



St Albans Heights Primary School

Principal Mrs Effie Sultana

9366 4211

www.sahps.vic.edu.au

NEWSLETTER NO. 1

February 7th 2023

Principal's Message



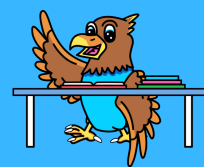
Welcome
Back!

IMPORTANT DATES

**Mon 27th Feb &
Wed 1st March**
Get to Know you interviews

Wednesday 22nd March
Community BBQ

Thursday 6th April
Last day of term 1
2.30pm Finish



Dear Parents/Guardians,

Welcome Back

Happy New Year to you all and welcome back to the 2023 school year. I hope you all managed to get some family time during the break. A very warm welcome to all our returning students and their families. I would also like to welcome our new students and their families – particularly our Foundation students. Foundies started last Friday and had a fabulous day. We are very proud of our school and our students, and I am sure that our new students and families will quickly become part of our school community.

Happy Lunar New Year to all of our families that celebrate. Wishing you a safe, happy and healthy 2023.

2023 Teaching Staff

Our school teaching team is below to assist families with who they need to speak to regarding any questions or concerns:

Foundation/Year 1A : Daniella Avati

Foundation/Year 1B : Irma Barrientos (M-W)/Kara Von Sendon (Th-F)

Year 1/2A : Nicole Richards

Year 1/2B : Mirella Di Sipeo

Year 1/2C : Rebecca Warren

Year 3/4A : Jimi Connal,

Year 3/4B : Helen Karvelas (M-W)/Abby Walsh (Th-F)

Year 5/6 A : Dylan Reithofer

Year 5/6 B : Laura Phillips

Year 5/6 C : Gary Laffy

Principal's Message Continued



Learning Specialists: F-2 sub school Daniella Avati and 3-6 sub school Jimi Connal

Leading Teacher: Glenn Groves (Positive Climate for Learning)

Assistant Principal: Rebecca (Bec) Bubeck

Principal: Effie Sultana

For any queries, please remember that your child's classroom teacher is always the first port of call. Learning Specialists, Leading Teachers and the Assistant Principal can also provide assistance and support as required. This structure will ensure that any queries are dealt with in a timely manner.

Our specialist teaching team consists of:

Art: Victor Pody (W-F)

Health & Physical Education : Simon Lambert (W-F)

Japanese & STEM (F-6) : Noly Noble

Stephanie Alexander Kitchen Garden Program :(Year 3/4) : Gail Pomfret

We also have a **student counsellor** Christine Thewma on site to support our students, staff and families.

Additional Intervention and Tutoring: Amber Leece (T-Th) and Gail Pomfret (M&Th)

School Office Staff: Penny Battaglia (Business Manager), Carole Murador and Loretta Musico

Library/First Aid & OHS: Coral Grant

ICT : Mrs Kowanjko

Education Support Staff: Hermina Hujdurovic, Leanne Etemovic, Salma Umme and Kim O'Shea

Before and After School Care: Bethany and Bella

School Leaders

Congratulations to our elected School Leaders for 2023. We look forward to presenting them with their badges on Monday 27th February. Ms Natalie Suleyman our local member of parliament will visit to recognise this exciting achievement.

Well done again to the following students, I look forward to working with you this year:

School Captains - Tram & Viet

Vice Captains - Jayda & Albert

Positive Engagement Leaders: Nhi and Bao

ICT - Elearning: Louis & Jacob

Sustainability: Wendy & Uc

House Captains-

Green: Peter and Bryan N

Blue: Harry & Ezekielle

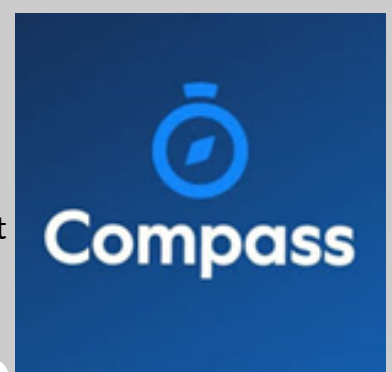
Red: Nullah NL & Yunas O

Yellow Tiffany & Maluk

We welcome all parents and families to attend this special assembly.

Communication - via COMPASS

The school has been using the Compass student management system for a while now and parents need to continue to access their online portal as this will be our main method of communication. Please see the office for support if needed. This system will better connect you to your child's learning, as well as give you quick access to attendance records, school events, fortnightly newsletters and student reports.



Principal's Message Continued



COMPASS Pay

All events and activities must be authorised online through COMPASS PAY. Parents should log on weekly in order to give consent and pay for all school activities via this portal. Please limit cash transactions at the office as we do not normally carry change.

Yard Supervision/Drop off and pick up

In line with Department of Education and Training (DET) guidelines, the school provides supervision in the yard from 8.30am until school starts and after school until 3.30pm. Therefore there are staff members on yard duty from 8:30am each morning and until 3:30pm in the afternoon. We ask that parents do not drop off their children before 8.30am and that they collect their children from school before 3.30pm. Staff usually have meetings to attend and preparation to complete for the following day. Your assistance with this matter would be greatly appreciated. Out of School Hours care is available every morning and afternoon. Contact Bella on 0413544966



Covid Safe Practices

Parents are allowed to be on school grounds but should not enter buildings, other than the office. Students will line up in their specific area and be taken inside by their teachers at 8.50am. At the end of the school day students will be dismissed from the same lining up area.

All visitors to the school must sanitise their hands prior to entering any internal space. Sharing of school resources will be limited as much as possible at school. All classes/rooms have air purifiers

We encourage any student, staff or family member that is not feeling well and shows any cold and flu like symptoms to stay at home.



Attendance every day is vital

It important that students attend school every day (when they are well) and that they remain at school for the entire day. Where possible, please do not make appointments for your child during the school day, try not to drop them off late or pick them up early as this disrupts their learning and impacts their absence data. Any absences must be reported to the school office, classroom teacher or entered on COMPASS immediately. A daily SMS will be sent home at 10am each day for any unexplained absences.

**IT'S NOT OK
TO BE AWAY**

Uniform

Wearing the correct school uniform is very important as it sets the culture and tone of our school. All students must be in the correct navy school uniform and wear a SunSmart hat when out in the yard. Please note: black is not part of our uniform and all leggings and tops underneath the uniform must be navy in colour. Uniform may be purchased through the school office. If you need assistance or support with this, please contact Ms Christine or see the office staff. Your support is greatly appreciated.



Principal's Message Continued



Lunch Orders

Lunch orders will be available again this year on a Wednesday, Thursday and Friday. Orders will need to be placed via the QKR app on your phone or computer. A canteen menu will be distributed with this newsletter. This year St Albans Secondary College will continue to provide this service for us. Homemade lunches should be packed in your child's bag in the morning and not brought in during the school day. The office is quite busy and are unable to distribute lunches every day. Of course, in an emergency we are happy to help.



Mobile Phone Policy - Implementation

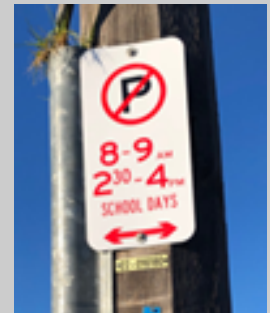
All Victorian government schools are required to implement a local Mobile Phone Policy. The policy requires that students do not bring mobile phones to school, however if they need to for whatever reason the phone MUST be signed in and out at the front office. Students should not have mobile phones on them, in their bags or in the classrooms.

A reminder that personal items of value should not be brought to school by staff or students as the Department of Education doesn't provide cover for any loss or damage. This includes cars parked in or around the school grounds.



Parking around the school

There is limited parking around the school, you may want to park further away and walk to the school gates with your children. Please follow all parking signs and restrictions in order to avoid a fine. The front of the school is a "Drop and Go" Zone. You may stop here for 2 mins only whilst children get in and out of the vehicle. We ask that you move on quickly to allow others to park and collect their children also.



Breakfast Club

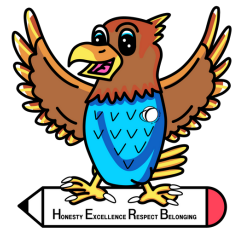
All families are invited to join us in the canteen area for a free breakfast each morning from 8.30am. Everyone is welcome to attend and there is no charge to do so. Ms Leanne and Ms Salma are looking forward to seeing you all.



Community Hub

Community Hub activities are starting up again, everyone is welcome! These activities are free and available to all members of the school and wider community. Please contact the school office or Danielle for more information.

Principal's Message Continued



School Council Vacancies

We have some vacancies for School Council beginning from the first meeting in March. SC meets on the third Wednesday of each month from 9-11am. If you are interested in being a part of the decision making process and understanding more about how our school operates, contact the school office to register your interest. Multiple nominations mean we will go to a vote.

Curriculum Days and Professional Practice Days

These have been approved by School Council for 2023. Students do not attend school on these days as staff are undergoing Professional Learning and training on this day. 14th March, 24th April, 7th November, 20th December (and one more PPD to be confirmed).

Parent Payment Policy

Details have been placed on COMPASS, students have been provided with all their learning materials including stationary required for this year. Parent contribution to this cost is \$50, as the school council is continuing to subsidise this cost for families.

This year promises to be another fantastic one for St Albans Heights PS, term 1 is jam packed with some exciting things planned for students and families. Our results in 2022 in Literacy, numeracy and Wellbeing were once again amazing. This year we undergo a school review of the past four years of learning. Get to know you interviews and the Community BBQ are always a highlight in term 1. I look forward to working with you all to continue to achieve the best possible outcomes for all our students.

Effie Sultana
Principal

CSEF

CSEF applications for 2023 are now open.

Eligible parents or carers with a health care card can apply for CSEF. If you received C.S.E.F. last year, you do not need to re apply. If your circumstances have changed, please contact the school office.

Principal's Message Continued



Privacy Collection Notice

Information for students, parents and carers

The Department of Education and Training (the Department) values your privacy and is committed to protecting the personal and health information that schools collect.

All school staff must comply with Victorian privacy law and the Schools' Privacy Policy. This notice explains how the Department, including Victorian government schools (schools), handles personal and health information. On occasion, specific consent will be sought for the collection and use of information, for example, for a student to receive a health service. Our schools are also required by legislation, such as the Education and Training Reform Act 2006, to collect some of this information.

Throughout this notice, 'staff' includes principals, teachers, student support service officers, youth workers, social workers, nurses and any other allied health practitioners, and all other employees, contractors, volunteers and service providers of the school and the Department.

On enrolment, and during the ordinary course of a student's attendance at a school, schools will collect information about students and their families for the following purposes:

- educating students
- supporting students' social and emotional wellbeing, and health
- fulfilling legal obligations, including duty of care, anti-discrimination law and occupational health and safety law
 - communicating and engaging with parents
 - student administration
 - school management
- supporting policy in relation to student education and wellbeing.

If this information is not collected, schools may be unable to provide optimal education or support to students or fulfil legal obligations.

For example, our schools rely on parents to provide health information about any medical condition or disability that their child has, medication their child may take while at school, any known allergies and contact details of their child's doctor. If parents do not provide all relevant health information, this may put their child's health at risk.

Our schools also require current, relevant information about all parents and carers so that schools can take account of safety concerns that affect their children. Parents should provide schools with copies of all current parenting plans and court orders about or that affect their children and provide updated copies when they change.

When parents enrol their child in primary school, they will be asked to provide personal and health information in several ways, including via the Enrolment Form, the School Entrance Health Questionnaire (SEHQ) and the Early Childhood Intervention Service (ECIS) Transition Form.

Principal's Message Continued



The Enrolment Form is used to collect information that is essential for the purposes listed above, and requests information such as:

- **Emergency contacts** – Individuals parents nominate for a school to contact during an emergency. Parents should ensure that their nominated emergency contact agrees to their contact details being provided to the school and that they understand their details may be disclosed by the Department if lawful, e.g. in the case of emergency communications relating to bush fires or floods.
- **Student background information** – Information about country of birth, Aboriginal or Torres Strait Islander origin, language spoken at home and parent occupation. This information enables the Department to allocate appropriate resources to schools. The Department also uses this information to plan for future educational needs in Victoria and shares some information with the Commonwealth government to monitor, plan and allocate resources.
- **Immunisation status** – This assists schools to manage health risks and legal obligations. The Department may also provide this information to the Department of Health and Department of Families, Fairness and Housing to assess immunisation rates in Victoria, but not in a way which identifies students.
- **Visa status** – This is required to process a student's enrolment.

All schools may use departmental systems and online tools such as apps and other software to effectively collect and manage information about students and families for the purposes listed above. When schools use these online tools, they take steps to ensure that student information is secure. If parents or carers have any concerns about the use of these online tools, please contact the school.

School staff will only share student and family information with other school staff who need to know to enable them to educate or support the student as described above. Information will only be shared outside the school (and outside the Department) as required or authorised by law, including where sharing is required to meet duty of care, anti-discrimination, occupational health and safety, and child wellbeing and safety obligations. The information collected will not be disclosed beyond the school and Department without parent consent unless such disclosure is lawful.

When a student transfers to another school (including Catholic, independent and interstate), personal and/or health information about that student may be transferred to the next school. Transferring this information is in the best interests of the student and assists the next school to provide the best possible education and support to the student. For further detail about how and what level of information is provided to the next school, refer to the: Enrolment: Student transfers between schools

Schools only provide school reports and ordinary school communications to students, parents, carers or others who have a legal right to that information. Requests for access to other student information or by others must be made by lodging a Freedom of Information (FOI) application.

To update student or family information, parents should contact their school.

For more information about how schools and the Department collect and manage personal and health information, or how to access personal and health information held by a school about you or your child, refer to the: Schools' Privacy Policy



The Check-In

FOUNDATION - GRADE 2 NEWS

FOUNDATION/1 BY MS DANIELLA, MS IRMA & MS KARA

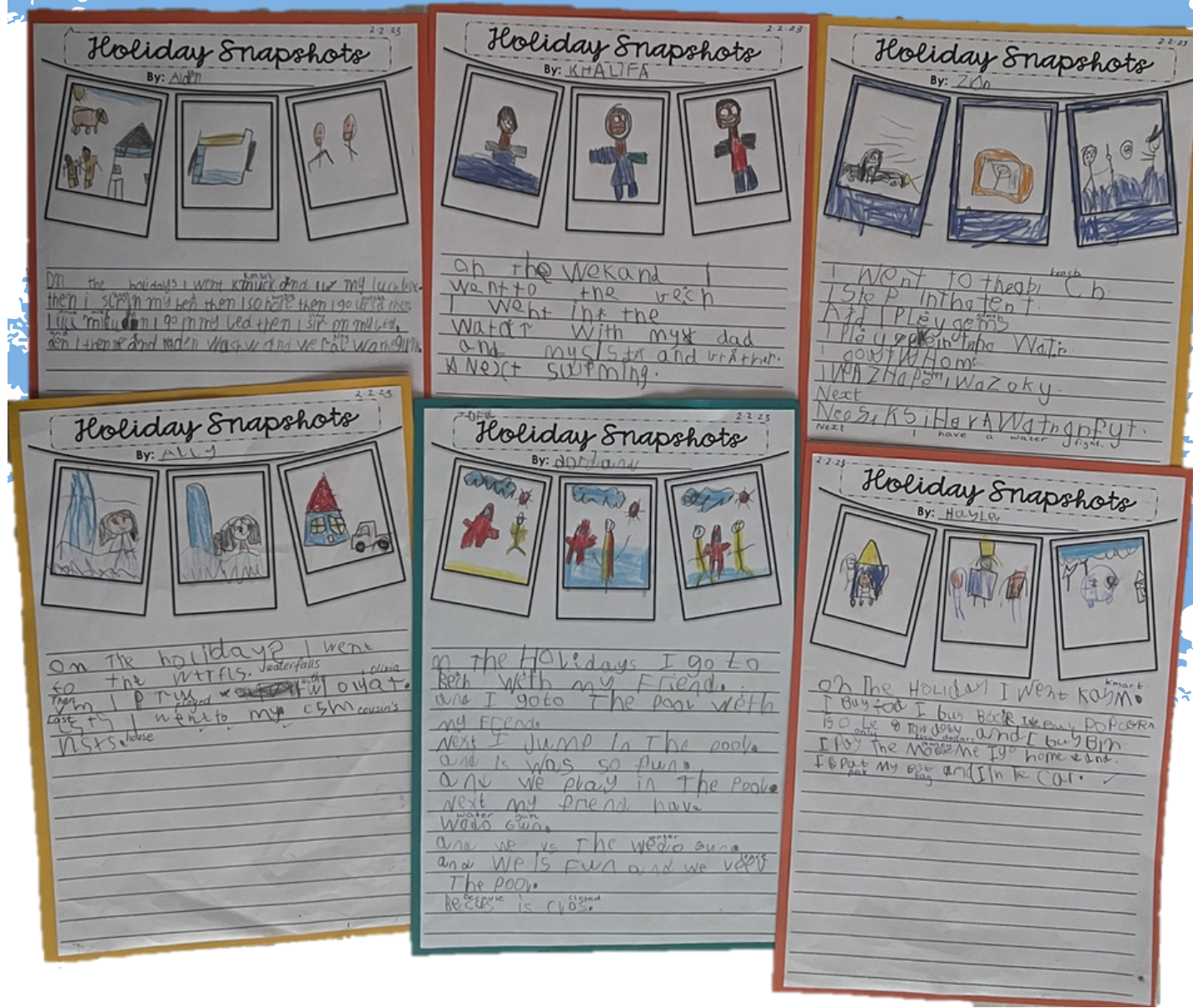
F/1 News

It's been a great start to the school year in the F/1 A and B rooms! Ms Avati, Ms Barrientos and Ms Von Senden welcomed the Grade One students on Monday and have had a wonderful week getting to know each other, revising our school and class routines and working on literacy and numeracy skills. On Friday February 3, we welcomed the Foundation students, and it was lovely to finally have everyone together.

Please remember to check your child's take-home bag each day for important notices. This is also where you'll find their diary and home reader. We ask that after listening to your child read or after reading together each day, to please sign their diary.

We can't wait to show you more of what we're learning in the next newsletter. In the meantime, be sure to connect to your child's Seesaw journal (invitations were sent home this week in your child's take-home bag) to stay up to date with what is happening in our classrooms.

Here is some of the amazing writing completed by Grade One students about their holidays.





The Check-In

FOUNDATION - GRADE 2 NEWS

1/2 BY MS NICOLE, MRS MIRELLA & MS REBECCA

Happy Lunar New Year!

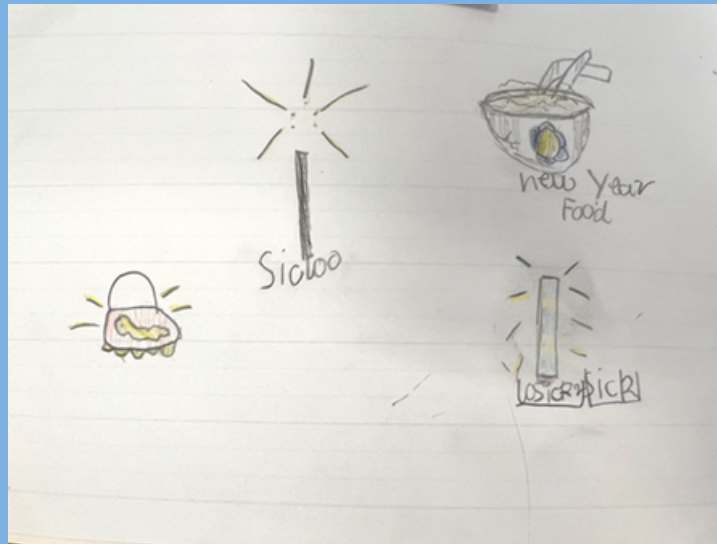
To start the year off in 1/2s, we explored what we know about Lunar New Year. Students shared that they had a fantastic time with their families, went to festivals and saw the fireworks. To celebrate at school we made origami cats. We then began our writing for the year. Here are some of the students work through our stages of generating ideas for writing.

1. Language Experience: We all create or do something together to have shared knowledge and vocabulary.

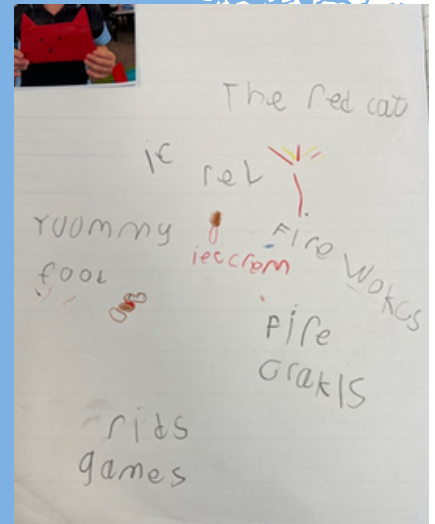
2. Word Splashes: Add our ideas using words and pictures.



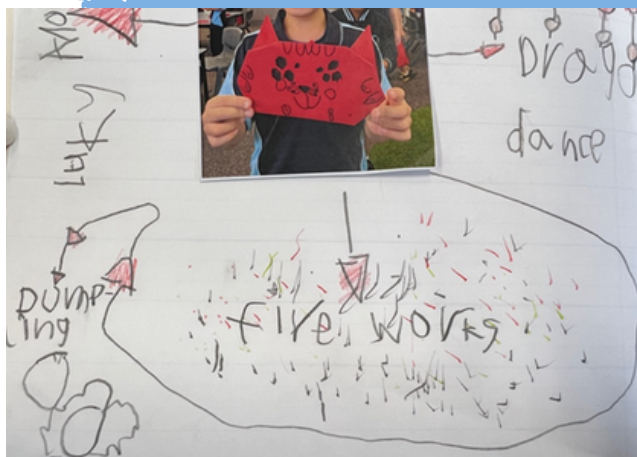
Helen



Angelina N



James M



Kayden M



Gurfateh

3. Rocket Write: We write as many sentences as we can by ourselves. Later in the term we will begin turning our Rocket Writes into drafts where we focus on our spelling and grammar.



The Check-In

FOUNDATION - GRADE 2 NEWS 1/2 BY MS NICOLE, MRS MIRELLA & MS REBECCA

Lunar new year was last week, i also saw beautiful fireworks i loved the fireworks it was awesome i also went to the festival there was dancing dragons i enjoyed the dancing dragon dance. I went home and made fireworks.

Sophia

Lunar new year. In Lunar new year I eat sum Lunar noodles it was good I saw the fire. It was bad I ate sum more food I went home I saw I had fun I like the fire.

Angelina N


Lunar new year fireworks were so loud and pretty. I went to the festival! There were tasty food, rides, Adult rides and it was ~~so~~ so much fun! I made my cat was red and it had a face! ~~It was~~ I saw the Lion dance and there were loud drums, there were even dragons as well.

Angelina L

02/02/2023 ~~1/2~~ Tiffany
When I see lunar new year. They celebrate lunar new year it was so so so beautiful so I take 10 photos and we buy sum food and we go home and we eat the food and we finish eat and we clean the table and we wash all dishes and we turn the light off and we go to sleep.

Tiffany

Lunar new year
As I was watching the fireworks I saw sig
Culro HAPI simyfunr.
Jagldewas dexing.



Jasmine

I saw the fireworks.
I ate some food
that were so good.
I saw the dragon
dance it was
so cool!
I rode the scary
ride I don't like
it. The lady
gave me a red
with a pop
and money.

Victor

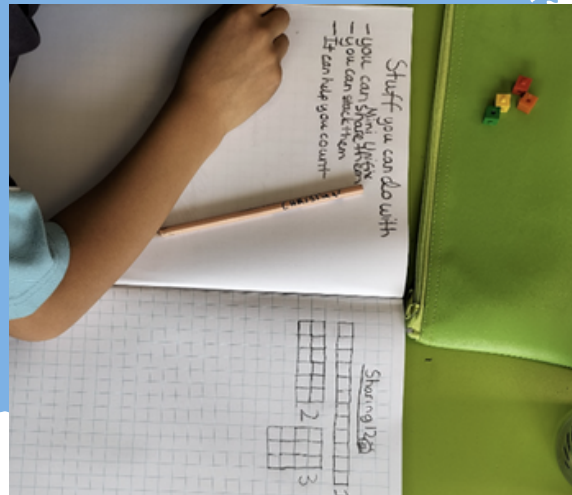
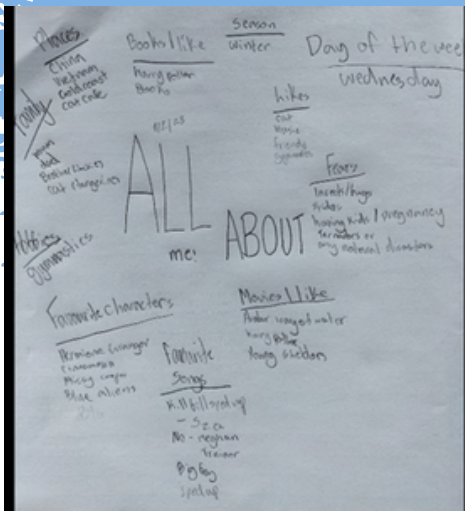
From the 1/2 team,
12A&B Teachers Miss Nicole and Mrs Di Sipio. ES support Mrs Salma.
12C: Ms Rebecca, ES support Mrs Leanne.



BY MR JIMI, MS HELEN, & MS ABBY

In literacy, students have chosen books and decided how they would like to organise our classroom libraries. Students have also selected a range of personal library books that will keep them engaged in reading while they work on their reading goal. In writing, students set up their Writer's Notebook by thinking about good 'seeds' for writing. These writing 'seeds' will be used in the future to generate ideas for writing.

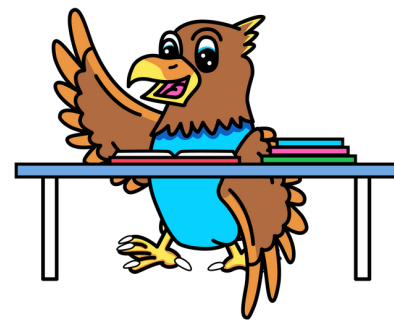
Just a reminder for 3/4 parents. Students should be reading every night and filling in their Reading Diaries. Homework is sent home on Monday and is due back on Friday each week. Parent logins for SeeSaw have also been sent home and it's great to see so many parents connected to the Grade 3/4 classes.



We, the students of 3/4A, come to school to learn and challenge ourselves. We always try our best and make sure everything we do is high quality. We understand that making mistakes is a part of learning. We are calm, stress-free and respectful. At the end of 2023 we will feel proud of ourselves for learning and being better than we were before.

The Check-In

GRADE 3-6 NEWS BY MR GARY, MS LAURA & MR DYLAN

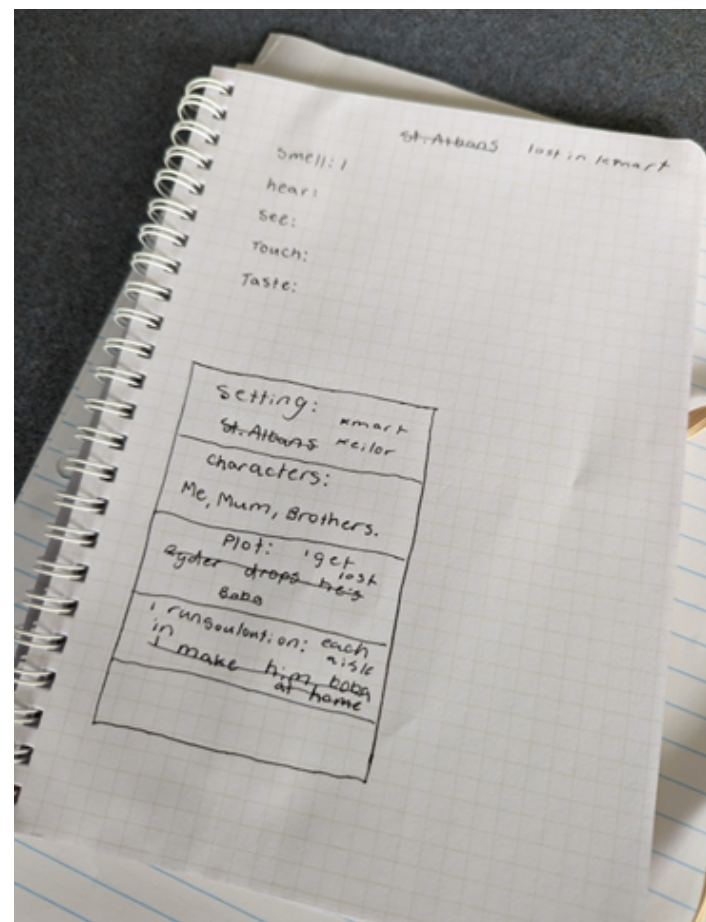
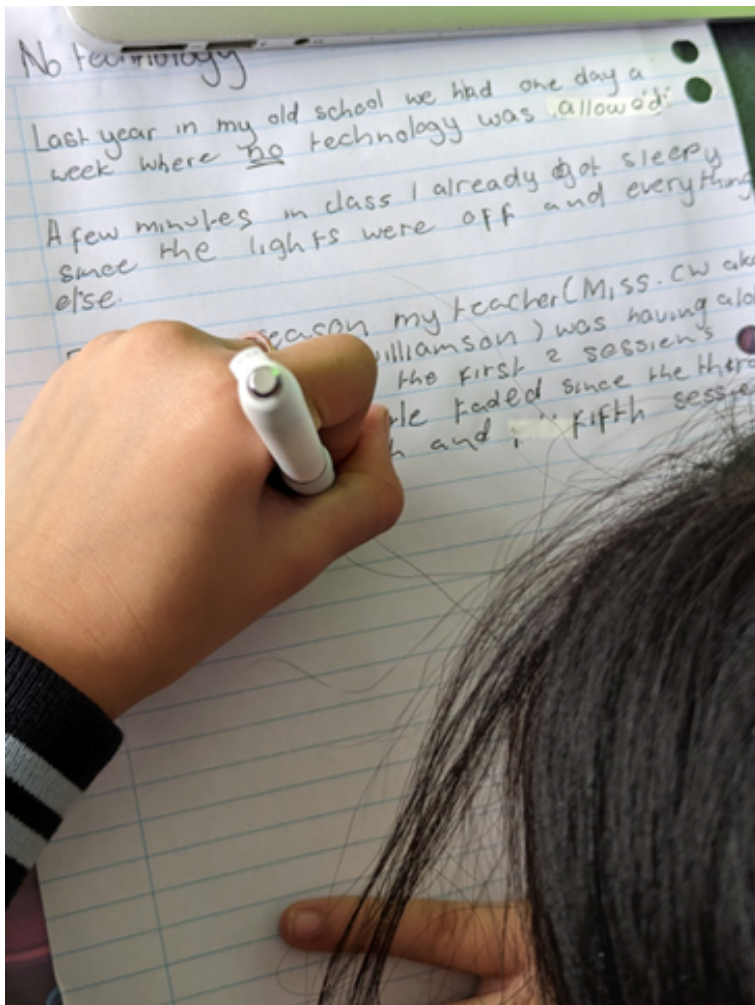


Currently in Year 56 we are working on improving our writing stamina and using the five senses to improve our descriptions.

Students have been improving their writing stamina, descriptive skills and writing without becoming distracted. Three tips that have helped us improve our writing are:

1. Generating Ideas: Set a timer for two minutes and write down as many ideas as you can, without worrying about their quality. This exercise helps you generate ideas quickly, and at the end of the timer you can choose your best idea to begin writing.
2. Including descriptions: Practise writing descriptions that involve all five senses - sight, sound, smell, taste, and touch. This technique helps bring your writing to life, making it more engaging for the reader.
3. Distraction-free writing: Minimise distractions while writing by turning off devices and notifications, finding a quiet place to work and keeping our work areas tidy.

By practising these tips in our writing routine, we have been improving our writing stamina, making it easier for us to write effectively and create more engaging stories.



The Check-In

LITERACY NUMERACY WELLBEING



LITERACY BY MRS. BUBECK

Hi SAHPS Families

Welcome to a new school year.

Your child/ren would have already started bringing home a book to read every night as well as their school diary to record their reading in.

We ask that you support your child with their nightly reading, which is part of our homework program, by listening to them read, read with them or read to them.

Students are asked to record the book they have read and that a parent/guardian sign the diary at least once a week. Depending on the year level that your child/ren are in they will need to record some information about they have read in their diary. This may be writing a sentence about the book, new vocabulary they have read, information about a character etc.

To make home reading a successful and positive experience for everyone, it is a good idea to establish a routine at home with a time to read and a nice comfy place to enjoy the book.

The graphic below highlights the importance of time spent reading everyday.

If at any time you have questions about your child's reading do not hesitate to contact their classroom teacher.

Happy Reading

Mrs Rebeca Bubeck
Assistant Principal

Reading Every Day Goes a Very Long Way

Student A Reads

- 20 minutes per day
- 3,600 minutes per school year
- 1,800,000 words per year



Student B Reads

- 5 minutes per day
- 900 minutes per school year
- 282,000 words per year



Student C Reads

- 1 minute per day
- 180 minutes per school year
- 8,000 words per year



Want to be a better reader? Read more!



ink saving Eco

The Check-In

LITERACY NUMERACY



WELLBEING



WELLBEING

By Mr. Glenn & Ms. Christine

We have had a very smooth start to the school year with all students settling quickly into their new classes. We are continuing with our School Wide Positive Behaviour Support this year and all students will learn about our school values and expectations through explicit teaching. Our SWPBS program is based on our school values. Our values are Honesty, Excellence, Respect and Belonging. School Wide Positive Behaviour Support (SWPBS) is a framework that brings together school communities to develop positive, safe, supportive learning cultures. SWPBS assists schools to improve social, emotional, behavioural and academic outcomes for children and young people. We are implementing our new SWPBS matrix that has been developed with staff and students. Students learn the expectations for each area of the matrix. Students are encouraged and rewarded for displaying the school values with our MVP cards and the SWPBS shop will continue, this is where students can trade in their MVPs for prizes, prizes consist of stationary, toys and sporting equipment. The shop has been running for over a year now and has been a huge hit with the students.

 St Albans Heights Primary School Positive Behaviour Expectations <i>Soaring to Greater Heights</i> 						
	Learning Areas	Oval & Play Equipment	Toilets	Passive Areas Moving around the school	School Community	Online
We show Honesty by	<ul style="list-style-type: none"> Communicating our feelings Returning others' belongings Asking for support Completing our own work Reporting inappropriate behaviours 	<ul style="list-style-type: none"> Playing fairly when needed Actively discussing issues with staff Reporting inappropriate behaviours Playing in the correct area Handing in lost property 	<ul style="list-style-type: none"> Using toilets when needed Asking for permission to use toilets Reporting toilet misuse 	<ul style="list-style-type: none"> Reporting inappropriate behaviours Getting permission when leaving the classroom Understanding other classes are learning 	<ul style="list-style-type: none"> Being positive role models 	<ul style="list-style-type: none"> Acknowledging sources of information Following age restrictions Following ICT protocols Reporting inappropriate behaviours
We show Excellence by	<ul style="list-style-type: none"> Completing high quality work Celebrating all achievements and efforts Using feedback to improve Knowing and striving to achieve our goals Trying our best Using class time effectively 	<ul style="list-style-type: none"> Using positive language when playing Being SunSmart Lining up when the music starts 	<ul style="list-style-type: none"> Returning to learning / play promptly when finished 	<ul style="list-style-type: none"> Being ready when the music stops Waiting with our class Following the expectations of the area Taking the appropriate path Staying together 	<ul style="list-style-type: none"> Representing the school positively Showing leadership skills Showing pride in our school 	<ul style="list-style-type: none"> Keeping personal information to ourselves Staying on the required task Being responsible online citizens Using devices as intended
We show Respect by	<ul style="list-style-type: none"> Actively listening Following teacher instructions Caring for others' belongings Giving and receiving feedback Using kind words Waiting our turn to speak 	<ul style="list-style-type: none"> Demonstrating good sportsmanship Sharing and taking turns Looking after equipment Giving everyone personal space 	<ul style="list-style-type: none"> Understanding everyone's right to privacy Keeping the facilities clean Using toilets properly Waiting quietly and patiently 	<ul style="list-style-type: none"> Sharing the space Waiting calmly for the teacher Caring about the safety of others Moving quietly around buildings Moving in a safe way Staying outside during breaks Using the correct door to enter/exit 	<ul style="list-style-type: none"> Treating others fairly Caring for the environment Valuing everyone's learning Following expectations of places we visit Using nice manners 	<ul style="list-style-type: none"> Communicating with kind words Looking after equipment Valuing learning for all
We show Belonging by	<ul style="list-style-type: none"> Supporting everyone in our class Accepting each other's differences Working together Listening to others Encouraging others 	<ul style="list-style-type: none"> Playing safely Allowing others to join in Sharing play equipment 	<ul style="list-style-type: none"> Sharing our toilet space Going to the toilet with a buddy 	<ul style="list-style-type: none"> Being patient when moving around the school Including everyone 	<ul style="list-style-type: none"> Accepting others' opinions Understanding that everyone is different Wearing correct uniform every day Welcoming everyone 	<ul style="list-style-type: none"> Helping others with ICT Reporting issues

If you would like more information about the or have suggestions on improving SWPBS program at St Albans Heights primary, please contact me.

Kind Regards,
Glenn Groves
Positive Climate and Engagement Leader

Christine Thewma
Student Wellbeing Officer

St. Albans Heights Primary School is committed to the safety and wellbeing of all children and young people, we have a zero tolerance for child abuse. This will be the primary focus of our care and decision-making.



The Check-In

ART PE STEM JAPANESE

ART BY MR PODY

It's great to be back in the Arts program this year. The students have settled in extremely well into Art Room routines and expectations. Last week all classes contributed to an Arts Vision statement. There were some fantastic ideas shared. The grade 1/2s started exploring the use of colour and the importance of colour in their artwork. Later this year we will celebrate our school's fantastic creativity at an Art Show. More information during the year. Best regards, Mr Pody.



The Check-In

COMMUNITY HUB



BY MS. DANNIELLE

Hi there SAHPS families,
Welcome back. I hope everyone had a restful break. Welcome to our new families also.
Most of the Community Hub activities will be up and running this week.

This year we have a new program running for term one for pre-school aged children called "Sing & Grow", it is music therapy program to engage children and their parents in language development and social skills.

Running every Tuesday morning from 9:30-10:30 in the STEM room.

Our first "Cuppa & Chat" session for parents will be held week 3 of this term from 9:30-11 in the Community Hub.

This is a great opportunity to get to know other parents and learn about the Hub and what it can offer yourself and your family.

We are lucky enough to have our Principal, Effie and Assistant Principal Rebecca join us for our first catch up as a meet and greet. Rebecca will be discussing the "take home" reading program and how best you can support your child/children at home.

No need to book, just head over after assembly.

All other programs are the same as last year, I have attached a timetable for you to have a look at. I have also attached a flyer for the Sing & Grow program.

If you are interested in joining any of the programs or you have any questions feel free to call me on 9366 4211 or pop into the Hub located behind building B in the community garden.

You can also keep up with the Hub shenanigans on Facebook, give us a Follow @ <https://www.facebook.com/SAHPSCommunityHub>

Warm Regards,
Dannielle Tomlinson
Community Hub

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.

All events are FREE of charge unless stated otherwise.

The Check-In






COMMUNITY HUB



BY MS. DANNIELLE



St Albans Heights Primary School Community Hub Timetable. Term 1.

Monday	Tuesday	Wednesday	Thursday	Friday
Parents and Careers "Cuppa & Chat" 9:30-10:30am (In the School Community Hub) 	Make, Create, Grow & Sew. 9:30-12:30pm (In the School community Hub) 	Zumba 9:30-10:30 @ Holy Eucharist Primary School (Morning tea provided) 	English Class 9:30-12:00pm <u>(Child minding available)</u>  St Albans Heights Primary School.	
Vietnamese Playgroup 9:30-12:00pm  St Albans Heights Primary School.	"Sing & Grow" 9:30-10:30am  Pre-school Music therapy program. St Albans Heights Primary School.		Cooking and Conversation 1:00-3:00pm  St Albans Heights Primary School.	

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call **Dannielle on 9366-4211.**

Everyone is welcome & all events are **FREE** of charge unless stated otherwise.

If you're interested in joining any of our classes, please email your interest to dannielle.tomlinson@education.vic.gov.au or call Dannielle on 9366-4211.
All events are **FREE** of charge unless stated otherwise.

The Check-In

COMMUNITY HUB



What is Sing&Grow?

Sing&Grow provides Music Therapy services in the community for parents with children from birth to five years.



What happens at Sing&Grow

During sessions, a Music Therapist will lead you in singing, dancing and playing instruments with your child.

We use familiar and original songs to help you and your child have fun playing together.



Benefits for Children

Sing&Grow helps children

- Focus
- Learn about their emotions
- Follow instructions
- Make choices
- Practice their language and numbers
- Practice big and small movements
- Make friends

Benefits for Parents and Carers

Sing&Grow will help you

- Learn how to use music and play with your child
- Connect with other parents
- Receive help and advice with parenting challenges



The Check-In

COMMUNITY HUB



ABOUT US

At playgroup parents and carers get together with their young children each week to connect, learn through play and most importantly, have fun. Essentially, playgroup is one of the first, and most important social networks for children and families.

Benefits of Playgroup:

- Provides opportunities for creative, unstructured learning through play;
- Builds attachments between adults and children as they play together and share time and experiences;
- Helps children develop social skills as they learn to interact with others, take turns, share and make friends;
- Provides experiences that enable them to manage stress and adapt to change.
- It is absolutely FREE

Where: St Albans Heights Primary School.

When: Every Tuesday 1:00-3:00pm

MULTICULTURAL PLAYGROUP

Where children learn best through play

**JOIN US
NOW!**



Contact
Dannielle
Ph 9366 4211

UNIFORM SALE
FINAL CLEARANCE ITEMS
AVAILABLE WHILE
STOCKS LAST

SKORT SIZE 14 and 16

\$7



BIKE SHORTS

\$3



BE QUICK

The Check-In

COMMUNITY NEWS



ST ALBANS HEIGHTS PRIMARY SCHOOL CANTEEN MENU 2023

Hot Items

Lasagne <i>E</i>	\$4.50
Macaroni & Cheese <i>E V</i>	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Oven Bake Chicken Nuggets (Breast)	3/ \$3.30
Dim Sims (Steamed)	\$1.30
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.30
Regular Sausage Roll	\$3.50
Skinless Hot Dog	\$4.00
Nacho-with Salsa & Cheese <i>E V</i>	\$3.60
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00

Halal

Halal Hot Dog	\$4.00
Halal Pie	\$4.50
Lasagne <i>E</i>	\$4.50
Mac & Cheese <i>V E</i>	\$4.50
Falafel Bites GF Vegan <i>E</i>	3/ \$3.00
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Vegetable Pastie <i>V</i>	\$4.50

Drinks

600ml Water <i>E</i>	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20

Salad Bowls

Fruit Salad <i>E V</i>	\$1.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot, Italian dressing <i>E V</i>	\$4.00

Sushi-Wednesday and Thursdays only

2 Rolls from 7.00

Chicken Teriyaki, California, Tuna & Avocado.

Canteen will be open Wednesday, Thursday, and Friday in 2023.

Please place orders by 8.30 am via the QKR App.

ORDERS CAN BE PLACED VIA THE QKR APP & THROUGH THE CANTEEN



Download the Qkr app on your mobile or iPad today!

Sandwiches (Fresh or Toasted)

Salad <i>E V</i>	\$4.00
Ham <i>E</i>	\$3.00
Cheese <i>E</i>	\$3.00
Ham & Cheese <i>E</i>	\$3.20
HCT (Ham, Cheese & Tomato) <i>E</i>	\$3.70
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$3.70
Chicken with Lettuce & Mayo <i>E</i>	\$4.70
Tuna with Lettuce & Mayo <i>E</i>	\$4.70
Vegemite & Cheese <i>E</i>	\$3.00
Egg with Lettuce & Mayo <i>E</i>	\$4.20

Gluten Free Sandwiches Available add 30c

Rolls

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Wraps

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Snacks

Large Cookie	\$3.00
Koala Popcorn (Sweet chilli, Sweet & Salty, Salty) <i>V</i>	\$2.00
Jelly Cup <i>E</i>	\$1.50
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E= Healthy Option V =Vegetarian Option GF =Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c
Brown Paper Bag 12c



Vietnamese



Lời Nhắn Gởi Từ Bà Hiều Trương

Xin chúc mừng năm mới với tất cả phụ huynh năm 2023. Tôi mong rằng phụ huynh cùng gia đình đã có thời gia nghỉ ngơi thoải mái. Xin chào mừng các em học sinh và phụ huynh đã trở lại trường. Tôi cũng xin chào các em học sinh mới và cha mẹ, nhất là các em lớp mẫu giao mới.

Lớp Mẫu giáo đã bắt đầu ngày thứ sáu vừa qua và đã có một ngày thật là vui. Chúng ta rất hạnh diện với ngôi trường này và tôi tin chắc rằng phụ huynh và các em học sinh mới sẽ hội nhập vào trường chúng ta rất nhanh chóng. Xin chúc mừng năm Quý Mão đến với những gia đình ăn Tết âm lịch. Mong quý vị hưởng được một năm An Khang Thịnh Vượng. Xin chúc tất cả mọi gia đình sức khỏe hạnh phúc trong năm 2023.

Thành Phần Giáo Bang -

Mẫu giao/lớp 1A : Daniella Avati

: Irma Barrientos (M-W)/Kara Von Sendon (Th-F)

Lớp 1/ 2B : Mirella Di Sipeo

Rebecca Warren

Lớp 3/4 A : Jimi Connal

Lớp 3/4 B : Helen Karvelas (M-W)/ Abby Walsh (Th-F)

Lớp 5/6 A : Dylan Reithofer

Lớp 5/ 6B : Laura Phillips

Lớp 5/6C : Gary Lafy

G/V Đặc biệt : F-2 Daniella Avati và Jimi Connal (Sub school)

Giáo viên trưởng : Glenn Groves

Hiệu phó : Rebecca Bubeck

Hiệu trưởng : Effie Sultana Mỗi khi có điều gì thắc mắc thì giáo viên lớp là người trực tiếp để phụ huynh tiếp xúc. Các giao viên đặc biệt cũng có thể giúp đỡ. Với hệ thống này sẽ chắc chắn mọi thắc mắc sẽ được giải đáp đúng lúc.

Các giao viên đặc biệt gồm có:

Nghệ thuật: Victor Pody (w - F)

Giáo dục Thể dục & sức khỏe: Simon Lambert (W- F)

Japanese& STEM (F-6) : Noly Noble

Chương trình "kitchen - Garden" (lớp 3/4): Gaill Pomfret

Nhà trường cũng có người cố vấn cho học sinh: Christine Thewma sẵn sàng giúp đỡ học sinh, gia đình, giao viên.

Giáo viên bổ túc (dạy thêm): Amber Leece (T - Th) và Gail Pomfret (M&Th)

Văn phòng: Penny Battaglia, Carole Murador. Và Loretta Musico.

Thư viện/Chăm sóc đầu tiên : Coral Grant

ICT : Mrs Kowanjko

Chăm sóc ngoài giờ học: Bethany và Bella

Học sinh trưởng trường: Xin chúc mừng các em trưởng trường đã được tuyển chọn năm 2023. Ngày 27 tháng 2 Ms Natalie Suleyman Dân biểu Quốc hội sẽ đến thăm, chứng kiến sự thanh tựu này. Tôi rất mong được gặp gỡ và làm việc với các em trong năm nay.

Trưởng trường : Trâm và Việt

Trưởng phó : Jayda và Albert

Hỗ trợ hành vi tốt đẹp : Nhi, Ba

ICT - Elearning Louis & Jacob

Sustainability : Wendy &Uc

Mẫu giao/lớp 1B

Lớp 1/ 2A : Nicole Richards

Lớp 1/2C :



Vietnamese



House Captain

Xanh : Peter và Bryan N

Xanh lơ : Harry và Ezekielle

Đỏ : Nulla NL và Yunas O

Tiffany và Maluk

Xin hoan nghênh tất cả phụ huynh tham dự buổi chao cờ đặc biệt này.

Thông tin qua Compass – Nhà trường đang dùng phương tiện Compass để điều hành các công việc tại trường cho nên phụ huynh cần dùng mạng in to net để tiếp xúc, liên lạc với trường. Nếu phụ huynh nào cần giúp đỡ thì nên liên lạc với trường

Trả Tiền Qua COMPASS : Tất cả các sinh hoạt đều qua mạng (online). Phụ huynh cần “log on” hàng tuần để gửi giấy thỏa thuận hay trả tiền qua hệ thống này. Xin hạn chế việc trả tiền tại văn phòng vì trường không có hệ thống chuyển tiền.

Giám thị sân trường/ Đưa đón con : Tại trường giao viên có mặt từ 8giờ 30 đến 3giờ 30 chiều. Phụ huynh không nên đưa con đến trước 8giờ 30 sang và đón con sau 3giờ 30 chiều vì không có giao viên trông coi, cô thầy giao thường bận họp hay soạn bài. Trường xin cảm ơn sự hỗ trợ của phụ huynh. Việc chăm sóc ngoại giờ học đang thi hành. Phụ huynh nào cần dịch vụ này thì liên lạc với Bella 0413544966.

Giữ An Toàn Về COVID: Phụ huynh có thể vào sân trường nhưng không vào lớp, không vào văn phòng. Học sinh sắp hàng chỗ ấn định, cô thầy giao sẽ hướng dẫn vào lớp lúc 8giờ50. Chiều các em ra về theo chỗ như buổi sang. Khách viếng thăm cần phải sát trùng tay trước khi vào trường. Trong các phòng đều có hệ thống lọc sạch không khí. Khi giao viên, học sinh phụ huynh cảm thấy không được khỏe, có dấu hiệu cảm cúm thì không nên đến trường.

Đi học Thường Xuyên – Đi học chuyên cần là điều cần thiết và học suốt ngày tại trường. Phụ huynh cần cố gắng tranh làm các buổi hẹn trong giờ học, không nên đưa con đến trễ hay đón con sớm vì sẽ làm cản trở lớp học. Sự vắng mặt để lưu trữ trong Compas tại văn phòng. Tin nhắn SMS sẽ gửi về gia đình lúc 10 giờ khi con em vắng mặt không lý do.

Đồng Phục – Mặc đồng phục đúng cách là điều quan trọng. Các em cần phải mặc đúng màu xanh dương, đội nón Sunsmart khi ra sân. Các loại màu đen hay “legging” hay áo lot bên trong đồng phục cũng màu xanh dương như đồng phục. Phụ huynh mua đồng phục tại văn phòng trường. Phụ huynh nào cần giúp đỡ trong vấn đề này thì nên liên lạc với Ms Christine hay đến văn phòng. Mọi sự hỗ trợ của phụ huynh đều được hoan nghênh.

Mua Ăn Trưa: Đặt mua ăn trưa thường xuyên ngày thứ tư, thứ năm và thứ sáu. Đơn đặt mua cần gửi qua QQR app trong phone hay computer. Thực đơn sẽ đính kèm theo bảng tin này. Năm nay trường trung học vẫn tiếp tục cung cấp thức ăn trưa. Thức ăn trưa làm tại nhà thì các em cần mang trường hợp đặc biệt.

Điện thoại cầm tay: Theo thể lệ thì học sinh không đem điện thoại cầm tay đến trường. Trong trường hợp đặc biệt thì điện thoại phải ký gửi tại văn phòng và không được phép giữ trong cặp, trong lớp. Các em không nên đem đồ vật quý giá đến trường vì trường không có tiền bồi thường, ngay cả xe đạp chung quanh trường.

Tiền trợ cấp CSEF: Phụ huynh nào có thẻ trợ cấp sức khỏe thì có thể xin tiền trợ cấp này. Nếu phụ huynh đã xin tiền này trong năm vừa qua thì không cần phải làm đơn xin lại. Nếu có điều gì thay đổi thì nên liên lạc với trường.