Dear Families and Friends,

Last week we held our biennial Art Show. Congratulations to our students, Mr Victor Pody, Mr Noly Noble and all the staff who helped out with the setting up and the behind the scenes administration. The show was well attended by our SAHPS families and students, and it was so pleasing to see the community spirit and the sharing of artwork.

Our annual 5/6 camp this year was once again well attended. Our students were able to get involved in the many activities including raft building, giant swing, archery, yabbling, damper making and a scavenger hunt. All these activities are designed to stretch the students and to develop confidence through a safe and supported environment.

This Friday is the last day of term 3. School will finish at 2.30pm. Have a safe and relaxing holiday.

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*Teamwork * Respect *Honesty * Belonging

“At St Albans Heights Primary School we embrace the diversity of our community. We provide a safe and rich learning environment where quality programs enable students to achieve their full potential.”

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IMPORTANT DATES
Wed 20th Sep – Cooking Class Lunch 11am.
Fri 22nd Sep – Fun Food Breakfast
Fri 22nd Sep – Last Day of Term 3 2.30pm Finish
Mon 9th Oct – Curriculum Day No School
Tues 10th Oct – 1st Day of term 4
Tues 17th Oct – 5/6 Lego Excursion

PAYMENTS DUE
Wed 20th Sep - Swimming
Fri 13th Oct – Lego Excursion
The 1/2 disco and Year 2 sleepover was a lovely experience for our younger students who demonstrated excellent manners and respectful behaviour. For many of our students this may be the first time away from home. Our teachers were all very supportive and caring and made sure the students felt well looked after yet also independent enough to prepare for future camps.

A big Thank You to all parents who have been dropping off students on time in the morning. 5/6D was the winner last week with only one late arrival for the week. This is a great improvement and ensure that our students do not miss out on any important instructional time.

Parents have also been supporting the school by making the school lunch in the morning and putting it in the school bag before school starts. This is an important school routine that allows the child to be independent and not waste time waiting for their lunch each day.

School is a great place to grow student independence and confidence!

Have a wonderful holiday with your family and stay safe.

Helen Otway

SCHOOL NEWS

A SPECIAL MESSAGE FROM MR PODY ABOUT THE ART SHOW.

A HUGE THANK-YOU to all of the St Albans Heights Community for supporting this year's "MASTERPIECES OF SAHPS ART SHOW". It was fantastic to see so many families visit the Art Show and enjoy the high quality art work on display. I would also like to thank the many companies who supported the raffle. So many awesome prizes were donated. Having the Art Show was a lovely way to celebrate "Art" and "Community" in one. Best regards to all!

BPAY

Please be advised that the school is now offering BPAY as an alternate method of payment. Please come to the office and ask for a statement to get your BPAY biller code and reference number.

SUNSMART – A REMINDER

As a SunSmart School, all children must wear either a bucket hat or a broad brimmed hat during outdoor activities. Children without a hat will not be allowed to play in the sun. Please ensure that your child’s name is on their hat. Hats are available at the office for $10.
MONEY FOR SCHOOL EVENTS
All money that students need to bring into the school to pay for events, excursions, sport etc should go to the CLASSROOM TEACHER IN THE MORNING. This is very important as it allows each classroom teacher the opportunity to see who has paid before money is sent to the office. This also means that traffic through the office area can be kept to a minimum. Please come to the office if you are paying using C.S.E.F. or E.F.T.P.O.S.
Thank you for your co-operation.

SWIMMING
Payments are now being received for our Whole School Swimming Program in Oct/Nov this year. Final payments are due on Wednesday 20th September. Drownings are still one of the most common causes of accidental deaths in Australia and that is why swimming lessons are essential.

S.A.H.P.S WEBSITE
The new website is now live!!! Please visit www.sahps.vic.edu.au and see what’s new! All current school programs are included, you can view newsletters and download all school notices. There is also up to date contact information if you would like to contact the school.

BE ON TIME: 10 to 9
This week is the first week of our Be On Time 10 to 9 Program. We want all students to try to arrive at school on time. We understand if students have an appointment but please try to regularly get your child to school by 10 to 9. The program will run until the end of term for 3 weeks and the grade with the least amount of late arrivals will receive a reward. So set those alarm clocks and please BE ON TIME at 10 to 9!

EDUCATION SUPPORT FOR PRIMARY SCHOOL CHILDREN, WHO HAVE A PARENT IN PRISON
SHINE for Kids is a not for profit organisation. Their main objective is to support children through a range of programs that supports, gives hope, inspires, nurtures and empowers the child to be the best person they can be. We are currently running an Education Support program. All Primary schools in the Brimbank area are eligible to apply for this assistance. Each child receives 1-1 conferencing and tutoring on a weekly basis. We have evidence that this program not only improves social, emotional and academic performance, but it also increases attendance rates and self-esteem in the student.

When: Monday -Friday Time: 9.00am – 3.00pm – An hour per student
Where: We come to your school
Cost: There is no cost for this service
Enquiries: Contact Sheryl Forrester sforrester@shineforkids.org.au or Phone 03 96628038

If this issue effects your family, please have a confidential discussion with Julie, Natalie or Gail from the Allied Health Team or you can contact the service directly.
Kind regards
Julie Leech
Student Wellbeing

Please cut this out and return to the office.

I am interested in being part of the 50 Year Anniversary Celebration Committee:

Name:
Child’s name:
Contact number:
Days I am available to attend planning meetings:
LUNCH GUIDELINES

At St Albans Heights Primary School, we are a diverse community with many different food cultures and work schedules. Whilst it can be busy through the week, we encourage our students to bring along a healthy lunch. A healthy lunch provides the nourishment needed for children to learn effectively through the day.

As of August 2017 the following rules will apply when bringing lunches to school.

RULES

1. Lunch should be packed in the morning and placed in the school bag. This develops independence and gets them ready for secondary school.
2. For food safety, please put any hot food in an insulated bag or thermos. Food will not be stored in a fridge or oven at school.
3. We do not accept fast food as appropriate lunch for students. Fast food such as MacDonald’s, KFC, fish and chips or Hungry Jacks will be turned away.
4. Fast food cannot be “disguised” in other take away containers.
5. When food is turned away, the student will be provided with a cheese sandwich for lunch.

HUỘNG DẪN VỀ ĂN TRƯA

Tại trường St Albans Heights P.S. chúng ta có nhiều sắc tộc, nhiều thức ăn truyền thống và giờ giấc làm việc của phụ huynh cũng rất khác biệt. Trong khi mọi người có thể bận rộn suốt tuần nên nhà trường khuyên khích các em đi học mang theo thức ăn lành mạnh. Thức ăn lành mạnh sẽ cung cấp đầy đủ dưỡng chất cho việc học tập suốt ngày.

Những điều lệ dưới đây sẽ áp dụng từ tháng 8 năm 2017 cho việc đem thức ăn trưa đến trường.

Qui Đính

1- Thức ăn nên gói sẵn từ sáng sớm rồi để vào cặp xách. Điều này giúp con em tỉnh táo tập đẻ sà sàng khi lên trung học.
2- Để giữ an toàn, thức ăn nóng nên để trong bao bị cách nhiệt (insulated bag) hay bình thủy (thermos). Thức ăn không để túi lành hay trong lò nóng ở trường.
3- Không đem thức ăn “fast food” như là McDonald, KFC, Fish and chips hay Hungry Jacks. Những thức này nhà trường sẽ ngăn cấm.
4- Không nên ngụy trang những thức ăn “fast food” bằng cách để trong những hộp khác.
5- Khi thức ăn bị trả lại thì em đồ sẽ được cung cấp bánh xanh ươy với phô ma (cheese)
Thank you for your support collecting ‘Earn and Learn Stickers’. Your efforts have filled our collection box to the top. That is an amazing community effort, well done everyone.

The next steps will be to count all of our filled sticker cards and find out how many great things we can choose for our students to have at school.

Thank you again, and I look forward to sharing our new resources with you soon.

100 Story Building Holiday Program

Sep 25, 26 & 27
100 Story Holidays has three exciting writing workshops for children aged 7-11 years. In the ‘Level 73 Strange Objects’ workshop (Sep 25), children will use their special story-hunting skills to discover crazy histories, strange facts and unbelievable secrets at our Level 73 Cabinet of Curiosity and Wonder Exhibition. They can cast spells, fight dragons and topple giants in a story-telling fantasy adventure in the ‘Level 6 Trapdoor Quest’ workshop (Sep 26) or save the world from animal armageddon as a spy in the “Level 38 SIA” workshop (Sep 27).
Where: 100 Story Building, 92 Nicholson St, Footscray 3011 (in the pedestrian mall next to the Commonwealth Bank)

Book online now: http://www.100storybuilding.org.au/100-story-holidays/

Kind regards
Julie Leech
Student Wellbeing
St Albans Heights PS
Tues-Fri
Ph: 9366 4211

COMMUNITY HUB

"Parents with students who have allergies please be aware of this event. Please talk with your child about making healthy and safe choices around food"

Our tram will be wrapped on the 16th of October and will be riding the routes 6 and 19 as of the 17th of October! Below is our artist statement which can be seen inside the tram.

ARTIST STATEMENT
St Albans Heights Primary School's Community Hub came together to collectively develop the design for this artwork. Familiar scenes and icons represent the school community and the wider Melbourne community that they wanted to capture that Melbourne is proudly diverse.
The portraits are true stories of the Melbourne community and express its diversity of age, gender, cultural heritage, language and beliefs. The faces are left blank so that the portraits can be coloured in by the children and Melbourneans can imagine themselves depicted on the tram.
The coloured squares were inspired by Andy Warhol’s pop art which captures playfulness, diversity and inspires imagination—just like the school.
End of term celebration for parents and staff

Parents involved in this term's cooking classes are inviting SAHPS staff and parents to join them for lunch on Wednesday the 20th of September as a thank you for everyone's hard work this term.

Please join parents at 11am in the canteen area for lunch

If you are a parent who would like to help with the cooking please come along to the canteen between 9am and 11am.

For more information contact Sophie

Community hubs

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Join other families at playgroup on a Friday at 9am till 11am in the Play and Say Room

Fee: $2

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Breakfast Club

8:30am till 8:50am everyday
All students welcome!

Come have breakfast with fellow students in the canteen area

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English Classes in Term Four

Seeking new members!

Join Jo our English teacher and these smiling faces every Tuesday from 9:30am till 12:00pm for English classes in the Play and Say Room!

Topics covered in Term Four

1. Locating health and medical information.
   Engage in conversations about recognising health conditions, describing the symptoms associated with common illnesses, recognising appropriate actions to take to manage common illnesses and injuries and locating medical support in the local area.

2. Identifying settlement options.
   Discuss information on finding health practitioners and clinics, locating Medicare and Centrelink services, accessing interpreters and other language support and finding childcare, a local primary or secondary school.

3. Identifying Australian leisure activities.
   Discuss leisure activities in Australia, sources of information on leisure activities in Australia and language used to describe main types of leisure activities in Australia.

To join this class please come along on Tuesday to meet Jo the teacher or for more information please speak to Hub Leader Sophie.
Ph: 9566 4211
COMMUNITY NEWS

THE ST ALBANS FESTIVAL FOR FAMILIES

Puppets! Pop-ups! And a Parade!
Bring your family along to The Bowery Theatre and St Albans Community Centre throughout October to create and celebrate the beautiful world of puppets, parades and performances. Suitable for families and children of all ages.

Puppet Workshops - Make your own puppets and lanterns
Friday 6 October and Saturday 14 October | All day from 10am-4pm
No Charge – register your interest online

Spike the Echidna by Little Wing Puppets
Friday 6 October | 10:30am | First ticket $10, then $5

Spike is an interactive experience for young children told through puppetry, music and hands-on storytelling. Join popular puppeteer Jenny Ellis for some school holiday fun!

Orchestra Victoria presents Babar the Elephant
Wednesday 11, Thursday 12 and Friday 13 October | 11am & 1pm | First ticket $10, then $5
This interactive show for children young and old will delight and mesmerise. Dress ups welcome – bring a cushion.

Fortune by Arts Access Way Out West
Saturday 14 October | 2pm | No charge
An interactive performance installation set within a giant labyrinth in which the audience will encounter multiple booths.

Vietnamese Moon Lantern Parade
Saturday 14 October | from 3pm
No Charge – but registration required
Bring along your puppets and lanterns for a trip down St Albans’ main streets leaving from The Bowery Theatre at St Albans Community Centre at 4pm.

The Trung Sisters
Thursday 19 October | 6pm | No charge
The Trung Sisters is a stunning and endearing production presented by St Albans East Primary School, following the journey of two real life Vietnamese heroes.

When & Time: Friday 6 October – Thursday 19 October, various dates and times (see above)

Enquiries: Contact Siena Balakrishnan on 9249 4609.
General enquiries 9249 4600 or bowery@brimbank.com.au
"Please see below Jassi’s now famous Butter Chicken recipe! Parents and staff really enjoyed Jassi’s butter chicken as part of our Hubs fortnightly cooking classes. Cooking classes will be back next term starting with a session run by Morgan and Kamara on Wednesday the 18th of October 9am till 11am."

Butter Chicken

Serves: 5 – 7

**Ingredients**

- 1kg chicken thigh fillet
- Yoghurt to marinade
- 500g thickened cream
- 10 or 15 pieces of cashews or peanuts
- ½ kg butter
- ½ kg tomatoes
- 3 – 4 onions
- 8 – 10 cloves of garlic
- 10g ginger
- Salt to taste
- 2tbsp coriander powder
- 1 or 2 green chillies
- 2 – 3 green cardamom (optional)
- 1tbsp cumin seeds
- 1 bay leave
- Fenugreek leaves or coriander leaves to garnish
- 1tbsp sugar
- A pinch of dried mango powder
- A pinch of garam masala

**Methods**

1. Marinade diced chicken with yoghurt, add salt and coriander powder, add red chilli (optional). Leave it in the fridge for half an hour before cooking or leave it overnight.
2. Fry diced onions, garlic, ginger, tomatoes, green chillies, and cashews/peanuts in the melted butter.
3. Drain and blend it into a paste.
4. In the separated butter add cumin seeds and green cardamom. Then add the marinaded chicken and cook it until tender. When the chicken turns tender, add the blended paste to the chicken, add salt to taste and sugar, garam masala and dried mango powder. Now add thickened cream and simmer for 5 minutes.
5. Garnish with fenugreek leaves or coriander leaves.
6. Enjoy with garlic naan or rice!
CÁC NGÀY QUAN TRỌNG
Important Dates to Remember
Thứ tư, 20/9: Lớp nau an tru ngày 11 giờ
Thứ sáu, 22/9: Điểm tâm “Fun Food”
Thứ sáu, 22/9: Ngày cuối học kỳbbie học 2giờ 30
Thứ hai, 09/10: Ngày soátداء chương trình
Học sinh không đến trường
Thứ ba, 10/10: Ngày đầu học kỳ 4

VÀI LÒI từ BÀ HIỆU TRƯỞNG
Phụ huynh và các bạn thân mến,
Tuần vừa qua nhà trường có tổ chức cuộc triển làm hội họa. Xin khen tạng các em, Mr Victor Pody, Mr Noly Noble và tất cả giáo bangdã hỗ trợ cuộc triển làm. Buổi triển làm rất thành công với số đông phụ huynh và học sinh tham dự và đã thể hiện được tình thân sùng của cộng đồng trong buổi triển lần hội họa.


Xin cảm ơn những phu huynh đã đưa con đến đúng giờ buổi sáng. Lớp 5/6 được thằng cuộc tuần vừa qua. Đây là một sự tiến bộ lớn và chắc chắn rằng các em giờ đây biết thử sở hữu nhiều điều chữ cần quan trọng.

Phụ huynh cũng giúp đỡ trường bằng cách chuẩn bị thức ăn trưa cho dem theo từ sáng sớm. Đây là cũng một thời quan trọng để giúp con em biết tự lập và không tổn thì giờ cho chỉ được ăn một ngày. Trường học là nơi tốt nhất để học sinh tập tính thanh tự lập và tự tin.

Xin chúc phu huynh, học sinh một kỳ nghỉ holiday vui vẻ và an toàn.

TIN TỨC CỦA TRƯỞNG
Lời Cảm ơn của Mr Pody : Xin cảm ơn tất cả cộng đồng trường St Albans Heights P.S. đã hỗ trợ bội triện làm hội họa vừa qua. Tôi cùng xin cảm ơn những công ty đã góp chọn quyết quan trọng.

SunSmart – Lưu ý: Tất cả học sinh phải đến nơi khi ra khỏi nhà vào ngày. Không có không có nơi chung chung chung chung chung chung chung.


Bおります : Chương trình bờ lờ lờ năm nay sẽ vào cuối tháng 10 và đầu tháng 11. Phu huynh nên trể góp trước để cho con tham dự. Ông Ức năn chọn duỗi đơn đường hay xảy ra cho nền học bổ đỡ là điều rất quan trọng.

Website của trường: www.sahps.vic.edu.au

Lưu Ư Quan Trưởng : Xin phu huynh đọc kỹ bảng thông báo về việc ăn trưa có điểm kem theo báng tin.


Hồ Trữ Học Sinh Tiểu Học Có Chặm trong vòng lao lý: Xin phu huynh tiếp xúc với Julie Leech để tìm hiểu những quyền lợi của con mình.

TIN CÔNG ĐỒNG
Lien hoan cuối học kỳ: Phụ huynh trong nhóm nào ăn xin mời giáo ban và phụ huynh đến ăn trưa ngày thứ tư, 20 tháng 9 để cảm ơn mọi người đã làm việc tích cực trong học kỳ.

Ăn sáng - Breakfast Club: từ 8giờ 30 đến 8giờ 50.
Tất cả học sinh đều có thể tham gia. Hãy đến cánh tay ăn sáng với các bạn bè tại cánh tay.

Xin cá nhân này ngồi chơi vào văn phòng trường:
Tối thị tham dự vào ban tổ chức sinh Nhật thứ 5 tại trường:
Tên cha mẹ: ........................................
Tên con: ........................................lop ..................................
Số điện thoại liên lạc: ..................................
Những ngày tối rảnh có thể đến học: ..................................
<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>Hub leader</strong></td>
<td>Sophie 8.30 am - 4.00 pm</td>
<td>Sophie 8.30 am - 4.30 pm</td>
<td>Sophie 8.30 am - 4.00 pm</td>
<td>Sophie 8.30 am - 4.00 pm</td>
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<td>8:30AM</td>
<td>Breakfast Club</td>
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<td>Breakfast Club</td>
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<td>9AM</td>
<td>9am till 9:30am Assembly in the stadium</td>
<td>9:00am – 11pm Every Fortnight Parent Cooking Classes with Sophie and Marlene</td>
<td>9am till 11:00 Playgroup in the Play and Say Room</td>
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<td>10AM</td>
<td>9:30am - 12pm Vietnamese Playgroup in the Play and Say Room</td>
<td>9:30am – 12pm English in the Play and Say Room</td>
<td>In the canteen</td>
<td>9am till 11:00 Playgroup in the Play and Say Room</td>
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<tr>
<td>11AM</td>
<td>9:30am – 12pm Vietnamese Playgroup in the Play and Say Room</td>
<td>9:30am – 12pm English in the Play and Say Room</td>
<td>6th of September</td>
<td>20th of September</td>
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<tr>
<td>12PM</td>
<td>11:50pm till 12:5pm Volunteers welcome to help out in the Kitchen Garden Program Contact Sophie or Fiona to sign up</td>
<td>12pm till 3pm Flexible English Class In the Play and Say Room <strong>Small children welcome</strong></td>
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<td>1PM</td>
<td>12:50pm till 1:45pm Volunteers in the Kitchen Garden Program</td>
<td>12pm till 3pm Flexible English Class In the Play and Say Room</td>
<td>12pm till 3pm Flexible English Class In the Play and Say Room</td>
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<td>2PM</td>
<td>2:15pm till 3:15pm Punjabi Dancing in the stadium</td>
<td>2:15pm till 3:15pm Volunteers in the Kitchen Garden Program</td>
<td>12pm till 3pm Flexible English Class In the Play and Say Room</td>
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<td>3PM</td>
<td>3.00pm till 3:30pm Parent Tea time in the Play and Say Room</td>
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<td>3.00pm till 3:30pm Parent Tea time in the Play and Say Room</td>
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## IMPORTANT DATES

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<tr>
<th>WEDNESDAY 20&lt;sup&gt;TH&lt;/sup&gt; SEPTEMBER</th>
<th>WEDNESDAY 20&lt;sup&gt;TH&lt;/sup&gt; SEPTEMBER</th>
<th>FRIDAY 22&lt;sup&gt;ND&lt;/sup&gt; SEPTEMBER</th>
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<tr>
<td>School Council Meeting No. 6</td>
<td>End of term celebration. Lunch at 11am in the canteen area. Everyone welcome.</td>
<td>Fun Food Breakfast 8am in the canteen.</td>
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<td>9.30am</td>
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<td>FRIDAY 22&lt;sup&gt;ND&lt;/sup&gt; SEPTEMBER</td>
<td>MONDAY 9&lt;sup&gt;TH&lt;/sup&gt; OCTOBER</td>
<td>TUESDAY 10&lt;sup&gt;TH&lt;/sup&gt; OCTOBER</td>
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<td>Last day of Term 3.</td>
<td>Curriculum Day</td>
<td>1&lt;sup&gt;ST&lt;/sup&gt; Day of Term 4</td>
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<td>No School</td>
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<td>2.30PM FINISH.</td>
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<td>TUESDAY 17&lt;sup&gt;TH&lt;/sup&gt; OCTOBER</td>
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<td>5/6 Lego Excursion</td>
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