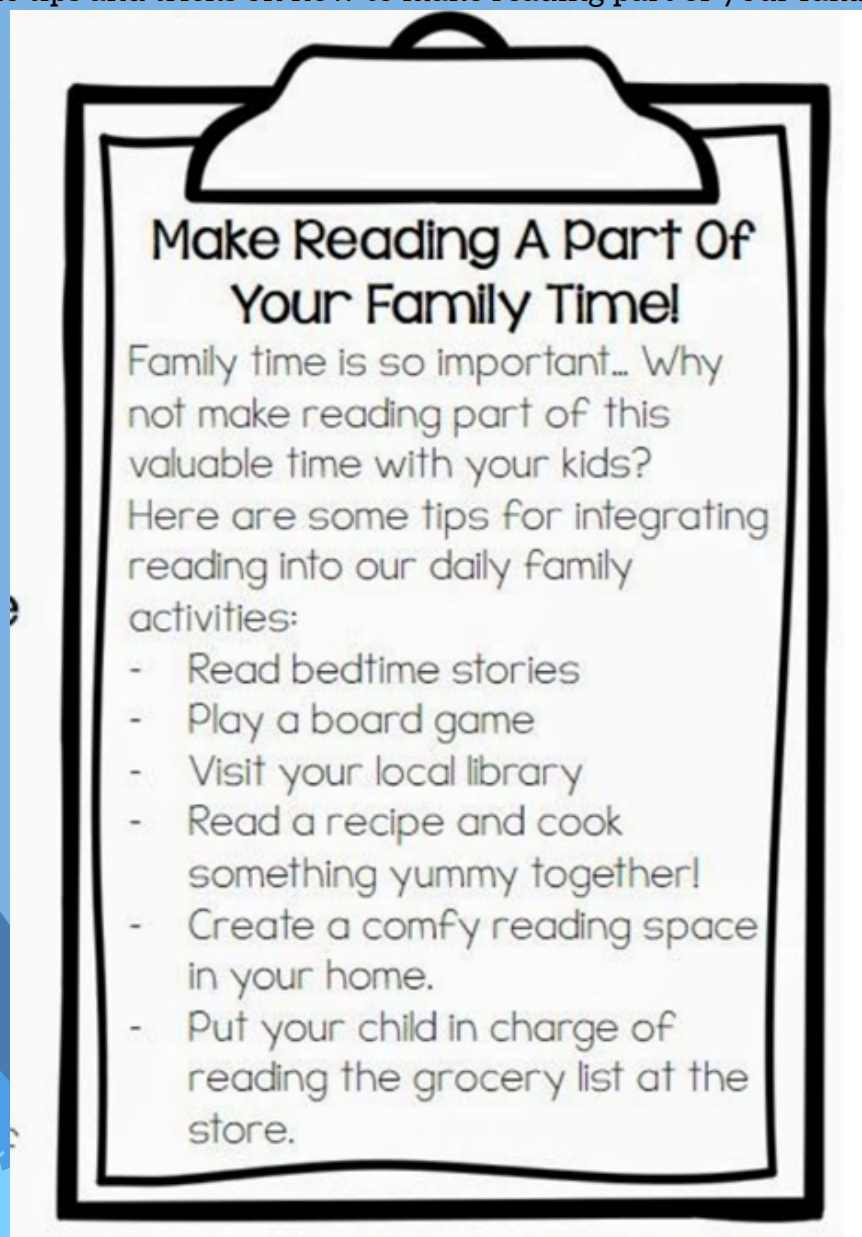
LITERACY BY MRS. BUBECK

Reading @ SAHPS

Hi SAHPS Families,

The end of Term 4 is fast approaching and with only four and a half weeks left of the school we know that it can get harder to keep children motivated to complete their home reading every night.

Here are some simple tips and tricks on how to make reading part of your family routine every day.



Remember, if you have any questions about your child's reading you can always speak to their teacher.

Happy Reading
Mrs Bubeck
Assistant Principal

The Check-In

LITERACY WELLBEING
WELLBEING
BY MR. GLENN & MS. CHRISTINE



Supporting Your Child's Transition to the Next School Year

As the school year is coming to an end, students are gearing up for the exciting transition to the next grade level with our year 6 students heading off to high school. For parents, supporting your child during this transition is crucial for a smooth start to the new academic year.

Here are some valuable tips to help your child make a successful leap to the next year level:

Open Communication Channels:

Maintain open and honest communication with your child. Encourage them to share their thoughts and feelings about moving up to the next grade. Be attentive to any concerns or anxieties they may have and address them together.

Establish Routines:

Set up routines that will help your child transition smoothly into the new school year. This includes regular bedtimes, study schedules, and morning routines. Predictability fosters a sense of security, helping your child feel more in control of the changes.

Encourage Independence:

As your child progresses to the next grade, encourage them to take on more responsibilities. This might involve packing their own bags, organizing school supplies, or managing their time effectively. Developing independence builds confidence.

Celebrate Achievements:

Reflect on your child's accomplishments from the previous year. Celebrate both academic and personal achievements, reinforcing their self-esteem and motivating them for the challenges ahead.

St. Albans Heights Primary School is committed to the safety and wellbeing of all children and young people, we have a zero tolerance for child abuse. This will be the primary focus of our care and decision-making.

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LITERACY WELLBEING
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BY MR. GLENN & MS. CHRISTINE



Connect with Teachers:

Establish a positive relationship with your child's new teachers. Maintain open lines of communication throughout the year. This partnership between parents and teachers is crucial for a child's success.

Encourage a Growth Mindset:

Foster a growth mindset by emphasising the importance of effort and resilience. Encourage your child to view challenges as opportunities to learn and grow. This mindset can contribute significantly to their academic and personal development.

Stay Involved in School Activities:

Attend school events, parent-teacher conferences, and participate in activities organised by the school community. Being actively involved in your child's school life creates a support network and reinforces the importance of education.

Be Supportive:

Be patient during this transitional period. Changes can be challenging, but with your guidance and support, your child will adapt and thrive in the new academic environment. By actively engaging in your child's educational journey and providing a supportive environment, you play a crucial role in ensuring a successful transition to the next school year. Together, let's make the upcoming academic year a year of growth, learning, and achievement for your child.

Kind Regards,
Glenn Groves
Positive Climate and Engagement Leader

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The Check-In

ART PE STEM JAPANESE

ART BY MR PODY

Last week the Grade 3/4s have been working on building a model of our mascot, Herb the Hawk using mixed media. The students worked in small groups to enhance their collaboration skills.

This week the Grade 3/4s have been building air dry clay sculptures to create a diorama, showing a setting and characters.

Also, the F-2's have been learning about an artist named Jackson Pollock and were exploring splatter painting.

The Grade 5/6's have been designing and building a model of an "Ultimate Amusement Park Ride". Sofia in 5/6A says, "Building can be challenging and sometimes building can be easy. My ride can go under water and give passengers a submarine experience".





The Check-In

ART PE STEM JAPANESE

ART BY MR PODY





The Check-In

ART PE STEM JAPANESE

ART BY MR PODY





The Check-In

LIBRARY NEWS

BY MS CORAL

CONGRATULATIONS!!!!

The winners of the 2023 Book Fair Raffle are

Andy in 34A and Ryder in 34B

Thank you for supporting this year's Lamont Book Fair.

I appreciate it very much.

**We raised \$550:00 to spend on books for the children
to borrow and share with their families.**

Coral Grant - Library

Herb's Heroes



HONESTY
EXCELLENCE
RESPECT
BELONGING

Silvana 1/2A	Belonging
David 1/2B	Belonging
Lana 1/2C	Honesty
Nick 34B	Respect
Huy 5/6B	Belonging
Minh N 3/4B	Belonging
Rosa F/1A	Respect
Hana F/1B	Excellence
Bilen 1/2A	Excellence
Elijah 1/2B	Excellence
Bicky 34B	Excellence
Sofia 5/6A	Respect
Joy 5/6A	Respect

The Check-In COMMUNITY HUB



BY MS. DANNIELLE

Community Hub Term 4 timetable.

Monday	Tuesday	Wednesday	Thursday
<p>Cuppa & Chat.</p>  <p>9:30 am-11am In the Community Hub. Access the internet, have a cuppa & find out what's new at the Hub.</p>	<p>Make, Create, Grow & Sew.</p> <p>9:30-12:30pm (In the School community Hub)</p> 	<p>Zumba 9:30-10:30 @ Holy Eucharist Primary School (Morning tea provided)</p> 	<p>English Class 9:30-12:00pm (Child minding available)</p>  <p>St Albans Heights Primary School.</p>
<p>Vietnamese Playgroup 9:30-12:00pm</p>  <p>St Albans Heights Primary School.</p>			<p>Cooking and Conversation 1:00-3:00pm</p>  <p>(Childminding available.) St Albans Heights Primary School.</p>
<p>Mini Roo's Soccer Program. 3:15-4:30pm</p>  <p>St Albans Heights Primary School.</p>			

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call **Dannielle on 9366-4211**.
Everyone is welcome & all events are **FREE** of charge unless stated otherwise.



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COMMUNITY HUB



BY MS. DANNIELLE



Surviving the Holidays session



The silly season is upon us and with it comes school holidays, family time and all the same daily tasks of parenting.

Join us to explore how you can prepare for the holiday season and support your kids through this time of transition. We will consider what boundaries might work for your family, how to keep a routine while school is closed, how to manage transitions and even find a moment for yourself to breathe.

When: 9.30am-11.00am,
Monday 27th November

Where: St Albans Heights
Primary School

Cost: Free



Drummond street services acknowledges the traditional owners of the land and pays respect to their Elders both past and present.

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

All events are FREE of charge unless stated otherwise.

The Check-In COMMUNITY HUB



BY MS. DANNIELLE



Food Bank Mobile Supermarket.

Food Bank provides free, fresh food and pantry staples from the Mobile Supermarket every month to those in need.

Come along from 11-12:30pm
St Albans Secondary Collage.

Next supermarket will be held on the
28th of November.
No cost.

Grab an
Invitation from
our school
reception.
BYO bags.

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

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The Check-In COMMUNITY HUB



BY MS. DANNIELLE



**Drummond
Street
Services**

Enquiries to Sinem at
events@ds.org.au

ds.org.au

PARENTING CHILDREN WHO WORRY TOO MUCH [for parents of children aged 2–10 years]

Come along to find out more about anxiety and strategies to help your child worry less and help your child to stay positive.

Book on our website:

<https://ds.org.au/events/>

When: Monday the 27th
of November at
9.30am-11.00am

Where: St Albans Heights
Primary School- 1 Norwich St,
St Albans

How: Register online
Or
Just join us on the day



We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

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The Check-In

COMMUNITY NEWS



UNIFORM SALE

FINAL CLEARANCE

AVAILABLE WHILE

STOCKS LAST

WARM WINTER BEANIES

\$1 EACH



BE QUICK

The Check-In

COMMUNITY NEWS



GENESIS MUSIC SCHOOL

MUSIC LESSONS

Want to learn how to play
an instrument? Sign up now!

**CALL 0421 426 674
FOR ENQUIRIES**

**ENROL
GENESISMUSICSCHOOL.COM.AU**

Learn at your own pace and improve your skills
in playing various instruments under the
guidance of our expert musicians.

The Check-In

COMMUNITY NEWS



ST ALBANS HEIGHTS PRIMARY SCHOOL CANTEEN MENU 10TH JULY 2023

Hot Items

Lasagne <i>E</i>	\$4.50
Macaroni & Cheese <i>E V</i>	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Oven Bake Chicken Nuggets (Breast)	3/ \$3.50
Dim Sims (Steamed)	\$1.50
Fantastic Noodle (Chicken or Beef)	\$3.80
Pie	\$4.50
Party Pie/Sausage Roll	\$1.50
Regular Sausage Roll	\$3.80
Skinless Hot Dog	\$4.00
Nacho-with Salsa & Cheese <i>E V</i>	\$3.80
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00

Halal

Halal Hot Dog	\$4.00
Halal Pie	\$4.50
Lasagne <i>E</i>	\$4.50
Mac & Cheese <i>V E</i>	\$4.50
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Vegetable Pastie <i>V</i>	\$4.50

Drinks

600ml Water <i>E</i>	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20

Salad Bowls

Fruit Salad <i>E V</i>	\$1.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot, Italian dressing <i>E V</i>	\$4.00

Sushi-Wednesday and Thursdays only

2 Rolls from 7.00

Chicken Teriyaki, California, Tuna & Avocado.

Canteen will be open Wednesday, Thursday, and Friday in 2023.

Please place orders by 8.30 am via the QKR App.

ORDERS CAN BE PLACED VIA THE QKR APP & THROUGH

THE CANTEEN



Download the Qkr app on your mobile or iPad today!

Sandwiches (Fresh or Toasted)

Salad <i>E V</i>	\$4.00
Ham <i>E</i>	\$3.00
Cheese <i>E</i>	\$3.00
Ham & Cheese <i>E</i>	\$3.20
HCT (Ham, Cheese & Tomato) <i>E</i>	\$3.70
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$3.70
Chicken with Lettuce & Mayo <i>E</i>	\$4.70
Tuna with Lettuce & Mayo <i>E</i>	\$4.70
Vegemite & Cheese <i>E</i>	\$3.00
Egg with Lettuce & Mayo <i>E</i>	\$4.20

Gluten Free Sandwiches Available add 30c

Rolls

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Wraps

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Snacks

Large Cookie	\$3.00
Koala Popcorn (Sweet chilli, Sweet & Salty, Salty) <i>V</i>	\$2.00
Jelly Cup <i>E</i>	\$1.50
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E= Healthy Option *V*=Vegetarian Option *GF*=Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c

Brown Paper Bag 15c