



St Albans Heights Primary School

Principal Mrs Effie Sultana
9366 4211
www.sahps.vic.edu.au

NEWSLETTER NO. 2
February 21st 2023



Principal's Message



Dear Parents/Guardians,

What a fantastic, settled start to the school year it has been. I thank the staff, students and the families for working together to ensure a seamless transition back to school for everyone.

Communication - via COMPASS

All events and activities must be authorised online through COMPASS PAY. Parents should log on weekly in order to give consent and pay for all school activities via this portal. Please limit cash transactions at the office as we do not normally carry change. COMPASS will give you access to attendance records, school events, fortnightly newsletters, student reports, excursions, school photos, camps, opportunity to book Parent Teacher Conferences and Interviews, etc

All permissions for local walks, excursions, ICT use, etc are on COMPASS now, parents need to log on and give consent for these.

Get to Know my Child Interviews

This is an opportunity for you to meet your child's teacher and let them know of any concerns you may have (social, academic and medical) as well as an opportunity to set some joint goals for the year. These will be held on Monday 27/2 after school from 3.30pm - 5.00pm and Wednesday 1/3 from 3.30pm until 5.30pm.

Interviews will be held in the classrooms, they will be 10 mins in duration and families must book on COMPASS. Remember to sanitise and social distance where possible. Mr Noly (Japanese and STEM) and Mr Pody (Art) will be available for pop in visits in their rooms, no need to book. Mr Simon will be unavailable as he will be running cricket sessions. Parents with questions for specialist staff are encouraged to make a time separately to meet with these staff members.

IMPORTANT DATES

Wednesday 22nd February
Fundraiser for Turkey/Syria
Gold Coin Donation

Mon 27th Feb
3.30pm - 5pm &

Wednesday 1st March
3.30pm - 5.30pm
Get to Know you interviews

Wednesday 22nd March
Community BBQ



Principal's Message Continued



School Council

All government schools in Victoria are governed by a school council. Key School Council responsibilities include financial management, facilities management, whole school policy and planning amongst other things. In accordance with the Department of Education and Training – Victoria (DET) regulations, School Council Elections must take place before the 15th March.

Our current council is made up

Parent Members: 7

DET members: 2

Members are elected for a two year period with half the membership standing down each year. As a consequence, we now have the following vacancies:

Parent Members: 3

DET members: 1

The nomination process is now open, please see the separate notice on COMPASS for more information. Nomination forms can be collected from the office. If we receive more nominations than positions we will need to go to ballot.

Please note: the current school council meets every third Wednesday of the month at 9.05am, this may be subject to change.

Accident Insurance

The Department of Education and Training does not provide personal accident insurance for students. Parents are responsible for paying the costs of any medical treatment for injured students, including transport and/or ambulance costs. Insurance policies are available through commercial insurers for those who may be interested.



Personal Items at school

The Department of Education does not hold insurance for personal property brought to schools. Principals are requested to remind families of this at the beginning of each academic year. Please avoid bringing unnecessary and/or valuable items to school as it can be quite distressing if these items get damaged or lost. As per DET and school policy, mobile phones should not be brought to school however if they must for whatever reason then phones should be signed in and out of the main office for safe keeping throughout the day.

Medical Action Plans

These have been sent home to relevant families, please return all forms as a matter of urgency. All students who have asthma, allergies and/or anaphylaxis must have a plan documented by their GP. I thank you for your cooperation with this matter.

All staff completed CPR and first aid training last week after school. Any questions please see Ms Coral.



Principal's Message Continued



Welcome BBQ

On Wednesday 22nd of March from 3.30-4.30pm we will be holding a 'Welcome to the 2023 School Year BBQ', for our families. A free sausage sizzle will be available, as well as the option to purchase ice cream and coffee from onsite food trucks that will be visiting and there will be some fun activities for the students to enjoy. Please note RSVP is essential for catering purposes. Ms Dannielle and Ms Leanne are busy finalising details. A separate notice will be uploaded to COMPASS soon. We look forward to seeing you then.



Uniform

Wearing the correct school uniform is very important as it sets the culture and tone of our school. All students must be in the correct navy school uniform and wear a SunSmart hat when out in the yard. Please note: black is not part of our uniform and all leggings and tops underneath the uniform must be navy in colour. Uniform may be purchased through the school office. If you need assistance or support with this please contact Ms Christine or see the office staff. Your support is greatly appreciated.



Lunch Orders

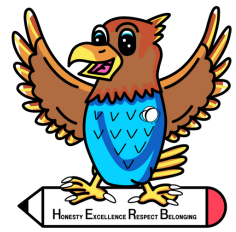
Lunch orders area available each Wednesday, Thursday and Friday. Orders will need to be placed via the QKR app on your phone or computer. A canteen menu is on our website. This year St Albans Secondary College will be providing this service for us.



Tutor Learning Initiative Update

You may or may not be aware of the government's Tutor Learning Initiative program in 2023 to support students who are behind with their learning or need extension work. Schools have been allocated funds based on specific criteria to put plans in place to support the gaps in student learning. Our teachers have worked with the leadership team to analyse learning data and identify students who will benefit from intensive (short term), small group targeted teaching. We will also use this data analysis to drive effective differentiation at the classroom level, enabling ALL students to receive targeted support to stretch their learning and meet their point of need. We will also be ensuring that we maintain the focus on high achievers that need extension work.

Principal's Message Continued



Grants Updates

There is lots of work happening in this space. With regard to the \$13.45 million dollar grant, we have signed off on the basic design and are now working on the internal and external designs and finishes. The architects will meet with groups of staff, students and families for input into the next stage of the design.

The Inclusive School's Fund grant of \$160,000 will be going out to tender soon. This will be to update the space behind the brick wall and bicycle racks. The initial design looks amazing.

Another shade sail grant was received late last year for a shade structure on the oval to provide shade during interschool sport too.

Thank you

A huge thank you to Ashton (Florian 1/2C) for the generous morning tea provided to staff last week. The chocolates were delicious and greatly appreciated by all staff.

Curriculum Days

These have been approved by School Council for 2023. Students do not attend school on these days as staff are undergoing Professional Learning and training on this day.

14th March, 24th April, 7th November, 20th December (and one more PPD to be confirmed).

Before and After School Care - Community OSH

A great safe place for your children to be, Before and After Care is available here onsite every morning and afternoon. Children can be booked in on a regular or casual basis. The children receive breakfast or afternoon tea and engage in a number of fun activities. Fees are based on Child Care (Centrelink) benefits. Please contact Bella on 0413544966 for more information.



Fundraiser for Turkey/Syria

Tomorrow the SRC are holding a fundraiser for the victims of the Earthquakes in Turkey and Syria. Students are able to come to school wearing the colours of the Turkish and/or Syrian flags and bring a gold coin donation. Icy poles will be sold on the day too. Money raised will be donated to Oxfam or one of the supporting charities. Thank you to Mr Laffy, Mr Glenn and our Student Representative Council for this initiative.

Regards
Effie Sultana
Principal



The Check-In

FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

Dear families

Our Foundation students have settled well into their new school and classrooms, and the Grade 1s have been fantastic role models for our new students.

Reading

We are learning about the different parts of a book, identifying the front cover, title, back cover etc. We have also been practising reading independently from our own personal libraries. The Grade 1s have been using the front cover to make a prediction before reading.

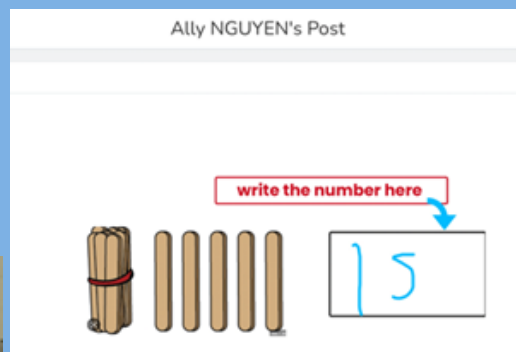
Writing

We did a language experience lesson. We played in the sandpit and then the grade 1s wrote a sentence about it and the Foundation students practised tracing words to make a sentence.



Mathematics

We have been working on our counting skills. Reading, making, and writing numbers. Grade 1s have been practising using place value of tens and ones to make a number for more efficient counting.



PMP

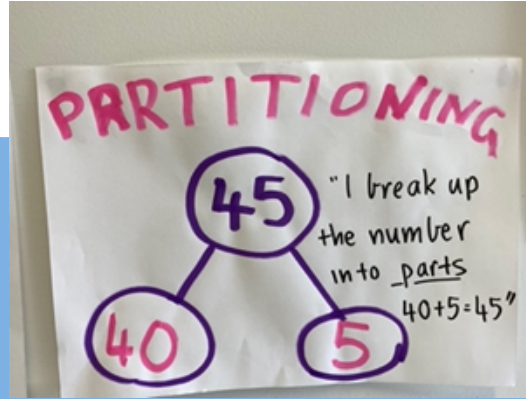
We have had two sessions of PMP so far to work on our eye/hand and eye/foot coordination. Check out some of our activities:



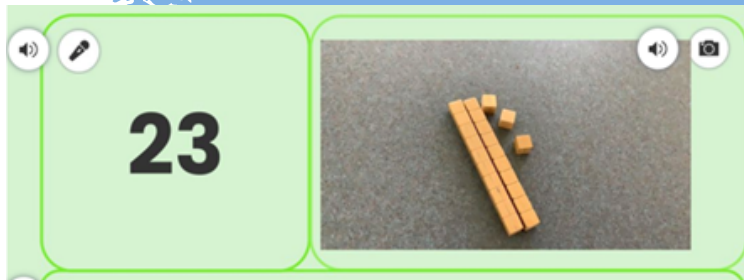
The Check-In

FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

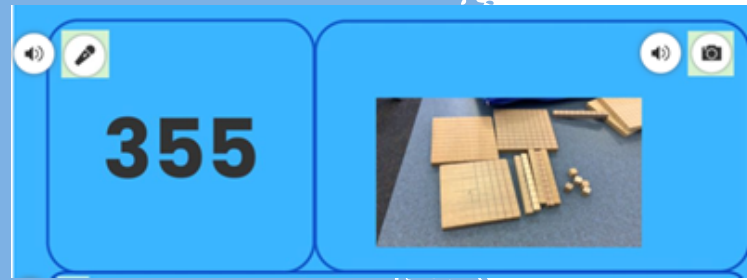
In Maths we have been learning about Place Value. We learnt that there are many ways to show numbers.



We can make numbers using MAB materials.

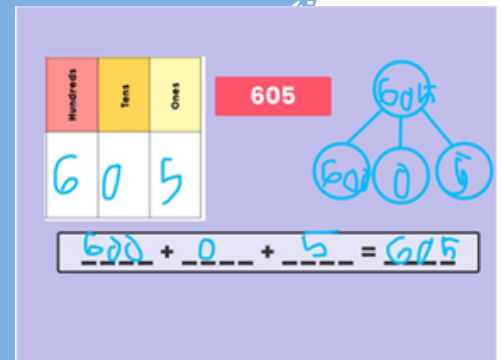
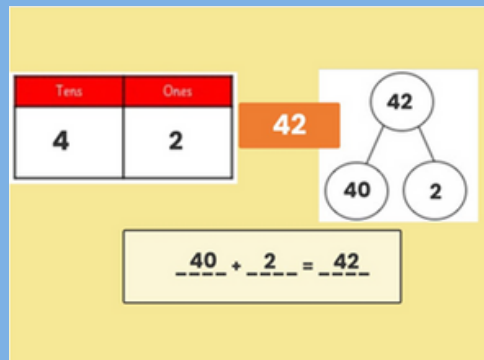
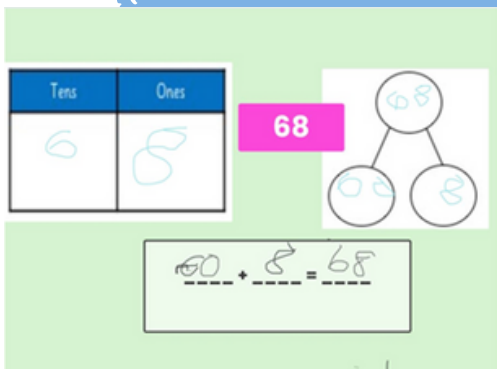


Gurfateh

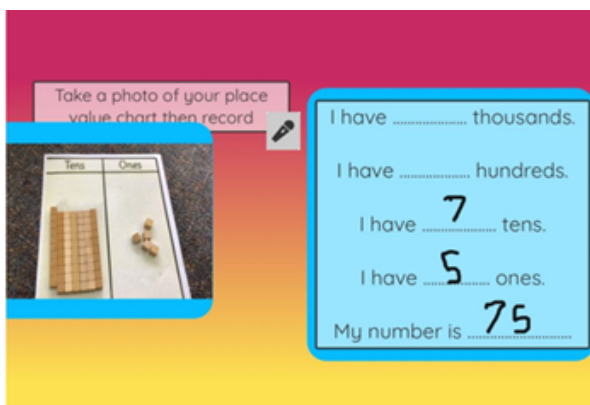


Kenny

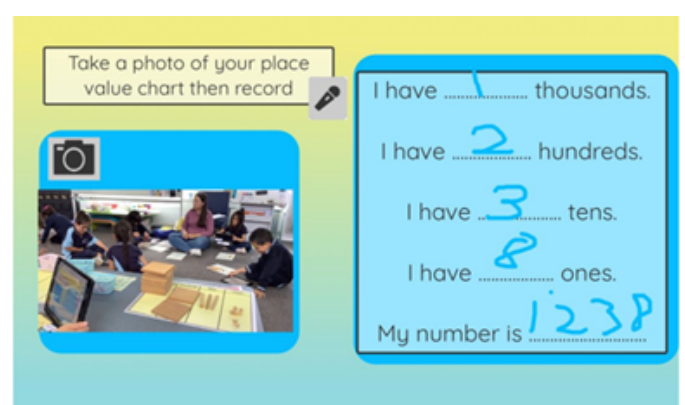
We can partition numbers.



We can write numbers onto a place value chart.



Natalie



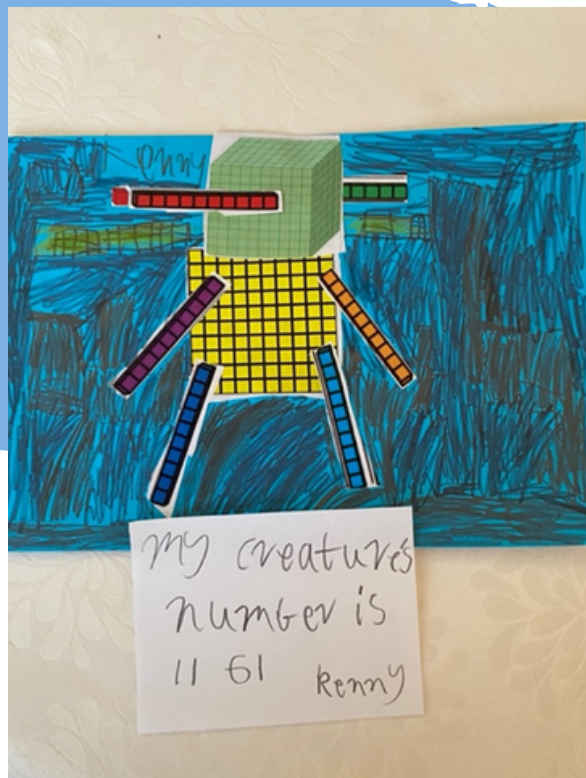
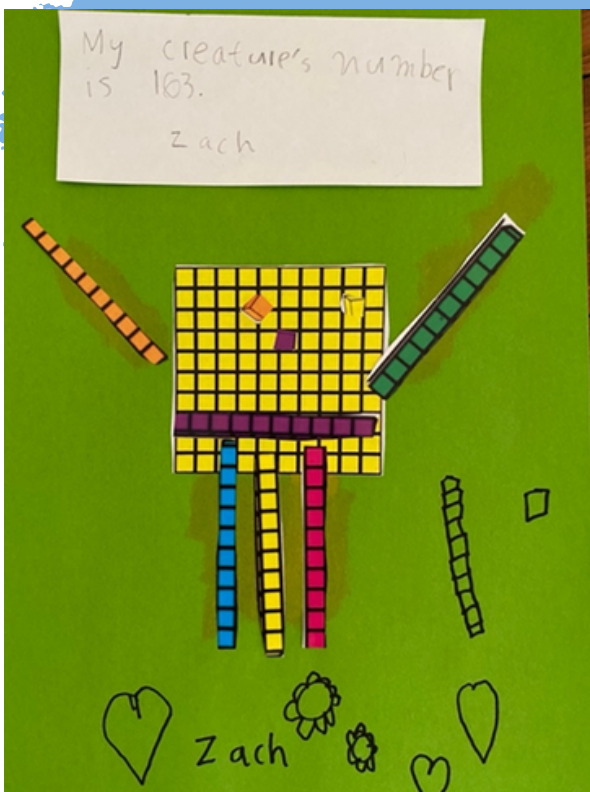
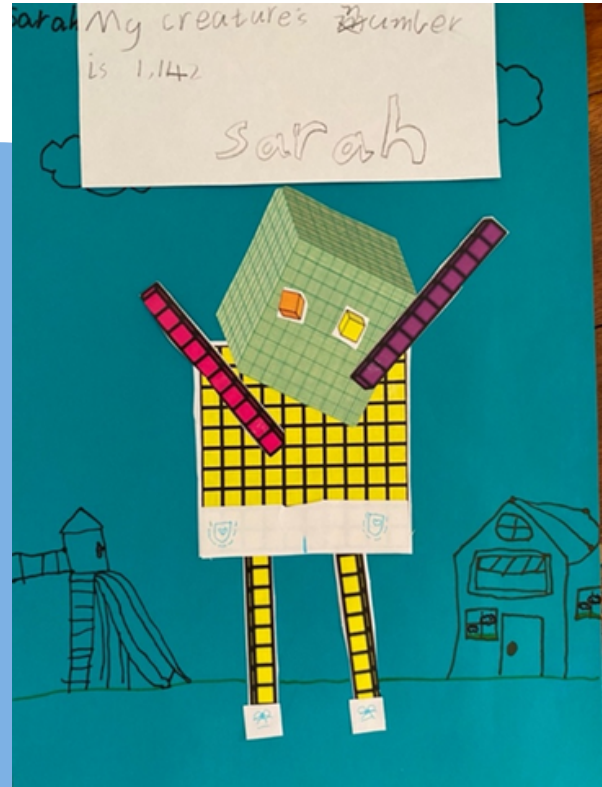
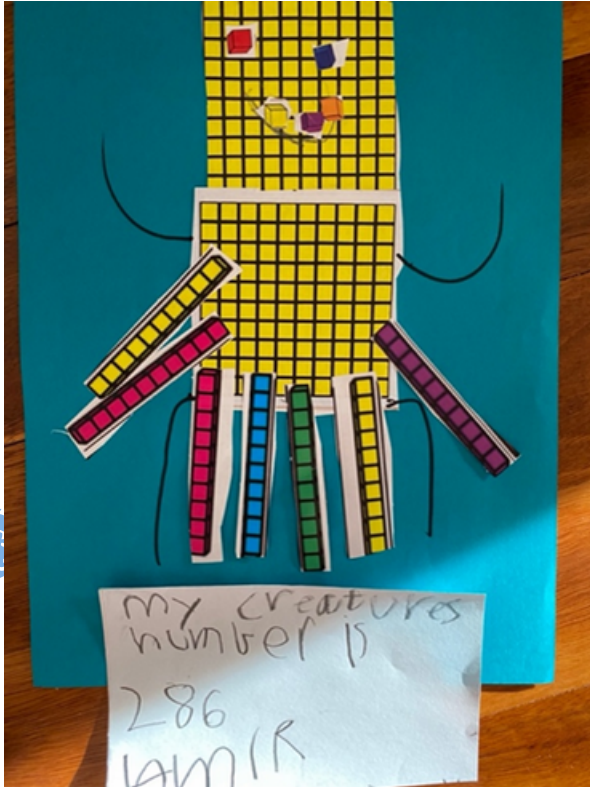
Chloe



The Check-In

FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MS MIRELLA & MS REBECCA

We even made some Number Creatures!



What a wonderful week of learning!

We would love to add photos from events in the classroom so if you are happy for your child's photo to be in the newsletter, please complete photo consent on Compass.

The Check-In

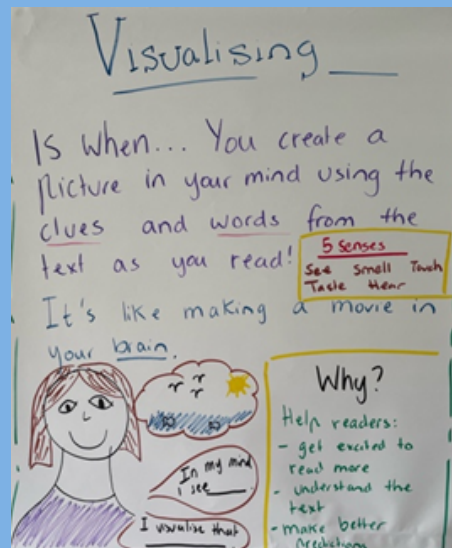
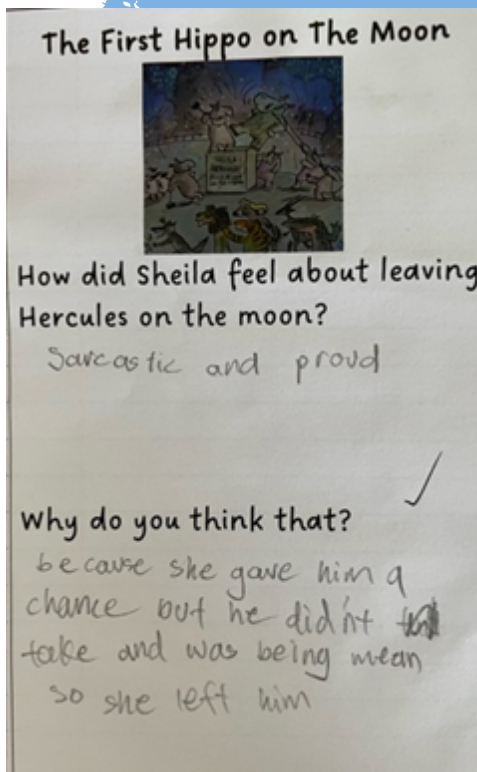
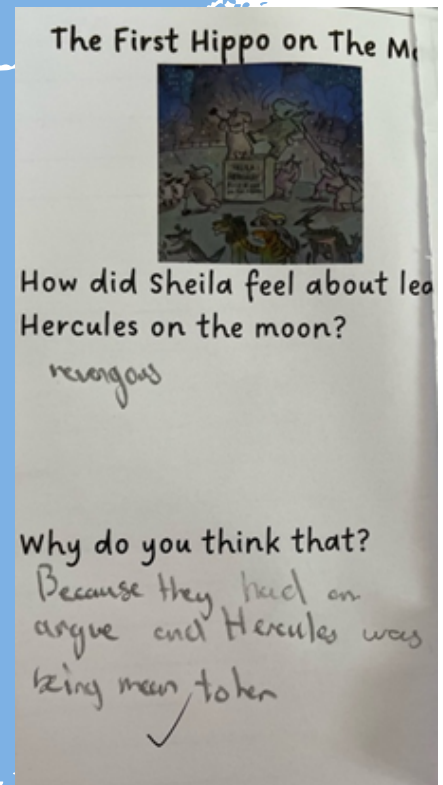
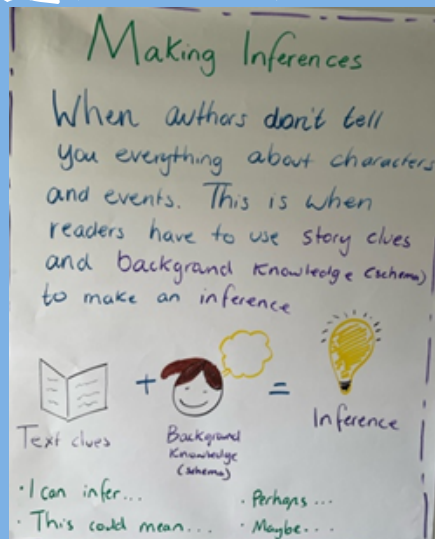
GRADE 3-6 NEWS

BY MR JIMI, MS HELEN, & MS ABBY



Reading ~ Inferring and Visualising

The students have been learning about inferring and visualizing. They have had some quick tries practicing each skill.

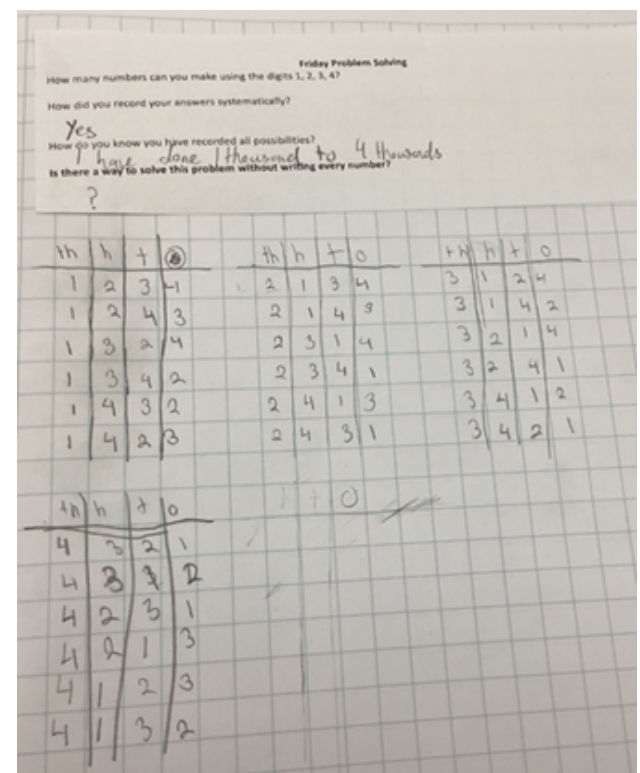


Numeracy ~ Place Value

We have been focusing on Place Value. We are learning how to say, write, order 3-, 4- and 5-digit numbers.

Ordering Numbers from Smallest to Largest
4 Digit Numbers

Smallest			Largest
1256	2462 2467		5781
Smallest			Largest
2462	3765	5732	9724



By Anthony 3/4B

The Check-In

GRADE 3-6 NEWS

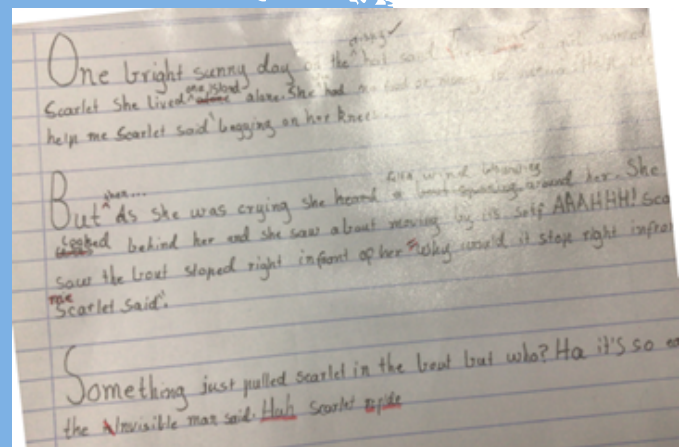
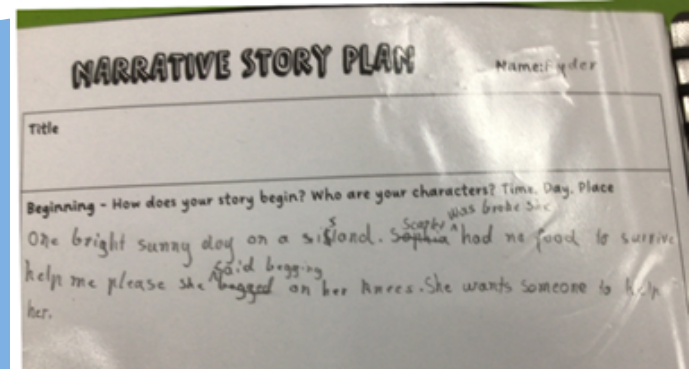
BY MR JIMI, MS HELEN, & MS ABBY



Writing ~ Narrative

In 3/4, we are using our imaginations to create interesting narrative story. We have been practising revising and editing our work using CUPS and ARMS checklist.

REVISE	EDIT
A Add sentences and words	C Capitalization: sentences, names, places, months, titles, I
R Remove unneeded words or sentences	U Usage: match nouns and verbs correctly
M Move a sentence or word placement	P Punctuation: . ? ! , " "
S Substitute rice cake words or sentences for salsa words	S Spelling: Check all words, use resources



Kitchen & Garden

The Grade 3/4s are learning about our kitchen and garden environment, what it should look like, sounds like, and feel like. They have learned how to hold our gardening equipment safely too. Right now, we are taking out our summer plants and prepare for the next season plants.

By Ryder 3/4B



Reminders

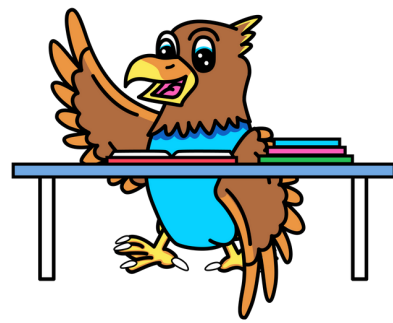
We remind students to read every night for 15 to 20 minutes and write a quick summary in their diaries. Their teachers will check their diaries each morning.

Homework

Every Monday students receive homework that is focusing on what we are learning in class for the week. We ask students to complete their homework and hand it in every Friday.

The Check-In

GRADE 3-6 NEWS
BY MR GARY, MS LAURA & MR DYLAN



5/6 students have settled in well to routines and expectations of the new year. Just a few reminders, it is an expectation that 5/6 students complete the homework given out on a Monday and hand it in by Friday each week. As well as reading for a minimum of 20 minutes each night. Please check COMPASS for consent forms that need to be filled out ASAP.

Teachers are looking forward to meeting and speaking to you at the 'Get to know you Interviews' coming up on Monday the 27th of Feb or Wednesday the 1st of March. Bookings can be made on COMPASS.

In 5/6, we have had a good start to the school year. We have been learning challenging work that has improved our learning curriculum. In reading, we have been monitoring key changes and character changes. For writing we have been focusing on our writing stamina and brainstorming ideas to improve our ability to write efficiently.

For Math, we've been expanding our knowledge on place value and renaming numbers in many different ways.

The start of the year has been a great start with working with new peers and our teachers/E.S. We've come together as a double class to have fun and work collaboratively on improving our learning.

Jayda and Christina 5/6B

Interschool Sports Report

Last week we versed St Albans East Primary School tee-ball won 23-21, their first win for the year! Tennis lost 1-5 but are continuing to improve their skills. Finally, basketball girls won 18 to 8 and the basketball boys lost 10 to 12. Every team played fair and nice!

Ada 5/6A

The Check-In

LITERACY NUMERACY WELLBEING



LITERACY BY MRS. BUBECK

Hi SAHPS Families

Being a good reader includes being able to predict (guess) what you think a book is going to be about. To do this you use all the clues that you can see and read on the front and back cover. You can use the title, pictures and blurb and connect it with your prior knowledge to make a prediction about the story.

For the next week I will be setting a little competition for students to participate in. Please take the time to have a look at the image of the front cover and the blurb of a picture story book below and then talk with your child about what they think this story is going to be about.

There are entry forms available for students to fill in on the Home Reading Hero wall in Building A.

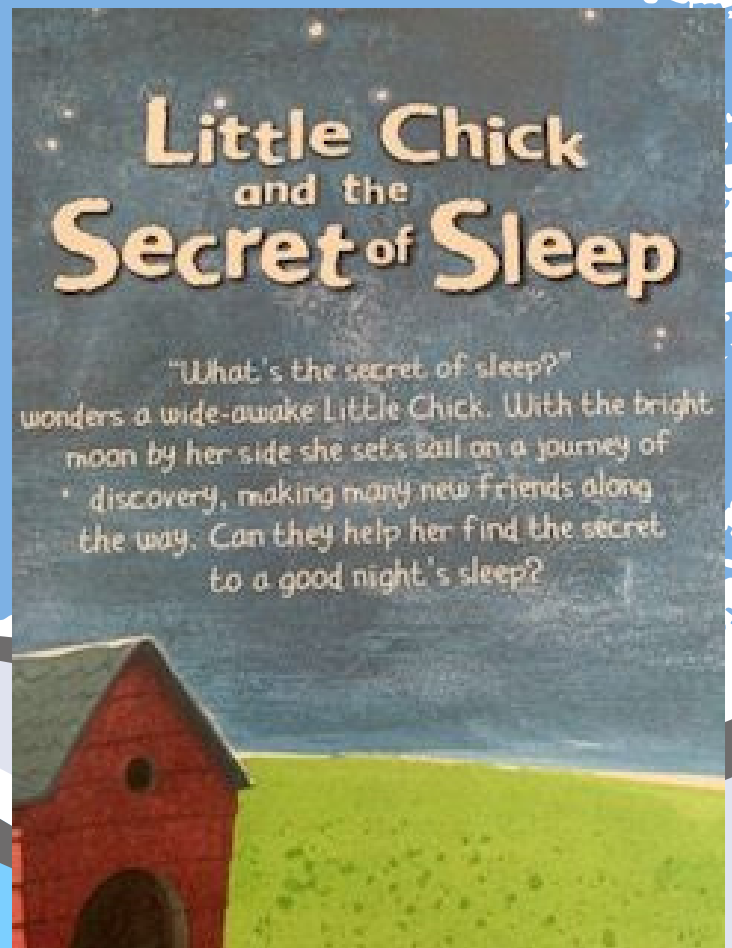
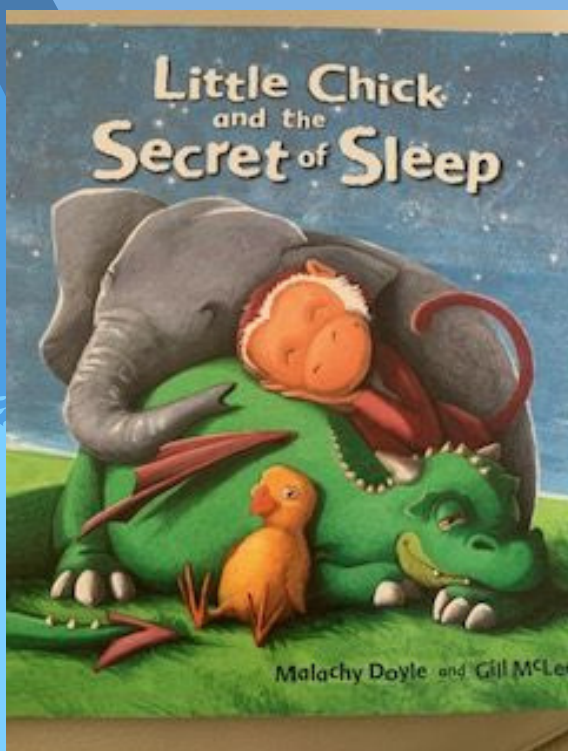
I ask that students complete this at home with their family and return them to school by Monday 27th February. Parents, you are more than welcome to write down your child's prediction.

Every student who hands in their entry by the due will receive an MVP card for showing the value of Belonging worth 10 MVP credits.

I can't wait to see what you think this book is going to be about.

Happy Reading

Mrs Bubeck
Assistant Principal



The Check-In

LITERACY NUMERACY WELLBEING



Staying safe on Discord

WELLBEING

By Mr. Glenn & Ms. Christine

Discord is a popular online platform that allows users to communicate with one another through voice, text, and video chats. It's important for parents to take precautions to keep their children safe while using the app and to understand that the app has a rating of 13+.

Here are some tips for parents to help their children stay safe on Discord:

1. Monitor your child's activity on Discord. Ask your child to add you as a friend on the platform and check in on their activity regularly. If your child is using Discord to talk to friends, make sure they are only communicating with people they know in real life
2. Make sure your child understands the importance of keeping personal information private. Remind them to never share their full name, address, phone number, or other identifying information with anyone on Discord
3. Help your child set up their privacy settings. By default, Discord is open to the public, so it's important to configure the privacy settings to only allow communication with friends or other trusted individuals. Encourage your child to only accept friend requests from people they know
4. Turn off direct messaging. This can be done in the privacy settings, and it can help prevent your child from receiving unsolicited messages from strangers
5. Finally, if you have any concerns about your child's safety on Discord, don't hesitate to contact the platform's support team or report any abusive or inappropriate behaviour. You can also seek advice from online safety organizations

As a parent, it's important to be proactive in ensuring your child's online safety, and to have open communication with them about their online activity.

HELP YOUR CHILD SUCCEED IN SCHOOL: BUILD THE HABIT OF GOOD ATTENDANCE EARLY SCHOOL SUCCESS GOES HAND IN HAND WITH GOOD ATTENDANCE!

Did you know?

- Starting in kindergarten, too many absences can cause children to fall behind in school
- Missing 10 percent (or about 18 days) can make it harder to learn to read
- Students can still fall behind if they miss just a day or two days every few weeks
- Being late to school may lead to poor attendance
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up

Attending school regularly helps children feel better about school—and themselves. Start building this habit so they learn right away that going to school on time, every day is important.

Good attendance will help children do well in high school, tertiary education and at work

St. Albans Heights Primary School is committed to the safety and wellbeing of all children and young people, we have a zero tolerance for child abuse. This will be the primary focus of our care and decision-making.

The Check-In

LITERACY NUMERACY WELLBEING



WELLBEING

By Mr. Glenn & Ms. Christine

What you can do

- Set a regular bed time and morning routine
- Lay out clothes and pack backpacks the night before
- Find out what day school starts and make sure your child has the required shots
- Introduce your child to teachers and classmates before school starts to help transition
- Don't let your child stay home unless they are truly sick. If they are absent from school, please contact the school to let them know.
- Keep in mind complaints of a stomachache or headache can be a sign of anxiety and not a reason to stay home
- If your child seems anxious about going to school, talk to teachers, school counsellors, or other parents for advice on how to make her feel comfortable and excited about learning
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbour, or another parent
- Avoid medical appointments and extended trips when school is in session

Our Buddy Bench is officially opened for 2023

Yo, yo, yo, listen up all my homies,

I got something to say that's gonna make you feel less lonely.

We all know school can be tough, and sometimes we feel alone,

But there's a new kind of bench that's gonna change the tone.

It's called the buddy bench, and it's the coolest thing around,

When you're feeling down, just sit on it and wait to be found.

It's a place where you can make a friend, and find someone to talk to,

Someone who will have your back and help you through.

No more feeling left out, or standing on the sidelines,

With the buddy bench, you'll always have a friend who shines.

So let's all come together, and make our school a better place,

With the buddy bench, we'll spread happiness all over the place.

Thanks for listening, my friends, let's make this world a better space,

With the buddy bench, we'll all have a smile on our face.

Thank you to Bao, Ezekielle, Uc, Cardin, Harry, Louis and

Albert for revamping the buddy bench and creating this rap to let other students know about it.



Kind Regards,
Glenn Groves
Positive Climate and Engagement Leader

Christine Thewma
Student Wellbeing Officer



The Check-In

ART PE STEM JAPANESE
KITCHEN GARDEN

P.E. By Mr. Lambert

In Term 1 in PE we started with all students completing the beep test to see where their overall fitness levels are at. We have then started to get our teeth into our first sport of the term basketball while the Foundation/ 1 students work on their general core motor skills. Over the next 4 weeks we are delighted to have a coach from Basketball Victoria coming in to pass on her expertise to the Grade 3-6's.

Interschool sport for the 5/6s is also in full swing with us completing 3 fixtures so far in basketball, tee ball and tennis. Results have been mixed across the board with the girls remaining unbeaten on the basketball court. It has been great to see all the students getting stuck in and enjoying, for what is the first competitive action for a lot of students.

Remember that there are plenty of local sporting clubs in the area for different sports and funding is available from Brimbank Council to play so please explore giving your son or daughter that opportunity to play more sport out of school. If you need any help, please don't hesitate to contact me.

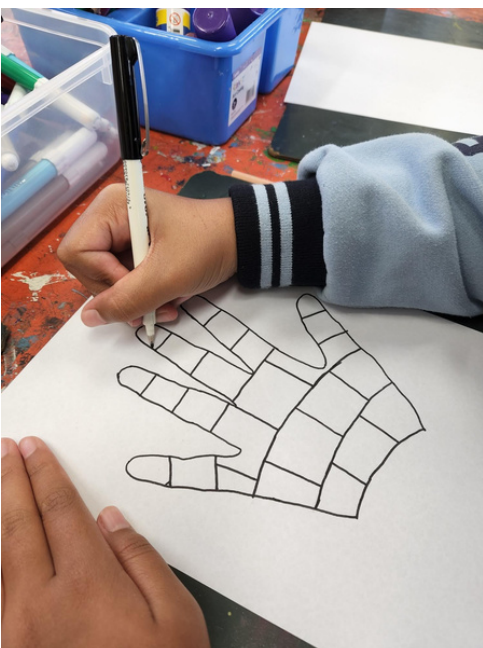


The Check-In

ART PE STEM JAPANESE

ART BY MR PODY

The students in Grade 5/6 have been studying abstract art through the use of warm and cool colours. They traced their hand and incorporated patterns, shape, lines, form and space. A complementary background of colours and designs was then decided on. These amazing masterpieces are on display around our school.



Herb's Heroes



HONESTY
EXCELLENCE
RESPECT
BELONGING

Olivia F/1A Belonging
Hayley F/1B Excellence
Elsa 1/2A Belonging
Joanna 1/2B Belonging
Son 1/2C Respect
Siraat 3/4A Excellence
Julia 3/4B Belonging
Trang 5/6A Excellence
Emma 5/6B Excellence
Sofia 5/6C Excellence
Andrei 5/6C Excellence
Maluk 5/6C Excellence
Helen 1/2B Excellence
Jed 1/2B Excellence

Aiden F/1A Belonging
Ally F/1B Belonging
Kenny 1/2A Honesty
Kayden 1/2B Honesty
Erhan 1/2C Excellence
Moosa 3/4A Excellence
Alisa 3/4B Excellence
Tanish 5/6A Excellence
Vaitoelau 5/6B Respect
Nancy 5/6C Excellence
Suka 3/4A Excellence
Danny 5/6C Excellence

The Check-In

COMMUNITY HUB



BY MS. DANNIELLE

What's New at the Hub.

Mini Roo's after school soccer program:

The Mini Roo's Soccer program is up and running for this term.

Mini Roo's is designed for kids of all abilities, from Foundation to grade Six. The nation-wide initiative uses short, game-based sessions to introduce the sport of football to newcomers in an inclusive way. It focuses on learning new skills, being active, making life-long friends and, potentially, unearthing the next generation of Subway Socceroos or CommBank Matildas.

When: Mondays from 3:15-4:30

Where: St Albans Heights Primary School, Stadium

Cost: Free

You must fill out a registration form to join.

Registration forms are at the front office.

Zumba:

Get fit and stay fit. Burn calories while having fun at one of the most fun exercise classes ever. Our classes are designed for those who have little or no prior dance experience; to those who started dancing before walking. With easy-to-follow moves and a catchy playlist, you will be shakin' it with us in no time. Our classes are designed to suit all fitness levels and all ages.

Join us for some fun, exercise and friendship.

Where: Holy Eucharist Primary school, hall.

1A Oleander Dr, St Albans VIC 3021

When: 9:30-10:30am

Cost: Free

Make, Create, Grow & Sew:

Join us every Tuesday in the Hub to get creative. Our craft and gardening program is open to everyone and is a fun environment to meet new people and learn new things. Each week we will do a different activity from crafting to gardening to going on excursions together.

Where: St Albans Heights Primary School, Community Hub.

When: Tuesdays 9:30-12:30

Cost: Free

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

All events are FREE of charge unless stated otherwise.

The Check-In COMMUNITY HUB



BY MS. DANNIELLE

St Albans Heights Primary School Community Hub Timetable. Term 1.

Monday	Tuesday	Wednesday	Thursday	Friday
Parents and Careers "Cuppa & Chat" 9:30-10:30am (In the School Community Hub)  Hub)	Make, Create, Grow & Sew. 9:30-12:30pm (In the School community Hub) 	Zumba 9:30-10:30 @ Holy Eucharist Primary School (Morning tea provided) 	English Class 9:30-12:00pm <u>(Child minding available)</u>  St Albans Heights Primary School.	
Vietnamese Playgroup 9:30-12:00pm  St Albans Heights Primary School.	"Sing & Grow" 9:30-10:30am  Pre-school Music therapy program. St Albans Heights Primary School.		Cooking and Conversation 1:00-3:00pm  St Albans Heights Primary School.	
Mini Roo's Soccer Program. 3:15-4:30pm  St Albans Heights Primary School.				

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.
All events are FREE of charge unless stated otherwise.

The Check-In

COMMUNITY HUB



What is Sing&Grow?

Sing&Grow provides Music Therapy services in the community for parents with children from birth to five years.



What happens at Sing&Grow

During sessions, a Music Therapist will lead you in singing, dancing and playing instruments with your child.

We use familiar and original songs to help you and your child have fun playing together.



Benefits for Children

Sing&Grow helps children

- Focus
- Learn about their emotions
- Follow instructions
- Make choices
- Practice their language and numbers
- Practice big and small movements
- Make friends

Benefits for Parents and Carers

Sing&Grow will help you

- Learn how to use music and play with your child
- Connect with other parents
- Receive help and advice with parenting challenges



The Check-In

COMMUNITY HUB



Make, Create

Grow & Sew

Do you enjoy gardening and crafting?

Do you enjoy learning new things?

Meeting new people?

If you do, then this class is for you!

**Get together with like minded people and
share and learn new skills and hobbies.**

Go on excursions.

**Grow your English skills and social
connections in a fun and positive
environment.**

Where: St Albans Heights
Primary School.

1 Norwich Street, St Albans.

When: Every **Tuesday** from
9:30am-12:30pm

Call Tammy for more details ph: 9311-9973 or
Dannielle on 9366-4211



The Check-In

OUTSIDE SCHOOL HOURS CARE NEWS



WEEK ONE TERM ONE 2023

COMMUNITYOSH NEWSLETTER ST ALBANS HEIGHTS PS



Thank you to all the families and children who enrolled and have been attending the St Albans Heights CommunityOSH Before & After School Care program. Our first week opened very successfully and we have made the most of every afternoon making and creating and enjoying each others company. This week we focused on Space. The activities the children participated in were Rocket Mosaic, Paper Plate Astronaut, Solar System Puzzle, Rocket Painting, and we also made Space Rocket Fruit Skewers. We hope now that everyone is back at school we will see new children join us to get in on the fun!

Thanks, Bethany & Bella



TO ENROL & BOOK, LOGIN OR CREATE YOUR ACCOUNT AT
WWW.COMMUNITYOSH.EDU.AU OR EMAIL ADMIN@COMMOSH.EDU.AU

The Check-In

COMMUNITY NEWS



UNIFORM SALE

FINAL CLEARANCE ITEMS

AVAILABLE WHILE

STOCKS LAST

SKORT SIZE 16

\$5



BIKE SHORTS

\$2



BE QUICK

The Check-In

COMMUNITY NEWS



ST ALBANS HEIGHTS PRIMARY SCHOOL CANTEEN MENU 2023

Hot Items

Lasagne <i>E</i>	\$4.50
Macaroni & Cheese <i>E V</i>	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Oven Bake Chicken Nuggets (Breast)	3/ \$3.30
Dim Sims (Steamed)	\$1.30
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.30
Regular Sausage Roll	\$3.50
Skinless Hot Dog	\$4.00
Nacho-with Salsa & Cheese <i>E V</i>	\$3.60
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00

Halal

Halal Hot Dog	\$4.00
Halal Pie	\$4.50
Lasagne <i>E</i>	\$4.50
Mac & Cheese <i>V E</i>	\$4.50
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Vegetable Pastie <i>V</i>	\$4.50

Drinks

600ml Water <i>E</i>	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20

Salad Bowls

Fruit Salad <i>E V</i>	\$1.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot, Italian dressing <i>E V</i>	\$4.00

Sushi-Wednesday and Thursdays only

2 Rolls from 7.00

Chicken Teriyaki, California, Tuna & Avocado.

Canteen will be open Wednesday, Thursday, and Friday in 2023.

Please place orders by 8.30 am via the QKR App.

ORDERS CAN BE PLACED VIA THE QKR APP & THROUGH THE CANTEEN

Download the Qkr app on your mobile or iPad today!

Sandwiches (Fresh or Toasted)

Salad <i>E V</i>	\$4.00
Ham <i>E</i>	\$3.00
Cheese <i>E</i>	\$3.00
Ham & Cheese <i>E</i>	\$3.20
HCT (Ham, Cheese & Tomato) <i>E</i>	\$3.70
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$3.70
Chicken with Lettuce & Mayo <i>E</i>	\$4.70
Tuna with Lettuce & Mayo <i>E</i>	\$4.70
Vegemite & Cheese <i>E</i>	\$3.00
Egg with Lettuce & Mayo <i>E</i>	\$4.20

Gluten Free Sandwiches Available add 30c

Rolls

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Wraps

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Snacks

Large Cookie	\$3.00
Koala Popcorn (Sweet chilli, Sweet & Salty, Salty) <i>V</i>	\$2.00
Jelly Cup <i>E</i>	\$1.50
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E= Healthy Option V =Vegetarian Option GF =Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c
Brown Paper Bag 12c



Kính thưa phụ huynh,

Các em đã bắt đầu năm học và ổn định một cách tuyệt vời. Tôi xin cảm ơn giáo bang, học sinh và quý phụ huynh đã cùng nhau làm việc để bảo đảm cho việc chuyển tiếp trở lại trường của mọi người được êm đẹp.

Việc Thông Tin qua COMPASS -

Nhà trường đã điều hành hệ thống quản lý học sinh qua compass trong một thời gian và phụ huynh cần phải tiếp tục lên trang mạng để theo dõi thông tin vì đây là phương tiện chính để liên lạc trong năm nay. Xin vui lòng tiếp xúc với văn phòng khi phụ huynh cần giúp đỡ. Trong năm nay nhà trường dùng "COMPASS PAY" cho nên phụ huynh cần "log on" hàng tuần để có thể trả tiền cho các sinh hoạt ở trường, có thể theo dõi sự có mặt của con tại trường, theo dõi các sinh hoạt, có thể đọc bảng tin, đọc báo cáo học lực, du ngoạn, chụp hình, cắm trại v.v.

Biết Ngày Phỏng Vấn Của Con -

Đây là cơ hội để phụ huynh gặp gỡ thầy cô giáo của con mình để trao đổi những quan ngại của mình (nếu có về cách giao tiếp trong xã hội, trình độ học lực hay bệnh lý) và cơ hội để biết các mục đích liên hệ khác trong năm học. Các buổi phỏng vấn này sẽ được tổ chức vào ngày thứ hai, 28 tháng 2 sau giờ học từ 3giờ 30 – 4giờ 30 và thứ tư, 2 tháng 3 từ 3giờ 30 – 5giờ 30. Buổi phỏng vấn sẽ tổ chức trong lớp và kéo dài trong 10 phút, phụ huynh cần đăng ký qua mạng COMPASS. Cần phải mang khẩu trang, giữ khoảng cách, ghi dấu hiệu QR , phải chích ngừa, sát trùng tay. Khách đến thăm trường phải chích ngừa hai lần, nếu không thì phải phỏng vấn qua ZOOM hay điện thoại.

Hội Đồng Nhà Trường -

Tất cả các trường công lập trong tiểu bang Victoria đều được điều hành bởi Hội đồng nhà trường. Trách nhiệm chính yếu của hội-đồng là cách vận dụng tài chánh, tu sửa, chính sách của trường v.v. Để tuân theo điều lệ của sở Giáo-dục tiểu bang Victoria, cuộc bầu cử vào hội-đồng phải được tổ chức trước ngày 16 tháng 3. Hiện tại hội đồng phải có: Đại diện

phụ huynh : 7 thành viên

Đại diện Giáo- dục : 2 thành viên

Mỗi đại diện được bầu cho 2 năm, một nửa đại diện đã xin thôi cho nên hội đồng đang cần: Đại diện phụ huynh : 4 thành viên

Đại diện Giáo dục : 0 thành viên

Cuộc bầu cử nay đã bắt đầu, xin phụ huynh đọc thông báo trên COMPASS để biết thêm nhiều chi tiết. Phiếu đề cử có tại văn phòng.

Xin lưu ý : Hội đồng nhón họp vào ngày thứ tư của tuần thứ ba mỗi tháng từ 9giờ 05 sáng.



Vietnamese



Giữ An Toàn Về Dịch Covid -

Phụ huynh có thể vào sân trường nhưng không thể vào trong lớp. Học sinh phải sắp hàng chỗ ấn định và theo cô thầy giáo vào lớp lúc 8 giờ 50 sáng. Vào cuối ngày học, học sinh cũng ra về chỗ đã ấn định. Tất cả các khách viếng thăm đều phải sát trùng tay trước khi vào trường.

Đặt Mua Thức Ăn Trưa -

Học sinh có thể đặt mua thức ăn trưa vào các ngày thứ tư, thứ năm và thứ sáu. Phiếu đặt mua phải qua "QKR app" trên phone hay trên máy điện tính (computer) Bảng danh sách thức ăn có đính kèm theo bảng tin này. Năm nay trường trung-học St Albans sẽ cung cấp dịch vụ này.

Nhóm Ăn Sáng -

Chúng tôi xin mời phụ huynh gia nhập vào nhóm ăn sáng miễn phí tại căn tin mỗi buổi sáng từ 8 giờ 30 sáng. Tất cả mọi người đều được tham dự miễn phí. Ms Leanne và Ms Salma mong được gặp phụ huynh.

Phòng Cộng-Đồng -

Phòng cộng đồng đã sinh hoạt trở lại phần đông trên mạng, mọi người đều được "Welcome". Các sinh hoạt này đều miễn phí và mọi người trong cộng đồng đều được tham gia. Xin liên lạc với văn phòng để biết thêm nhiều chi tiết.

Chương Trình "Gia-sư"(Tutor learning Initiative) -

Phụ huynh có thể đã biết chương trình gia sư của chính phủ để hỗ trợ học sinh năm 2022, những em đã bị nạn dịch covid ảnh hưởng. Nhà trường đã dùng quỹ trợ cấp này để vạch kế hoạch giúp đỡ các em bị chậm lụt vì bệnh dịch. Các giáo viên đã làm việc với giáo viên trưởng để nêu lên những yếu tố chỉ định cho những em nào cần sự giúp đỡ này, cấp thời ngắn hạn hay học tập trong nhóm nhỏ. Sự hỗ trợ này sẽ được khuyến khích hơn nữa bằng cách xử dụng phân tích dữ liệu này để thúc đẩy sự khác biệt hóa hiệu quả ở cấp độ lớp học, hầu mong tất cả các em đều tiến lên để đạt được điểm mong muốn. Nhà trường cũng chú trọng đến những thành tựu tối cao mà cần có những công việc mở rộng.

Trợ Cấp Cập Nhật -

Nhà trường đã xin và đã được chấp thuận một số trợ cấp của chính phủ để nâng cấp sân chơi chỗ "rocks area", nơi rộng sân "netball" chỗ phía sau bức tường gạch và hai trợ cấp cho "Active School grants". Xin cảm ơn Mr Chris, Mr Glenn và Ms Bubeck trưởng nhóm giáo viên đã viết đơn xin rất khéo léo hữu hiệu. Trường chúng ta vẫn tiến lên và trông rất đẹp mắt vì chúng ta luôn luôn làm việc tích cực để cải thiện khuôn viên trường.

Lời Cảm Ơn - Xin cảm ơn Ashon (Florian 1/ 2 B đã cho trường trà buổi sáng tuần vừa qua. Tất cả các giáo viên đều thích thú.

Ngày Soạn Thảo Chương Trình -

Các ngày 15 tháng 3, 10 tháng 6 và 31 tháng 10. Học sinh không đến trường trong những ngày này.