

School Review - every 4 years

Every four years all schools undergo a review of their data, policies, and targets. We are being reviewed as per our Strategic Plan 2019-2023, which is on our website. We have an independent reviewer appointed from Monash University, Martin Winfield, along with two local Principals (Jodi Park from Kings Park PS and Jean Bentley from Albion North PS), our Senior Education Improvement Leader (Anne Fox) from the Department of Education, along with the leadership team and our school council President, Tan Do all forming the panel. This involves unpacking our data from the last four years, visiting classrooms, interviewing staff, students and parents before making recommendations for our new four-year strategic plan.

Pre Service Teachers and Education Support staff in training

There are lots of new faces on site at the moment as we welcome four pre-service teachers who are completing the practical placement component of their teaching degrees with various staff members. We also have a couple of staff completing their Education Support Placement at our school also.

I am sure you will make them feel very welcome when you see them around the school. We believe it is important for us to support future teachers and support staff as part of our commitment to supporting the broader education system.

PAYMENT /CONSENT DUE DATES

Friday 16th June 3/4 Camp

IMPORTANT DATES

Monday 12th June
King's Birthday Holiday
No School

Monday 19th June Reports available on Compass

Monday 19th June Student Led Conferences 3.30pm - 4.30pm

Wednesday 21st June Student Led Conferences Early Dismissal 12.00pm

> Friday 23rd June Last Day of Term2 2.30pm Dismissal



Principal's Message Continued



Education Support Day

Last week we celebrated ES staff, by holding a morning tea to show our appreciation and to say thank you for everything they do. We are fortunate to have some of the best ES staff who work hard to support our students, teachers and families. From the office, library, first aid, ICT, wellbeing, garden/maintenance and in the classrooms. Regardless of their role in the school, our ES staff are committed to providing high levels of support to all.



Some ES staff are missing from this photo.

Exford Primary School Fundraiser

This week we held a free dress day (students brought a gold coin donation to participate) to support our friends at Exford Primary School in Melton, who were involved in the horrific bus crash earlier this month. They will require lots of support moving forward to heal and move on from this tragic accident. Our thoughts are with the Principal and the Exford PS community as they struggle to move forward from this incident. Thank you to our Student Representative Council members for initiating this fund raiser.

Government House - Peace and prosperity Program

Our Community Hub was invited to take part in the Peace and Prosperity program initiated by the Governor of Victoria the Honourable Linda Dessau, at Government House. Our parents attend every Monday for 6 weeks. The Peace and Prosperity Kitchen Garden Program involves the women visiting Government House weekly, to take part in activities together such as cooking, gardening and handicrafts, as well as enjoying tours of the House and garden. The program provides the participants with an opportunity to enjoy the company of other women in an inclusive environment and to build social connections, develop an increased sense of belonging in their community and to practise their English language skills.



Inclusive Schools Fund Grant

The area behind the brick wall is about to be transformed into a spectacular passive space for students to enjoy. Works will be starting soon so be prepared to have this area blocked off for a little while until this is complete. Thank you to Ms Bubeck for coordinating this project.

Principal's Message Continued



Shade Sail Grant

The holes have been dug and the poles are concreted and in place. Another shade sail in the corner of the oval is about to be erected. This will be another wonderful outdoor classroom space and a shaded spot to wait during interschool sport matches. Thank you to Mr Glenn for coordinating this project.

School Wide Positive Behaviour Support - Filming

Last week we were interviewed by the Department of Education on our SWPBS success, we are proud to have achieved the Gold award two years in a row. Our wellbeing data has improved enormously over the last four years ensuring we provide a safe and orderly learning environment for our students. Thank you to Mr Glenn, Ms Laura and Year 5 student Harper in 5/6C for agreeing to be featured.

SunSmart, Cancer Council Filming

Last week we supported the Cancer Council of Victoria to take some promotional photos for their website and other published documentation. Thank you to Ms Laura, Mr Glenn and the year 5/6 students who participated in the shoot. Look out for our photos in upcoming promotions from the Cancer Council.

Queens Jubilee Planting Grant

In 2022/3, community-based tree planting events will be held across Australia to mark the Jubilee (70 years of service) of Her Majesty, Queen Elizabeth II. Planting Trees for The Queen's Jubilee (the program) will run over 3 years across 2021-22 to 2023-24. The program will provide up to \$15.1 million of grant funding to eligible groups and organisations for community-based tree planting events. Thanks to this grant we will have some planting around the stadium and between the carpark and the stadium. Thank you to Mr Gary for applying on our behalf and coordinating the project. We are hoping the works will take place during the upcoming school holidays.

New Build/Upgrade

We have a project manager appointed, Sharon Chang from Savills Australia and the works will be going out to tender very soon. We are finalising the colours, textures, and materials to be used in the new buildings. Stage 1 of the works should be ready to begin in October this year.

Cross Country

Best of luck to Ezekielle, Jayda, Sophia and Erik who are off to run in the next stage of the cross-country event this Wednesday. Thanks to Mr Simon for coaching them and supporting them on the day. Thank you to George from the St Albans Cricket Club for transporting the students to and from this event.

Soccer

Earlier this week a group of 5/6 students were lucky enough to participate in a district soccer competition. We wish them well and we look forward to hearing all about it when they return.

Open Afternoon Winners

Thank you to the families that joined us to celebrate Education Week and visited our classrooms. We had a very good turnout, and it was lovely to see those who attended. I thank the staff for putting the activities together and giving up their planning time to spend time with families. Winners of the passport prize draw, were Sophia 1/2A, Amir 1/2B and Eliana F/1B and Zac 1/2B, we hope that you enjoy your vouchers and chocolates.

Principal's Message Continued



Ken's official retirement and 40 years of service to the Education Department

Mr G has now officially retired, we wish him all the very best as he enjoys what life has to offer! He received his 40year certificate from the Honourable Natalie Hutchins MP, the state Minister for Education



School Photos You should have received your child's school photos last week. Contact MSP Photography directly with any questions or further orders. 911501642

2024 Enrolments - ENROL NOW!

Foundation enrolments are now being accepted for 2024, please see the office staff for the relevant forms, or email st.albans.heights.ps@edumail.vic.gov.au for more information. The website www.findmyschool.vic.gov.au has been set up by the Department of Education to assist families to locate their closest school. This year the Department has a new process in place which we are required to follow, see our website or



Reports and Student Led Conferences

Term 2 is a reporting term, staff will be writing comprehensive reports on student progress. These will be made available to families via COMPASS on Monday 19th June. Student Led Conferences will be held during the last week of term 2 (Monday 19th June and Wednesday 21st June) for students to share their achievements with families. Bookings will be open soon.

Public Holiday

Please note that Monday 12th June is a public holiday for the Kings birthday, so there will be NO school on this day. Enjoy the long weekend.

CSEF

CSEF applications for 2023 are now open. Eligible parents or carers with a health care card can apply for CSEF. Please note that applications need to be a parent or carer only with a health care card. If your circumstances have changed, please contact the school office to obtain an application form.

Regards Effie Sultana Principal

School applications close 23rd of June 2023

FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

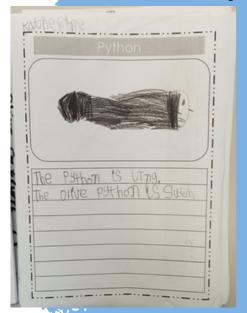
Reading

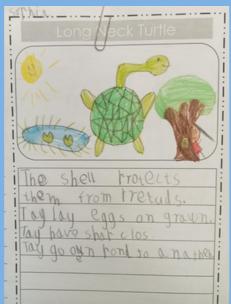
Foundation students have been practising their Seesaw skills through Reading. We have read classic texts such as The Three Little Pigs and Little Red Riding Hood and then asked students to retell the story from beginning, middle and end.

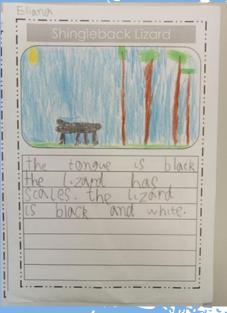
Grade 1s have continued to read non-fiction texts about their chosen animal. We have practised searching for information in a text by reading, listening out for and identifying key words, such as habitat and predators. This has expanded our vocabulary as well as assisted us with planning our information report. Watch this space!

Writing

Foundation students have been learning about description writing whilst learning about different animals. Here are come examples.







Some students were selected to read their Animal Incursion recount at this week's assembly!

Bravo!! Well done To Kaiden, Kenton F1B and Connor F1A





FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

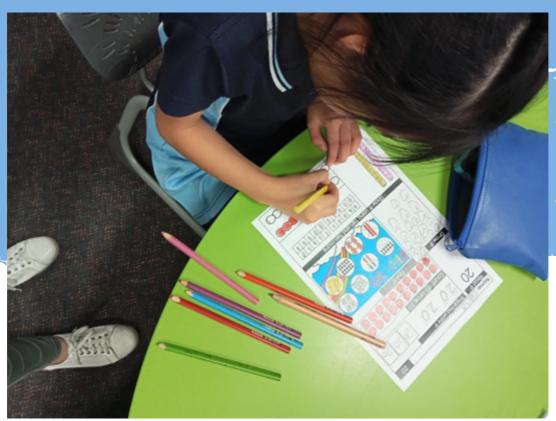
Mathematics

We have been practising reading, making, counting and writing our 'teen' numbers. We are working on recogning the numbers as 10 and some more. For example, 19 as 10 and 9 more. 'Ty' numbers to come this week and remember do not get these confused!



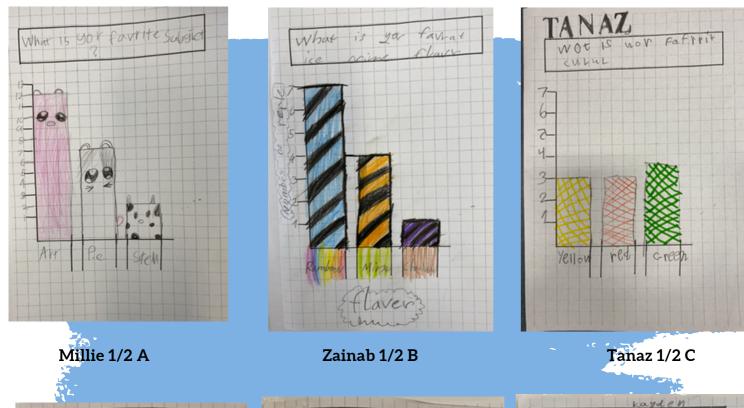
Reminders:

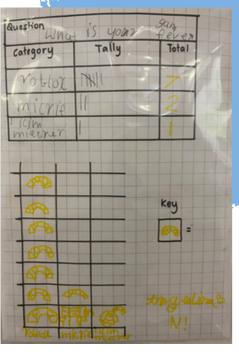
- Continue to listen to or read with your child each evening and sign their diary each day to show this has been done. Don't forget to work on heart words too. As students can read and write all the words on their current list by heart, they'll be given a new set of words to practice.
- Please ensure all clothing items are labelled with your child's name. We have had many students lose jackets, hats etc as of late.
- COMPASS Consent forms- please check that you are up-to-date.

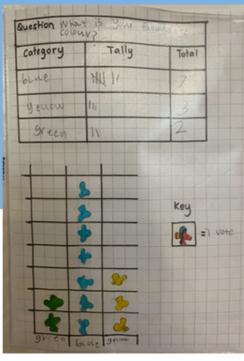


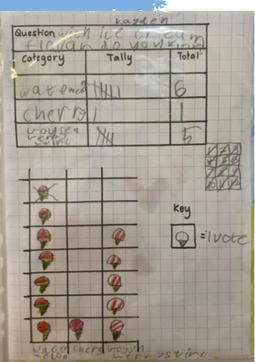
FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

In Maths the 1/2's have been learning about creating data displays. We asked questions to collect data and recorded the results using tallies. We then turned our data into bar graphs and pictographs.







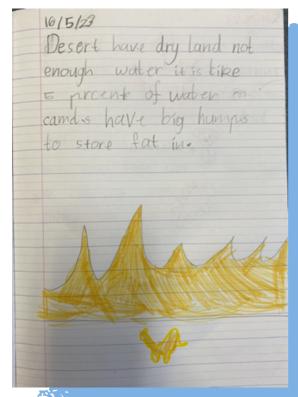


Angelina N 1/2 A Sophia 1/2 A Kayden 1/2 B

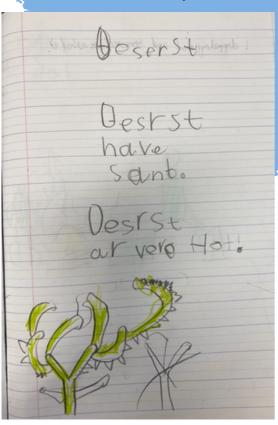
FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

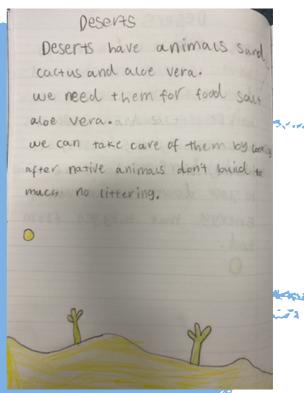
In Inquiry we are learning about different animal habitats. So far, we have learnt about rainforest, deserts and the ocean.

We have been investigating what types of animals live in these habitats, what humans use from them and the problems affecting them.

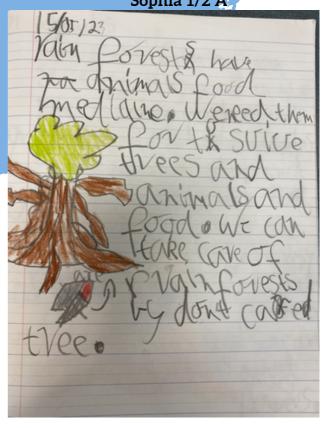


Joanna 1/2 B





Sophia 1/2 A



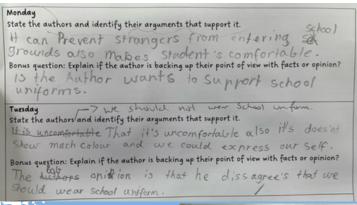
Amir 1/2 B Kenny 1/2 A

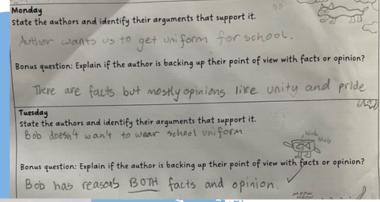
GRADE 3-6 NEWS BY MR JIMI, MS HELEN, & MS ABBY



Reading ~ Transactional Texts

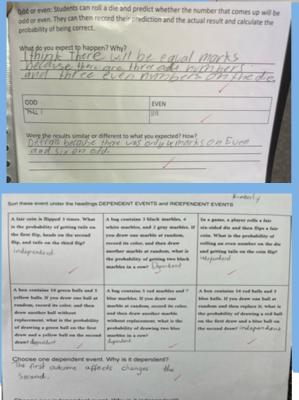
Grade 3/4 students are learning about transactional text. Transactional text are types of writing that is used to communicate with others to achieve a specific purpose. Here are some examples of student's quick try!

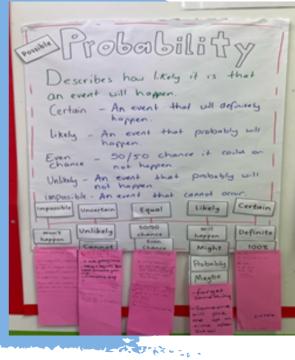


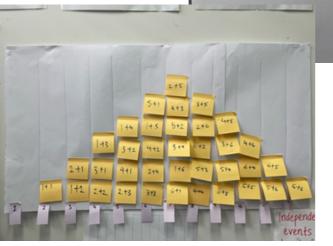


Numeracy ~ Probability

We have just finished our unit on Probability. We learned different vocabulary such as, certain, likely, even chance, unlikely and impossible. We played games of chance to collect data and answer questions what we noticed about the results.







Fliping a coin

GRADE 3-6 NEWS BY MR JIMI, MS HELEN, & MS ABBY

Writing ~ Transactional Letter

The 3/4 students have been writing a range of transactional letters.

8 St Albans

May 2th 2023

Dear Mr John.

I am writing to tell you why you should read every day.

Reading every day will allow you to learn new words. Because if you read a just-right book you will find a hard word that you don't understand and know, the solution is, you search it up. Won't it be great to learn new words?

3021

Reading is peaceful and calm, it's also relaxing. Once you get used to reading it will help when someone asks you to read, because you will think it's fun. Just like Kimberly says "Reading helps with your mind." Isn't reading awesome?

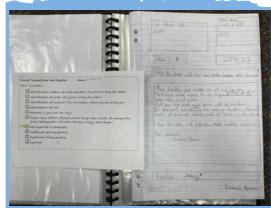
Reading every day will improve your writing skills and it will improve your work. On top of that you can get a job. If you want to become a doctor you will have to know how to read, and you need to know hard words. There are many more jobs you will need to know how to read to get it. Would you like to get a good job?

You must start reading now. Before you can't get a job.

Now I hope you will start to read every day. So you can get a good job.

Yours Truly $\varepsilon \tau$

Emily Tran



e this letter finds you well

I think that we should support local businesses because they need money to feed themselves and their families. They also work very hard for the money they earn and put in a lot of effort is the food, at or whatever they make, Don't you need money? Emily says, "Everyone works ha for money everyday and their hard work pays off when they earn money."

ocal businesses are always open and the food is cheap, it also tastes really good. They are so small and don't need much space or wood which helps the environment. They also help ur community clean and stop poliution. Won't you want to help save the environment?

They always love to help clean and save trees because they never take up alot of wood. They also love to help and clean up our environment and community? Local businesses also help plant trees and vegetables and once the food is ready they can give it out for free.

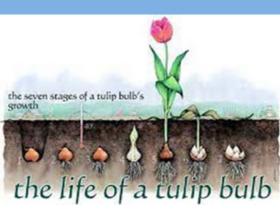
ngly believe that you should support local businesses too. It would help them a lot if you Therefore please support them and let's work together and support local businesses!

Nadia Lin

Kitchen & Garden

In the kitchen the Grade 3/4s students have been baking cookies. They also tasted delicious. In the Garden students have been organising our school shed, planting some tulips and purple carrots.







Reminders

We remind students to read every night for 15 to 20 minutes and write a quick summary in their diaries. Their teachers will check their diaries each morning.

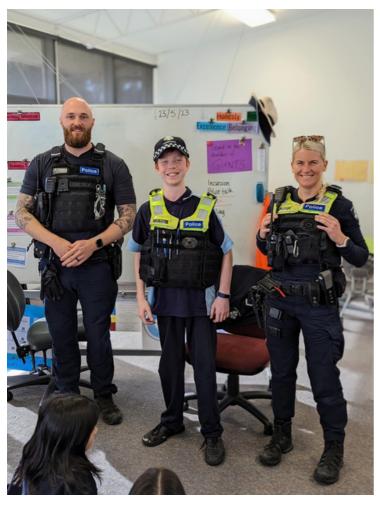
Homework

Every Monday students receive homework that is focusing on what we are learning in class for the week. We ask students to complete their homework and hand it in every Friday.

GRADE 3-6 NEWS BY MR GARY, MS LAURA & MR DYLAN

This Tuesday all 5/6's got a chance to speak to the police, we got to see all equipment that police use. Harry got to wear a police vest and hat. Here are some photos.

We had lots of fun and we even got to ask questions and let the police answer them. We got to chat with the police about social media and that kids under 13 should not have social media but a lot of them still have it. Did you know that police are also allowed to access your search history!? That's crazy and creepy. The police also told us about how lots of kids get scammed. THAT'S NOT COOL! From: Harry & Wendy 5/6A and B







WELLBEING WELLBEING BY MR. GLENN & MS. CHRISTINE



Our Year 5/6 students had the privilege of hosting a visit from the local police to discuss all the things that police do in the community. The questions from the students went to the importance of being cautious on social media platforms. This discussion was prompted by a recent unfortunate incident involving a student from Melton who was stabbed in Sunshine following a disagreement that originated on social media.

The police officers highlighting the potential dangers of sharing personal information and engaging in heated discussions online. They emphasized the need to exercise caution and think before posting or engaging in conversations that could escalate into real world conflicts. The police officers also reminded the students that the legal age to be on social media is 13 years old, so anyone under 13 are not legally allowed to have their own social media account, including Discord, Instagram, Snapchat and Facebook accounts.

The session was interactive, allowing students to ask questions and share their own experiences and concerns. The officers provided practical advice on online safety, such as setting privacy settings, being mindful of the content they share, and reporting any suspicious or concerning activity to a trusted adult or the authorities.

The discussion also touched upon the importance of empathy, respect, and kindness in both online and offline interactions. The officers reminded students that behind every screen is a real person with feelings and the impact of our words and actions can have far reaching consequences.

As a school, we will continue to reinforce these valuable lessons through ongoing education and awareness programs. Our aim is to empower our students with the knowledge and skills needed to navigate the digital world responsibly and safely.

We encourage you, as parents and guardians, to engage in conversations with your children about the responsible use of social media. Encourage them to be mindful of their online presence and to think critically before engaging in any form of online communication.

At St. Albans Heights Primary School, the wellbeing and safety of our students are of paramount importance. By working together, we can create a supportive and secure online environment for our children to grow and learn.

Thank you for your continued support. Kind Regards.

Glenn Groves

Positive Climate and Engagement Leader

Christine Thewma
Student Wellbeing Officer

St. Albans Heights Primary School is committed to the safety and wellbeing of all children and young people, we have a zero tolerance for child abuse. This will be the primary focus of our care and decision-making.



ART PE STEM JAPANESE KITCHEN GARDEN

P.E. By Mr. Lambert

The last couple of weeks have once again been action packed in the PE department with students in 3-6 working on their softball skills and those in F-2 working on some of the fundamental skills of AFL football.

I am pleased to report that Jayda and Eze finished second in the district cross country while Erik and Julia also finished in the top 6 meaning they qualify for the regional stage next Wednesday.

In interschool sports results have been mixed with the two netball teams going strong unbeaten at the top of the ladder while the tchoukball team have enjoyed mixed fortunes going down by 2 points or less in their last 3 games.

Next week we also look forward to a trip to the Whitten Oval for the Western Victoria Futsal gala with chosen 5/6 students.





ART PE STEM JAPANESE

ART BY MR PODY

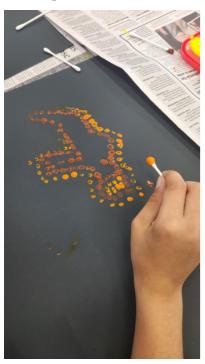
The students have been working extremely well this past week in Art creating some interesting Aboriginal inspired masterpieces.

The two grades I'm featuring this week are the 1/2s and the 3/4's.

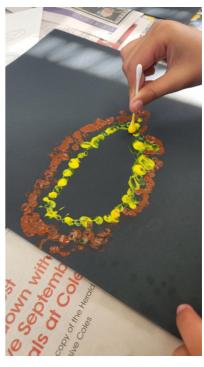
The Grade 1/2s have worked on creating a nature collage using flora found from our school yard. The students collected small sticks, leaves, gum nuts and bark to include into their collage.

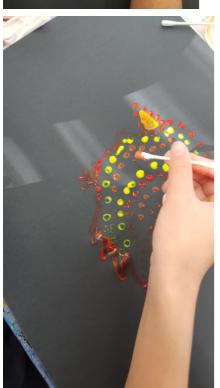
The Grade 3/4s have focussed on a dot painting of an Australian animal.

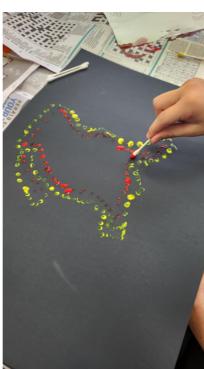
It was great to see how engaged the students were while practising the School Values of Excellence and Respect in the Art room.

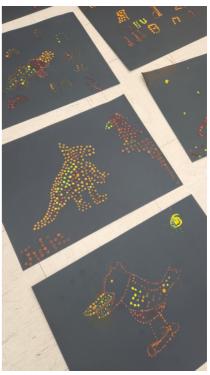












A

The Check-In

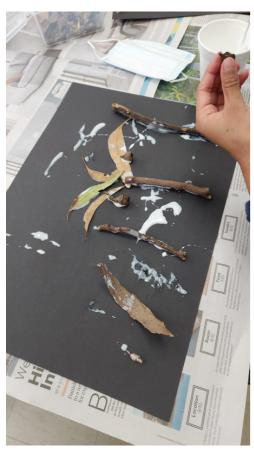
ART PE STEM JAPANESE

ART BY MR PODY















ART PE STEM JAPANESE

STEM AND JAPANESE BY MR NOLY

STEM

Grade 5/6 students at St Albans Heights Primary School are putting on their thinking caps to tackle sustainability issues using the Design Thinking model. With enthusiasm and creativity, these young problem solvers are generating a plethora of ideas to make a positive impact on the environment. In a picture, we see them working together to rank their ideas from weakest to strongest, a crucial step in the ideation process. By encouraging collaboration and critical thinking, these students are well on their way to creating innovative solutions that will help build a sustainable future for all.

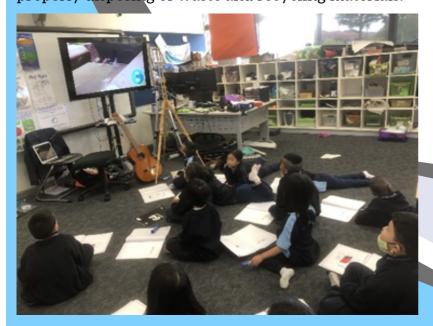






JAPANESE

The F-2 students at St Albans Heights Primary School are learning about the difference between regular trash and recycling. This knowledge helps them keep their school clean and beautiful by properly disposing of waste and recycling materials.









Excellence

Belonging

Excellence

Excellence

Excellence

Excellence

Excellence

Excellence

Excellence

1/2C

1/2C

3/4B

3/4B

5/6A

5/6A

5/6B

5/6B

5/6C

Vonhi

Natalie

Minh

Isaiah

Hoang

John Paul

Christina

Christina

Michelle

LIBRARY AND FIRST AID NEW



BY MS. CORAL

FIRST AID
MEDICAL NEWS



COUGHS, COLDS & FLU

It is that time of year when colds and flu are all around us. Coughs, sneezing, runny noses, headaches and just a feeling of being unwell.

It is really important we work together to stop the spread.

The best place for your child to be if they are unwell is at home. They need to rest, to be allowed to sleep and relax so they can get better.

Sending you child to school when they are still not well, spreads the illness to other children and doesn't allow your child to rest and get better.

COVID-19

Covid-19 out there, we still have cases reported within our school community.

Please be diligent. If there is the slightest chance you or a member of your household has Covid please wear a mask and test. It is not shameful to catch it we just need to be aware so we don't spread it.

GASTRO

Please be aware there is a lot of gastro going around. If your child has diarrhea, vomits during the night or in the morning, has any nausea, tummy pain or a headache please do not send them to school. We have had to send a lot of children home, who have told us they were sick in the morning.

FOR YOUR INFORMATION WORMS!!!

Below is information from the Department of Education website. Worms are tricky, horrible little critters that love to live inside our gut. They are very easy to catch but also very easy to treat. It is advised that all school students, their families and staff take a dose of medicine to kill worms every six months. Please chat to your chemist for the best advice.

In the majority of children and adults, infection is asymptomatic. The migration of the female worm from the rectum and then the anus to lay eggs on the perianal skin during the night can lead to perianal pruritus or disturbed sleep or irritability.

Sometimes, secondary infection of the scratched skin occurs. In children, the pinworm can cause vulvovaginitis during its migration from the anus.

Pinworms or their eggs have occasionally been detected at other sites, such as the liver and lung. Rarer clinical manifestations include salpingitis, pelvic pain and the formation of granulomas in the peritoneal cavity.



BY MS. CORAL

Diagnosis

The diagnosis should be suspected in children with a perianal itch, and is confirmed by detection of the pinworms' characteristic eggs. Applying clear sticky tape to the perianal skin and examining it for eggs is the best way to make the diagnosis. This is best done in the morning before bathing, as the worms migrate during resting periods. Microscopy on faeces can be conducted, although finding eggs is exceptional.

Incubation period

The lifecycle requires 2-6 weeks to complete. The eggs are fully embryonated and are infective within a few hours of being deposited. Male and female pinworms vary in size, ranging between 2 mm and 13 mm in length and up to 0.5 mm wide, and are yellowish white. A long, thin and sharply pointed tail distinguishes the female worm.

Reservoir of pinworm (threadworm)

Humans are the only reservoir. Pinworms of other animals are not transmissible to humans.

Mode of transmission of pinworm (threadworm)

Pinworms are transmitted by direct transfer of infected eggs by hand from the anus to the mouth of the same or another person. They can also be transmitted indirectly through bedding, clothing, food or other articles. Spread is facilitated by overcrowding.

Communicability continues as long as the eggs are being discharged onto the perianal area. The eggs can survive for several days in the right conditions.

Reinfection from contaminated hands is common.

Preventive measures

Preventive measures include:

- effective handwashing, particularly before eating or preparing food.
 - keeping nails short
 - discouraging scratching of the bare anal area and nail biting
 - bathing or showering daily
- changing to clean underwear, nightclothes and bedsheets frequently, preferably after bathing.

The Check-In COMMUNITY HUB



BY MS. DANNIELLE

St Albans Heights Primary School Community Hub Timetable. Term 2.

Monday	Tuesday	Wednesday	Thursday	Friday
The Peace & Prosperity Kitchen Garden. Government House. 9:00-2:30pm This Program is Full	Make, Create, Grow & Sew. 9:30-12:30pm (In the School community Hub) CRAFTY/	Zumba 9:30-10:30 @ Holy Eucharist Primary School (Morning tea provided)	English Class 9:30-12:00pm (Child minding available) St Albans Heights Primary School.	
Vietnamese Playgroup 9:30-12:00pm **MO PHU NO VIET OC St Albans Heights Primary School.		Tuning into Kids Parenting Program. 9:00-11:40am melbourne & city mission & St Albans Heights P.S.	Cooking and Conversation 1:00-3:00pm (Childminding available.) St Albans Heights Primary School.	
Mini Roo's Soccer Program. 3:15-4:30pm St Albans Heights Primary School.				

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

Everyone is welcome & all events are FREE of charge unless stated otherwise.



If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

All events are FREE of charge unless stated otherwise.

The Check-In COMMUNITY HUB



BY MS. DANNIELLE







- Support your child as they learn and grow
- Help your child to manage their emotions
- Have a happier, more fulfilling family life

Presented by Early Links Brimbank - Melbourne City Mission

Brimbank Communities for Children Facilitating Partner is funded by the Australian Government and facilitated by The Smith Family.

THIS IS A
FREE SIX WEEK PROGRAM
FOR PARENTS
of children aged 3-10

Living in Albanvale, Albion, Ardeer, Cairnlea, Deer Park, Delahey, Derrimut, Kings Park, St. Albans, Sunshine, Sunshine North, Sunshine West and Sydenham. When: Wednesdays 9.15am - 11.15am

starting 10 May - 14 June

Where: St Albans Heights Primary School

for more information and to book a spot, contact Tessa on 0400 111 787 or email earlylinksbrimbank@mcm.org.au

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

All events are FREE of charge unless stated otherwise.

The Check-In OUTSIDE SCHOOL HOURS CARE NEWS

National Reconciliation Week 27th May-3rd June 2023

Join us at CommunityOSH & learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia

BE A VOICE FOR GENERATIONS



Book www.commosh.edu.au and find out more at nrw.reconciliation.org.au

The Check-In OUTSIDE SCHOOL HOURS

CARE NEWS

WEEK FOUR AND FIVE. TERM TWO 2023

COMMUNITYOSH NEWSLETTER ST ALBANS HEIGHTS PS



In week four, the children in before and after school care made mother's day cards for their mum, grandma or any special women in their life.

In week five, we celebrated International Family Day with the children in both beofre and after school care. the children made family trees using water colour paint and drawn family pictures.

27th May - 3rd June is National Reconciliation Week.

Children will be learning and focusng on crafts and activities for the indigenous.



TO ENROL & BOOK, LOGIN OR CREATE YOUR ACCOUNT AT WWW.COMMUNITYOSH.EDU.AU OR EMAIL ADMIN@COMMOSH.EDU.AU

The Check-In COMMUNITY NEWS



UNIFORM SALE

FINAL CLEARANCE AVAILABLE WHILE STOCKS LAST

BIKE SHORTS

\$2



BE QUICK

The Check-In COMMUNITY NEWS



SPECIAL

Home Made Penne pasta with vegetable sauce and cheese \$4.50

ST ALBANS HEIGHTS PRIMARY SCHOOL CANTEEN MENU 2023

Hot Items	
Lasagne E	\$4.50
Macaroni & Cheese EV	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Oven Bake Chicken Nuggets (Breast)	3/\$3.30
Dim Sims (Steamed)	\$1.30
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.30
Regular Sausage Roll	\$3.50
Skinless Hot Dog	\$4.00
Nacho-with Salsa & Cheese E V	\$3.60
Falafel Bites GF Vegan E	3/\$3.00

Halal	
Halal Hot Dog	\$4.00
Halal Pie	\$4.50
Lasagne E	\$4.50
Mac & Cheese VE	\$4.50
Falafel Bites GF Vegan E	3/\$3.0
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Vacatable Pactic V	\$4.50

Drinks

600ml Water E	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20

Salad Bowls

Fruit Salad E V	\$1.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot,	\$4.00
Italian dressing $E\ V$	

Sushi-Wednesday and Thursdays only

2 Rolls from 7.00

Chicken Teriyaki, California, Tuna & Avocado.

Canteen will be open Wednesday, Thursday, and Friday

in 2023.

Please place orders by 8.30 am via the QKR App.

ORDERS CAN BE PLACED VIA THE OKR APP & THROUGH
THE CANTEEN

Download the Qkr app on your mobile or iPad today!

Sandwick	hes (Fresh o	or Toasted)

Salad E V	\$4.00
Ham E	\$3.00
Cheese E	\$3.00
Ham & Cheese E	\$3.20
HCT (Ham, Cheese & Tomato) E	\$3.70
HLT (Ham, Lettuce & Tomato) E	\$3.70
Chicken with Lettuce & Mayo E	\$4.70
Tuna with Lettuce & Mayo E	\$4.70
Vegemite & Cheese E	\$3.00
Egg with Lettuce & Mayo E	\$4.20

Gluten Free Sandwiches Available add 30c

Rolls

Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

Wraps

Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

Snacks

Large Cookie	\$3.00
Koala Popcorn (Sweet chilli, Sweet & Salty, Salty)V	\$2.00
Jelly Cup E	\$1.50
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E= Healthy Option V = Vegetarian Option GF = Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c Brown Paper Bag 12c



Vietnamese



News letter Số 8 ngày 30 tháng 5 2023

Các ngày quan trọng

Thứ hai, 12 tháng 6 : Sinh nhật Hoàng đế, học sinh nghỉ học Thứ hai, 19 tháng 6 : Bản báo cáo học lực đăng trên Compass

Thứ hai, 19 tháng 6 đến thứ tư, 21 tháng 6 : Hội thảo do học sinh hướng dẫn

Thứ sáu, 23 tháng 6: Ngày cuối học kỳ, bãi học lúc 2 giờ 30

Kính thưa phụ huynh,

Trường Kiểm Tra - 4 Năm Một Lần:

Cứ bốn năm, trường phải qua đợt kiểm tra để xem xét lại các dữ kiện, các chinh sách và các mục tiêu của trường. Chúng ta đang được kiểm tra theo như Kế Hoạch đã vạch ra của 2019 – 2023, Kê hoạch này đã đăng trên website. Trường có nhân viên kiểm tra độc lập do trường đại học Monash University đề cử, ông Martin Winfield cùng với hai vị Hiệu trưởng trong địa phương (Jodi Park trường Tiểu học Kings Park và Jean Bentley trường Tiểu học Albion North) cùng với Anne Fox từ sở Giáo dục, và cùng với nhóm GiáoViên Trưởng trường và ông Chủ tịch Hội đồng Phụ huynh nhà trường là ông Tân Đỗ. Tất cả các vị trên hợp thành nhóm kiểm tra. Họ xem xét các công việc, thành quả của trường trong bốn năm vừa qua, thăm lớp học, phỏng vấn giao bang, học sinh và phụ huynh trước khi đúc kết bản dự thảo kế hoạch bốn năm kế tiếp cho trường.

Giáo Sinh Sư Phạm Và Nhân Viên Hổ Trợ Giáo dục Thực Tập:

Có rất nhiều khuôn mặt mới tại trường trong lúc này. Trường đón nhận bốn Giáo- sinh Sư phạm đến thực tập cho quá trinh huấn luyện tốt nghiệp Sư phạm cùng với các vị thầy hướng dẫn của họ; Đồng thời chúng ta cũng có vài người đến thực tập về Trợ - Giáo (Education Support Placement). Tôi chắc chắn rằng chúng ta sẽ giúp họ cảm thấy được hoan hỷ đón nhận khi chúng ta gặp họ trong sân trường. Tôi tin rằng thật quan trọng khi chúng ta hổ trợ các giao viên tương lai để thể hiện sự cam kết việc hổ trợ hệ thống giao dục rộng lớn.

Tiền Trợ Cấp Vải Buồm che Nắng

Các hố sâu đã đào lên và các cọc đã đóng xuống và nền xi măng đã hoan tất. Một tấm vải buồm khác ở góc sân hình bầu dục cũng sẽ được trương lên. Đây cũng là chỗ thật tốt cho các lớp học ngoai trời (outdoor classroom) và chỗ ngồi chờ để thi đấu thể thao liên trường.

Hành Vi Tốt Của Trường (SWPBS)

Tuần vừa qua nhân viên sở Giáo dục đã đến phỏng vấn chúng ta về sự thanh công về hanh vi tốt (SWPBS). Chúng ta rất hanh diện đã được "Gold award" trong hai năm liên tiếp. Các dữ kiện về sự an bình đã tiến bộ vượt mức trong bốn năm qua đã bảo đảm được khung cảnh học tập an toan và trật tự cho học sinh. Xin cám ơn Mr Glenn, Ms Laura và học sinh lớp 5, Harper lớp 5/6C đã đồng ý đê trường chụp hình đăng trong bản tin.

Việc Chông Nắng Hội Chống Ung Thư Chụp Hình

Trường chúng ta thường hổ trợ Hội Chống Ung Thư Tiểu bang Victoria và đã được họ chụp hình quản cáo đăng tải trên mạng (website) và các thông tin của họ. Xin cám ơn Ms Laura, Mr Glenn và học sinh lớp 5/6 đã có mặt trong các hình chụp. Xin theo dõi các hình do Chống Ung Thư đăng tải.



Vietnamese



Tiền Trợ Cấp Trồng Cây Kỷ Niệm Nữ Hoàng

Trong các năm 2022/ 2023 chiến dịch trồng cây trong cộng đồng sẽ được tổ chức rộng lớn trong toan cõi tiểu bang Victoria để đanh dấu 70 năm trị vì của Nữ Hoàng Queen Elizabeth đệ nhị. Chiến dịch này kéo dài trong 3 năm 2021- 2022 đến 2023 -2024. Chiến dịch này chi ra 15.1 triệu đô la cho các cơ quan và nhân viên trồng cây trong cộng đồng. Nhờ có trợ cấp này, chúng ta sẽ trồng được các cây chung quanh hội trường, hai bên chỗ đậu xe và hội trường. Xin cám ơn Mr Gary đã làm đơn xin cho trường. Chúng ta hy vọng rằng công việc sẽ được tiến hành trong dịp nghỉ holiday sắp tới.

Cac Xây Dựng Mới/ Tân Trang

Chúng ta đã có nhân viên quản lý ông (bà) Sharon Chang của cơ quan Savills Australia và công việc sẽ đưa ra nhà thầu trong nay mai. Chúng ta đã quyết định màu sắc, sơn, vật liệu sẽ dùng cho các phòng học mới. Bước 1 của công trinh sẽ phải sẵn sàng vào tháng 10 năm nay.

Chay Đua Cross Country

Xin chúc may mắn các em Ezekielle, Jayda, Sophia và Erik sẽ đi dự đấu ngày thứ tư này. Xin cám ơn Mr Simon đã huấn luyện, hổ trợ các em trong ngày hôm đó; Và cũng xin cám ơn George của hội Cricket St Albans (St Albans Cricket Club) lo chuyên chở các em đi và về.

Đá Banh:

Vào đầu tuần này một số học sinh lớp 5/6 đã được may mắn chọn đi dự thi đấu cấp vùng. Xin chúc các em may mắn và chúng ta mong đợi kết quả tốt đẹp của các em.

2024 Đăng Ký Ngay Bây Giờ:

Nhà trường đang nhận đơn xin đăng ký xin nhập học Mẫu giáo năm 2024. Xin phụ huynh vui lòng đến văn phòng điền đơn hay email cho trường

st.albans.heights.ps@edumail.vic.gov.au để biết thêm nhiều chi tiết. Qua trang mạng www.findmyschool.vic.gov.au phụ huynh có thể biết được các trường gần nhà trong địa phương của minh. Năm nay sở Giáo dục có những thể thức mới để phụ huynh theo dõi. Xin lên trang mạng của trường.

Báo Cáo Học Lực:

Học kỳ 2 là học kỳ báo cáo học lực, giao viên rất bận rộn viết báo cáo về sự tiến bộ của học sinh. Các báo cáo này sẽ đăng lên COMPASS trong ngày thứ hai, 19 tháng 6 và ngày học sinh tự hướng dẫn buổi phỏng vấn sẽ tổ chức vào ngày cuối học kỳ 2 (Thứ hai, 19 và thứ tư, 21 tháng 6) để cho các em tchia sẻ sự tiến bộ của minh với gia đình. Việc đăng ký sẽ thông báo trong nay mai.

Nghỉ Lê:

Xin lưu ý thứ hai, 12 tháng 6 là ngày sinh nhật của Hoàng-đế, học sinh được nghỉ học. Xin tận hưởng ngày dài cuối tuần.