Dear Families and Friends,

Our swimming program has been a great success with 157 students attending over the last two weeks. The swimming program is an important part of the school Physical Education program for students to build their confidence and skills in water safety. Thank you to all staff and parents for supporting the 2017 swimming program and in particular to Mrs Goldsworthy and Mrs Stewart for their organisation. Next year the program will be subsidised for Year 6 students. There will be more information about this in 2018.

Congratulations to Afomeya Mengistu for winning Outstanding Primary Student awarded by Deputy Premier and Minister for education, Hon. James Merlino at the Centre of Multicultural Youth.
50-YEAR ANNIVERSARY

Wednesday 28th March 2018

2018 marks our 50 year anniversary as a school. We opened our doors in 1968 on May 10 and we have a lot to be proud of in the 50 years of service to our community. To mark the special milestone, we will be having a whole school celebration on Wednesday 28th March 2018 whilst we still have day light savings and hopefully good weather.

Our committee team is now being formed and we have some interest from both our staff and parents. Our first meeting will be on Monday 13th November at 3:30pm.

50 Year Anniversary Committee

I am interested in being on the 50 Year Anniversary Committee.

Name .................................................................

My child’s name ....................................................

.................................................................

and class .........................................................

I will be attending the meeting on Monday 13th November at 3:30pm (please circle) YES / NO

Ms Helen Otway

2018 Enrolments and staffing

We are currently confirming our enrolments for 2018. It is important that we know how many students will be here next year so we can properly organise our staffing. If you are aware that you will be leaving the school, please ensure you let the office know. Or if you know of any families coming into the area, please advise them to enrol as soon as possible so we have enough teachers in the school.

Retirement News

I’d like to send on my warmest regards to Mrs Jenny Harris who has formally let me know that she will be retiring at the end of October. Jenny has been in the school since 2006 working as an Assistant Principal for most of that time. She has contributed much to the community over that period, ensuring that children come to school well supported and ready to learn.

Thank you Jenny Harris and I wish you the very best in your retirement.

Helen Otway
Principal, SAHPS

SCHOOL NEWS

BPAY

Please be advised that the school is now offering BPAY as an alternate method of payment. Please come to the office and ask for a statement to get your BPAY biller code and reference number.
S.A.H.P.S WEBSITE
Please visit www.sahps.vic.edu.au and see what’s new! All current school programs are included, you can view newsletters and download all school notices. There is also up to date contact information.

If you would like a newsletter emailed to you, please request this via the link. 😊

PAYMENTS FOR SCHOOL EVENTS
All money and C.S.E.F payments go to the CLASSROOM TEACHER IN THE MORNING.
This is very important as it allows each classroom teacher the opportunity to record payments. Money and C.S.E.F. authorisations will then be sent to the office. Please come to the office if you are paying using E.F.T.P.O.S.
Thank you for your co-operation.

EDUCATION SUPPORT FOR PRIMARY SCHOOL CHILDREN, WHO HAVE A PARENT IN PRISON
SHINE for Kids is a not for profit organisation. Their main objective is to support children through a range of programs that supports, gives hope, inspires, nurtures and empowers the child to be the best person they can be. We are currently running an Education Support program. All Primary schools in the Brimbank area are eligible to apply for this assistance.

Each child receives 1-1 conferencing and tutoring on a weekly basis. We have evidence that this program not only improves social, emotional and academic performance, but it also increases attendance rates and self-esteem in the student.

When: Monday - Friday Time: 9.00am – 3.00pm – An hour per student
Where: We come to your school
Cost: There is no cost for this service

Gastroenteritis or Gastro at school
Gastroenteritis is an illness triggered by the infection and inflammation of the digestive system. Typical symptoms include abdominal cramps, diarrhoea and vomiting. In many cases, the condition heals itself within a few days.

Children with gastro should be kept at home until they have fully recovered.

Symptoms
Nausea
Vomiting
Diarrhoea
Abdominal pains/ craps
Generally feeling unwell, including lethargy and body aches

Treatment
Drink plenty of fluids
Admission to hospital in severe cases

Prevention
Wash your hands thoroughly with soap and water regularly.
Clean the toilet and bathroom regularly.
Use disposable paper towels to dry hands rather than with cloth towels.
Keep all kitchen surfaces and equipment clean

Symptoms
 Nausea
 Vomiting
 Diarrhoea
 Abdominal pains/ craps
 Generally feeling unwell, including lethargy and body aches

Treatment
 Drink plenty of fluids
 Admission to hospital in severe cases

Prevention
 Wash your hands thoroughly with soap and water regularly.
 Clean the toilet and bathroom regularly.
 Use disposable paper towels to dry hands rather than with cloth towels.
 Keep all kitchen surfaces and equipment clean
Enquiries: Contact Sheryl Forrester  
sforrester@shineforkids.org.au or  
Phone 03 96628038

If this issue effects your family, please have a confidential discussion with Julie, Natalie or Gail from the Allied Health Team or you can contact the service directly.

Kind regards Julie Leech

Student Wellbeing

BUILDING BRAINS WORKSHOP

The workshop scheduled for 15 September was cancelled and has been rescheduled for Friday, 3 November. The Building Brains program assists parents to understand child brain development and its impact on behaviour, learning & socialization. It's informative and fun!

WHEN: Friday, 3 November 9.00-11am
WHERE: Room 10 - Allied Health Team Office (opposite Library)
RSVP: 1 November - please let our admin staff or Julie Leech know that you are attending. Please also indicate if you require child care.

COMMUNITY HUB

BREAKFAST CLUB

8:30am till 8:50am everyday
All students welcome!

FAIRY GARDEN PROGRESS

The Grade 1/2 Fairy Garden is starting to take some shape. Some of the parents came in to help with grouting the mosaicked pavers while the Grade 3/4 students helped out with some of the other painting jobs. Hopefully we will be able to put the Fairy Garden together before the end of the term!
Playgroup!

Join other families at playgroup on a Friday at 9am till 11am in the Play and Say Room

Fee: $2

Did you know our Hub is on Facebook?!

Find our Hub on Facebook at: www.facebook.com/SAHPSCommunityHub/

English Classes in Term Four

Seeking new members!

Join Jo our English teacher and these smiling faces every Tuesday from 9:30am till 10:30am for English classes in the Play and Say Room!

Topics covered in Term Four:

1. Locating health and medical information.
   Engage in conversations about recognising health conditions, describing the symptoms associated with common illnesses, recognising appropriate actions to take to manage common illnesses and injuries and locating medical support in the local area.

2. Identifying settlement options.
   Discuss information on finding health practitioners and clinics, locating Medicare and Centrelink services, accessing interpreters and other language support and finding childcare, a local primary or secondary school.

3. Identifying Australian leisure activities.
   Discuss leisure activities in Australia, sources of information on leisure activities in Australia and language used to describe main types of leisure activities in Australia.

To join this class please come along on Tuesday to meet Jo the teacher or for more information please speak to Hub Leader Sophie. Ph: 9135 4211

Cooking Class

School Council member Manjeet will be cooking up a storm!

9am Wednesday - 8th of November in the Canteen

Upcoming cooking session - Everyone welcome!

Wednesday - 9th of November
Wednesday - 16th of December
Wednesday - 20th of December
End of year celebration with Marleen!

For more information please speak to Hub Leader Sophie
COMMUNITY NEWS

LUNCH GUIDELINES

At St Albans Heights Primary School, we are a diverse community with many different food cultures and work schedules. Whilst it can be busy through the week, we encourage our students to bring along a healthy lunch. A healthy lunch provides the nourishment needed for children to learn effectively through the day.

The following rules now apply when bringing lunches to school.

RULES

Lunch should be packed in the morning and placed in the school bag. This develops independence and gets them ready for secondary school.

For food safety, please put any hot food in an insulated bag or thermos. Food will not be stored in a fridge or oven at school.

We do not accept fast food as appropriate lunch for students. Fast food such as MacDonald’s, KFC, fish and chips or Hungry Jacks will be turned away.

Fast food cannot be “disguised” in other take away containers.

When food is turned away, the student will be provided with a cheese sandwich for lunch.

HUẾNG DẪN VỀ ĂN TRƯA
Tại trường St Albans Heights P.S. chúng ta có nhiều sắc tộc, nhiều thực ần truyền thống và giờ giấc làm việc của phụ huynh cũng rất khác biệt. Trong khi mọi người có thể bận rộn suốt tuần nên nhà trường khuyến khích các em đi học mang theo thực ăn lành mạnh. Thực ăn lành mạnh sẽ cung cấp đầy đủ bổ dưỡng cần thiết cho việc học tập suốt ngày.

Nhiều điều lệ dưới đây sẽ được thực hiện từ tháng 8 năm 2017 cho việc đem thực ăn trưa đến trường.

Qui Định

Thực ăn nên Giám sá tự sáng sớm để vớ cặp xách. Điều này giúp con em tỉnh thân tự lập để sẵn sàng khi lên trung học.

Đề xuất an toàn, thực án nóng nên để trong bao ị cách nhiệt (insulated bag) hay bình thủy (thermos). Thực ăn không được tự lạnh hay trong lò nóng ở trường.

Không đem thực ăn “fast food” như là McDonald, KFC, Fish and chips hay Hungry Jacks. Những thứ này nhà trường sẽ ngăn cấm.

Không nên mang những thực ăn “fast food” bằng cách để trong những hộp khác.

Khi thực ăn bị trả lại thì em đồ sẽ được cung cấp bánh xanh ươt với phô ma (cheese)
Our Tram Has Launched!

Congratulations to all those involved in the tram's design!

The tram will be travelling on routes 6 and 19 till March 16th!

You can find the tram using the TramTracker App with our tram number 5002

Community hubs
Connect. Move. Live.

[Image of a group of people in front of a colorful tram and another image of the tram inside a garage]
Cáncngâyquantrông:
Thứ hai, 06/11: Ngày soanthâochưọngtrínhtinhoc sinh ngihihoc
Thứ ba, 07/11: Ngay Melbourne Cup học sinh ngihihoc
Thứ hai, 20 - thứ ba, 21/ 11: Lớp 3/ 4 cắmtrai

VáilöiôtelbàHiếu-trường:
Phu-huyuanhvacácbanthánhmén,
Chươngtrinhboilöitiénhánhtríttótđępvoi 157 học sinh
thamdytronghauétuân.Boilöilâmótphânquântrongtrôngtrinhthéducđêgiúphoc sinh phâatriéntinh truc vây
vakýnângboilöi an toàn. Xácâmontâtcánhúngaidàthamgia, hôtrochưọngtrínhtánhâltlà Mrs Goldworthy và
EmAfomeyaMengistrudâôcâcbâkghen tai trungtâm Multicultural Youth do
phôThũhiênvâôtrőrônggiàoductâng, xînhêngngièm.

Lễ sinh nhậtthứ 50 cúatriuơng St Albans Heights PS
Năm 2018 sêđánhđáúngay sinh nhâtthứ 50 cúatriuơng.Chùng ta sêtkôuchúcómîngaytríngdânâygây thútu, 28
tháng 3 2018.
Ban tôiđúcđââånhnhânhvânsênhômhopđautopêntôngâythúthú, 13 tháng 11 lục 3giór 30.
Phu-huyunhânaomùonÎihxíndêntênvâophiêu (xemphântiêngAnh)

Dãngkýnâm 2018 vàïiecbôtrígiáioviên
Hientâinhtríuơngmuôngxácđinhêsôdéđêdângchôiviëcbôtrígiáioviên.Phu-huyunhânaoc y dínhrôitrôuông hay
biêtngühröínâomùonÎínhvâ uncungvùùungnâythíchxíndêângkýcângsômâcângtôô

Tin hurutri
Mrs Jenny Harris muônxinnghihuruâtrícúóithâng 10.Báđđêntrôuôngtrôntâm 2006
dêđââmhiphâcûhiêutrôuôngvâbâđâđônggôprânthiéuchôcôngđôngstrôngthôígian qua.
Tôîînngôîlôínhôinhânonâনđên Mrs Harris vâcâuchúcâbđrôçmôidiêuanlànhkhînhîhuroô.

TIN TỨC CỬA TRƯỞNG
Tiênthâtahoâncâ sinh
hoạtâtirôuôngthínhênnôpchogiáioviênlôp.Diêunàyâtquântroôngvigâoiêncôthébiêtemnâodâthânhtoânvâemnâo
chura. Phu-huyunhânaotrâbângthêhíôcôthêđênvânhôông.

Website cúatriuơng:
www.sahps.vic.edu.au Phu-huyunhôcôthêođôítôitôcôcâ sinh hoatcâuatriuơngtrên website nây

Viêchôôtrôçâchôc sinh có cha me trongvônglaolôy:
Xindôc them trongphântiêngAnhvâtiêpxúcôcô Julie Leech débiêtcáçquênlôicôa con minh.

Viêmdâàdyâvâruôít-Hiênthâtâinhtríuơngđâôáïaím bi
bênhnây.Viêmdâàdyâvâruôít-lâbênhnâyviêmbôphânthiêuhóavôcôcâtrícüiêuchưôngnhûâuthâbôngduôí, tiêuchây,
ôímuá. Emnâôbicâtrícüiêuchưôngtrênthînên ô nhâchodênhkhîkhîihân.
Nênuônghômûunôc, rûratayhûôngxùên, lautakyhôânggiây, chuâcâvuâphôntâmthrôngxùên,
giôrbêpnúcsachsê. Nêubêngnângthîdîbhênhvîen.
**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>MONDAY 23RD OCTOBER TIL</td>
<td>Swimming</td>
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<td>FRIDAY 4TH NOVEMBER</td>
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<td>MONDAY 6TH NOVEMBER</td>
<td>Curriculum Day</td>
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<td>NO SCHOOL</td>
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<tr>
<td>TUESDAY 7TH NOVEMBER</td>
<td>Melbourne Cup Day</td>
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<td>NO SCHOOL</td>
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<td>THURSDAY 16TH NOVEMBER</td>
<td>Readiness Program</td>
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<td>2PM – 3PM</td>
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<td>THURSDAY 30TH NOVEMBER</td>
<td>Readiness Program</td>
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<td>2PM – 3PM</td>
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<td>MONDAY 20th TIL TUESDAY 21ST NOVEMBER</td>
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<td>3/4 CAMP</td>
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<td>THURSDAY 7TH DECEMBER</td>
<td>Readiness Program</td>
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<td>9.15 – 11AM</td>
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<td>THURSDAY 7TH DECEMBER</td>
<td>Foundation 2018 Big Day In</td>
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<td>WEDNESDAY 28TH MARCH</td>
<td>50 YEAR CELEBRATION</td>
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