Dear Families and Friends,

What an exciting week we had last week. Our tram design for the Melbourne Festival and Creative Victoria was announced as one of the winners. Sophie led this project with members of our community as part of the Community Hub. The tram design depicted Melbourne’s diversity through images of our own community. Teachers, students and parents were used as models for the artwork, which was also completed, by our parents, students and some staff.

We had the pleasure of being part of the official announcement in the city Tuesday night, which included representatives from Creative Victoria, Melbourne Festival and Public Transport Victoria. A group of teachers, parents and students attended with Sophie to be part of the celebration. It was great to be celebrating as a group and to see the proud faces of our parents and the students.

Like us on Facebook@
StAlbansHeightsPS

Last week we also had a number of parents visiting the Melbourne Museum as part of the Community Hub program. Once again, Sophie was able to coordinate this program and support our parents in learning about

**Term 3 Number 13**
**August 22nd**

**IMPORTANT DATES**
- Sun 27th Aug – Parent Opinion Survey Due
- Mon 28th Aug – NAPLAN Info Session
- Wed 6th – Fri 8th Sep – Grade 5/6 Camp
- Wed 6th Sep – Grade 3/4 AMES Excursion
- Fri 8th Sep – Grade 1/2 Disco and Sleepover
- Tues 12th Sep - Masterpieces of SAHPS Art Show
- Thurs 14th Sep – Grade 3/4 Royal Melbourne Show Excursion
- Fri 15th Sep – Building Brains Workshop

**PAYMENTS DUE**
- TOMORROW - Athletics
- Fri 1st Sep - Grade 3/4 Royal Melbourne Show Excursion
- Fri 1st Sep - Grade 1/2 Disco and Sleepover
- Fri 8th Sep – Art Show Tickets and Raffle Tickets

*Teamwork * Respect *Honesty * Belonging

“At St Albans Heights Primary School we embrace the diversity of our community. We provide a safe and rich learning environment where quality programs enable students to achieve their full potential.”
Melbourne and the services and facilities available to them and their families.

Last week was Education Support Week. Thank you to all our Education Support Staff for all the help you provide our students, families and staff.

We have recently employed a new teacher to take over from Michele Tabone. Jimi Connal is an experienced teacher who has moved from Canberra to Melbourne. Jimi is a caring and supportive teacher who will have a positive impact on our students. He has already got to know many of the children and parents. Please make him feel welcome by saying hello!

We have also just recruited another teacher to replace Marta Rodrigues. Her name is Diana Nguyen. Please also take the time to say hello and make her feel part of our school.

Our school continues to build strong partnerships with the community and we believe by having good relationships with parents we can further enhance the education of our students.

Please remember to complete the Parent Survey by the due date 27th August. If you need help completing this, please come and see us at the office.

Have a great week

Helen Otway
Principal

SCHOOL NEWS

MONEY FOR SCHOOL EVENTS

All money that students need to bring into the school to pay for events, excursions, sport etc should go to the CLASSROOM TEACHER. This is very important as it allows each classroom teacher the opportunity to see who has paid before money is sent to the office. This also means that traffic through the office area can be kept to a minimum. Please come to the office if you are paying using C.S.E.F. or E.F.T.P.O.S.

Thank you for your co-operation.
LUNCH GUIDELINES

At St Albans Heights Primary School, we are a diverse community with many different food cultures and work schedules. Whilst it can be busy through the week, we encourage our students to bring along a healthy lunch. A healthy lunch provides the nourishment needed for children to learn effectively through the day.

As of August 2017 the following rules will apply when bringing lunches to school.

RULES

1. Lunch should be packed in the morning and placed in the school bag. This develops independence and gets them ready for secondary school.
2. For food safety, please put any hot food in an insulated bag or thermos. Food will not be stored in a fridge or oven at school.
3. We do not accept fast food as appropriate lunch for students. Fast food such as MacDonald’s, KFC, fish and chips or Hungry Jacks will be turned away.
4. Fast food cannot be “disguised” in other take away containers.
5. When food is turned away, the student will be provided with a cheese sandwich for lunch.

HUỘNG DẪN VỆ ẨN TRƯA

Tại trường St Albans Heights P.S. chúng ta có nhiều sắc tộc, nhiều thức ăn truyền thống và giờ giấc làm việc của phụ huynh cũng rất khác biệt. Trong khi mỗi người có thể bận rộn suốt tuần nên nhà trường khuyến khích các em đi học mang theo thức ăn lành mạnh. Thức ăn lành mạnh sẽ cung cấp đầy đủ bộ dưỡng cần thiết cho việc học tập suốt ngày.

Những điều lệ dưới đây sẽ áp dụng từ tháng 8 năm 2017 cho việc đem thức ăn trưa đến trường.

Qui Đính

1- Thức ăn nên gói sẵn từ sáng sớm rồi để vào cắm xách. Điều này giúp con em tính toán từ lớp để sao sánh khi lên trung học.
2- Để duyên an toàn, thức ăn nóng nên để trong bao bì cách nhiệt (insulated bag) hay bình thụy (thermos). Thức ăn không được tự lành hay trong lòng nóng ở trường.
3- Không đem thức ăn “fast food” như là McDonald, KFC, Fish andchipshay Hungry Jacks. Những thứ này nhà trường sẽ ngăn cấm.
4- Không nên gebru trong những thức ăn “fast food”bằng cách để trong những hộp khác.
5- Khi thức ăn bị trả lại thì em đảm bảo được sử dụng cung cấp bánh xanh ụt với phổ ma (cheese)
SWIMMING

Payments are now being received for our Whole School Swimming Program in Oct/Nov this year. Families are encouraged to begin paying for their child/children to attend this program. Drownings are still one of the most common causes of accidental deaths in Australia and that is why swimming lessons are essential.

S.A.H.P.S WEBSITE
The new website is now live!!!Please visit www.sahps.vic.edu.au and see what’s new! All current school programs are included, you can view newsletters and download all school notices. There is also up to date contact information if you would like to contact the school.

BPAY
Please be advised that the school is now offering BPAY as an alternate method of payment. Please come to the office and ask for a statement to get your BPAY biller code and reference number.

SESSION
Late last week NAPLAN results for students in Grade 3 and 5 were sent home. We would like to offer all families (regardless of what year level your child/children is in) the opportunity to ask any questions you may have about NAPLAN testing.

When: Monday 28th of August at 9:30am (straight after assembly)
Where: School Library
Look forward to seeing you there
Rebecca Bubeck
Assistant Principal

BE ON TIME: 10 to 9
At St Albans Heights Primary we ask that all students be present and enter the classroom at 10 to 9am. This provides sufficient time for children to get settled and organised before classes start with the second bell at 9am. From Monday the 5th of September we will run the Be On Time: 10 to 9 Project. For three weeks we will monitor late arrivals and the grade with the lowest number will be announced at assembly and receive an award. We seek your support in ensuring your children are at school by 10 to 9 to support student engagement and learning outcomes.

BUILDING BRAINS WORKSHOP
In September Julie from our Allied Health Team will be running a program that assists parents to understand child brain development and its impact on behaviour, learning & socialisation.
WHEN: Friday, 15 September 9am – 11am.
WHERE: Room 10 - Allied Health Team Office (opposite Library)
RSVP: By 8 September - please let our admin staff or Julie Leech know that you are attending.
Please also indicate if you require child care.

Kind regards
Julie Leech
Student Wellbeing

CANTEEN CLOSURE

The canteen will be closed until further notice. The school will let the community know when the canteen will re-open again.
We are excited to be taking part in the 2017 Woolworths Earn & Learn program, starting Term 3.
During the previous campaign, we were able to purchase some great resources with the points we earned, thanks to you.
From now until September 19th 2017, you can collect stickers at Woolworths that go towards Earn & Learn points. For every $10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive a sticker. These stickers can then be given to your children to collect on a special sticker card. Once it is completed, they can simply bring it back here to school or drop them into Woolworths St Albans in the collection box with our School Name on it.
The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including mathematics and English resources, art & crafts materials and much, much more!
We are grateful for your support and look forward to a successful program. If you have any questions, please ask at School.

100 Story Building Holiday Program

Sep 25, 26 & 27
100 Story Holidays has three exciting writing workshops for children aged 7-11 years. In the ‘Level 73 Strange Objects’ workshop (Sep 25), children will use their special story-hunting skills to discover crazy histories, strange facts and unbelievable secrets at our Level 73 Cabinet of Curiosity and Wonder Exhibition. They can cast spells, fight dragons and topple giants in a story-telling fantasy adventure in the ‘Level 6 Trapdoor Quest’ workshop (Sep 26) or save the world from animal armageddon as a spy in the “Level 38 SIA” workshop (Sep 27).
Where: 100 Story Building, 92 Nicholson St, Footscray 3011 (in the pedestrian mall next to the Commonwealth Bank)
Book online now: http://www.100storybuilding.org.au/100-story-holidays/
Kind regards
Julie Leech
Student Wellbeing
St Albans Heights PS
Tues-Fri
Ph: 9366 4211

COMMUNITY HUB
COOKING ADVENTURES
WITH MARLENE

Blueberry Kissel
500g frozen blueberries
1 ½ cups water
4 tbs potato starch
3 tbs cold water
1 orange, zest and juice
Heat 1½ cups and sugar on low heat until dissolved increase heat and bring to the boil. Add berries and bring back to the boil. Mix potato starch with the 3 tbs cold water and add
to hot berry mix. Add zest and juice of orange. Pour into individual glasses and chill.

**Frittata**
1kg mixed left over cooked vegetables (approximately)
2 handfuls of spinach
150g feta
1 cup grated parmesan or any other strong aged cheese
Salt and Pepper to taste
8 eggs
1½ cups cream
Slice all the vegetables. Arrange in layers in the baking dish with the crumbled feta and spinach. Beat eggs and cream together add parmesan and season to taste, remembering that the feta and parmesan are salty. Bake in 180C oven for 30-40 minutes or until the centre is set. (Left over meats such as bacon, chorizo, cooked chicken, ham can also be added)

**Cauliflower Cheese Tart**
*Pastry*
1 ½ cups plain flour
140g cold unsalted butter, chopped
1 egg yolk
¼ cup iced/cold water
*Filling*
1 small cauliflower cut into small florets
1tbs olive oil
1 leek, thinly sliced
3 eggs, lightly beaten
300mls thickened cream
Pinch freshly grated nutmeg
175g aged cheddar cheese, grated

Place flour and butter with a pinch of salt into processor. When mixture resembles fine breadcrumbs add egg yolk and ¼ cup water and process until smooth.

Shape into a disc and enclose in plastic wrap. Chill 30 min. Preheat oven to 180C. Grease a 23cm loose-bottom tart pan. Roll out pastry on a lightly floured surface until 3 mm thick, then use to line pan, trimming excess. Chill for 30 minutes. Line with baking paper and fill with baking weights. Bake for 10 minutes, then remove weights. Bake for 8 minutes more to dry top. Meanwhile place cauliflower in a pan of cold salted water. Bring to the boil over high heat. Reduce heat to medium-low and cook for 5 minutes or until just tender. Drain and set aside to cool slightly. Heat oil in a frying pan over low heat and cook leeks until just softened, set aside. In separate bowl beat eggs, cream and nutmeg and season to taste.

Scatter leeks over cooked tart shell, then scatter over cauliflower and half the cheese. Pour over egg mixture, then scatter over the remaining cheese. Bake for 30 min or until golden. Cool 30 mins and serve.(Addition of pan fried bacon and onion can also be added to this to add additional flavour)

**Cauliflower Polpettes**
1 small cauliflower, cut into small florets
1 cup SR Flour
1 cup grated parmesan
1 clove garlic, crushed
2 tbs chopped flat-leaf parsley
2 eggs, lightly beaten
¼ cup olive oil
1 tsp ground coriander
1 tbs thinly sliced chives

Cook cauliflower florets in salted boiling water until just cooked. Drain and cool.

In a large bowl mix flour, cheese, garlic, parsley, coriander and chives. Add cauliflower florets and mix lightly. Add eggs and mix again adding a little water or buttermilk if too dry. In a frypan, heat oil over medium heat and drop in a spoonful of mixture. Patties should be fried over medium heat, as you want the middle to cook. Cook for 2-3 minutes until brown underneath, then turnover and flatten with a fork. Serve hot or cold, and dusted with a little extra parmesan.
CÁC NGÀY QUAN TRỌNG

Important Dates to Remember

Chủ nhật, 27 tháng 8: Hıethancủocháosátıkỷnhphuynh
Thứ ba, 28/8: Trường tin vécúochi NAPLAN
Thứ tư, 06 - thứ sáu 8/9: Lớp 5/6 câmбри
Thứ tư, 06/9: Lớp 3/4 du ngân AMES
Thứ sáu,08/9: Lớp 1/2 nháy disco vàng qua đèm thứba, 12/9: Trưng bày tác phẩm sáng tác thứba.
ThứmA, 14/9: Lớp 3/4 du ngân Royal Melbourne Show
Thứ sa, 15/9 Thanh lập “Brains Workshop”

VÀI LÓT BÀ HRIEND TRƯỞNG

Thái táahánhdiệknhítrùcmiàbuóuyênbòchirinhthúc tai City tôitúbháomócgácđiđiênciau Creative Victoria, Melbourne Festival, và vabic vành du tó. Mónnhómphuynh, ñợc sinh vàgiáovíécungvói Sophie thamđúbòilíênhoanáy. Tháiãmnhìthückiánhônggiáovíén ñợc sinh váphuynhnhưđeczînhthámdu.
Tuánvúra qua, trongchưốngtrinhcuá Community Hub, Sophie cùngcôhuồngđámrónmínhphuynhnhíthâmuyngève nhânbòttáng Melbourne dêgiûúphuynhnhchòthínhphó
Melbourne vànhđíchvêcvôichôngmoingưùigáidiánháchuháo. Nhântrườngdâuyểnngítinviémítđâuyển.


Xínphuynhnhvùônghaíntábhánhkâosátıkỳêngngây 27 tháng
Phuynhnhàcángiúpđôthínlênlênlàcvôívânpréngtrưng

TIN TỨC CÚA TRƯỞNG

ViệcGởiTiénĐìnTrưng:
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du ngân, thêđùchênhbaó v. v. đêunôcphögiaobicôínlôp. Nhivúygiaovicbòíchênhènêm quáochấnôpváícungđêähránhncnhownsôidçãochôír ócvâphảng. Khítrángthê hay dung tênh CSEF
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Website cuáatruòng: Xínphuynhnhthôngxuénlen

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Phuynhnhôngcôích-phânháôidînhâo.
diachìkhiçoisôrthâydu, www.sahps.vic.edu.au
Cántin Cán títmôngécâ.Nhâtrénông sê tin
chophuynhnhbôtkítinhómoécôítrôrêlxi. Xínphuynhnhvùi ônghôtrôcô.Liêngâidiánhôây.

Bùôítông tin vè NAPLAN: Tuánvúra qua ké quèa
cuáuôcôtth test đâiôvégiadinh.ćuôhc sinh lôp 3 và 5.
Nhâtrôngmuôntáocôíchphuynh (bákylôpnhó) hoinhngcâuhói lien quândêncuôcôthi
NAPLAN.
Thứ haî: 28/8 lúc 9ã îô 30 –Saubuoícháocô
Tài : Phòngthuáriaôtrông.
Rát mong phuynhnhêndénthamdù.
Rebecca Bubeck, Híuphô
Luu ý QuanTrưng:
Xínphuynhnhđôcthôngbôavoêicántárácôídônhê
mtheôbôân tìn.

DênDungGîô 10phút trưc 9giô: Tairtrim Guô St Albans Heights, cácmcânhácđêntrường 10 phûtrôc
9giôsângđécâmécôiddùghìchôithúb. Thúbhái, 05 tháng 9 nhâtrômgscôíchênhèn “DênDungGiô- 10 phûtrôc
9giô”. Trong 3 tuânânhtrûngnhátrôngsêuyênbôlôpnáoôiditrêvêsè
ychưôtrông.

Website Brains Workshop :Thứ sau, 15/ 9
taihõesông 10 Cô câli câu Allied Health Team
sêtrinhbâylléywùpháttríenfôáquacátrêmvmâinhnhươngdê
nhân vî, sôanhcâpámôigiaoténgôixáhô. Nguy 8/ 9
xinbáochôôtrróngbiêutrócrôphuynhñhyêsôéndêu.
Julie Leech – GV höôtô Student Wellbeing
Last Weeks Cooking Classes for Parents

Upcoming classes - Everyone welcome!
Fortnightly Wednesdays 9:00am till 11:00am

- Wednesday - 9th of August
  Featuring Peanut Barley
- Wednesday - 16th of August
  Featuring Mung Beans and Pesto
- Wednesday - 23rd of August
  Featuring Lentils and Rice

Gold coin donation to participate
For more information please speak to Hub Leader Sophie

Playgroup!
Join other families at playgroup on a Friday at 9am till 11am in the Play and Say Room
Fee: $2

Breakfast Club
8:30am till 8:50am everyday
All students welcome!

Come have breakfast with fellow students in the canteen area

Thank you everyone for celebrating girls education!

Teeyan Festival
We raised $205 for One Girl who educated women and girls in Uganda and Sierra Leone
COMMUNITY NEWS

Morning Tea
Tuesday 29th of August

All families welcome to join us for Punjabi Dancing and Morning Tea on Thursday the 29th August

9:45am - 10:15am
Welcome to School and Punjabi Dancing

10:15am - 11am
Morning tea

If you have booked to go on the bus to Sunshine Leisure Centre - the bus will leave at 11:00am and return before 2:30pm.

Morning will be taken at this event. These photos may be displayed on the school or Community Hubs website or social media pages. If you do not want photos taken of you, you must tell the organiser.

COMMUNITY NEWS

Tour of the City

Thank you for joining us on a trip to the Melbourne Museum

The next tour is on Tuesday 29th of August to Sunshine Leisure Centre for swimming - book in with Scoltle today

Please be taken on tours. These photos may be displayed on the school or Community Hubs website or social media pages. If you do not want photos taken of you, you must tell the organiser.

VTEAM Taekwondo

FREE UNIFORM WHEN REGISTERED

- FREE FIRST 4 LESSONS
- KIDS CLASS FROM 4 YRS
- MAKE NEW FRIENDS
- DEVELOP DUMA GE CO-ORDINATION & FOCUS
- BUIDLE SELF-CONFIDENCE & LEADERSHIP SKILLS
- LEARN SELF DEFENCE
- PARTICIPATE IN COMPETITIONS

1800 GO VTEAM (1800 468 832)
SATURDAY: 4PM - 6:30PM
ST ALBANS HEIGHTS PS GYM
NORWICH ST, ST ALBANS
vteamtaekwondo.com
facebook.com/vteamtaekwondo
instagram.com/vteamtaekwondo
An idea of some of the great prizes that could be won at this year’s ART SHOW raffle...

*4 Burner BBQ thanks to Bunnings Warehouse

*Black and White laser printer thanks to Omega International

*Woolworths $50.00 GIFT CARD

*JB HIFI Backpack with assorted gifts inside

*Art and craft materials to the value of $50.00 with thanks to Zart Art

*5 Premium iPad covers (5 separate prizes) thanks to Centre Com Sunshine

*Art and Craft supplies thanks to Bunnings Warehouse Caroline Springs

*Hot pink Volleyball thanks to our staff member Hermina

There are a few companies finalising their kind raffle donations, so a flyer will be published with the complete list of prizes in our next newsletter.
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>8:30AM</strong></td>
<td>Breakfast Club</td>
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<td>9AM</td>
<td>9am till 9:30am Assembly in the stadium</td>
<td>9:30am – 12pm English in the Play and Say Room</td>
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<td>9:00am – 11pm</td>
<td>9am till 11:00 Playgroup in the Play and Say Room</td>
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<tr>
<td>10AM</td>
<td>9:30am – 12pm VietnamesePlaygroup in the Play and Say Room</td>
<td>9:30am – 12pm English in the Play and Say Room</td>
<td>In the canteen</td>
<td>26th of July</td>
<td>9am till 11:00 Playgroup in the Play and Say Room</td>
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<tr>
<td>11AM</td>
<td>9:30am – 12pm VietnamesePlaygroup in the Play and Say Room</td>
<td>9:30am – 12pm English in the Play and Say Room</td>
<td>6th of September</td>
<td>9th of August</td>
<td>23rd of August</td>
</tr>
<tr>
<td>12PM</td>
<td>11:50pm till 12:5pm Volunteers welcome to help out in the Kitchen Garden Program Contact Sophie or Fiona to sign up</td>
<td>12:50pm till 1:45pm Volunteers in the Kitchen Garden Program</td>
<td>12pm till 3pm Flexible English Class in the Play and Say Room</td>
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<td>1PM</td>
<td>12:50pm till 1:45pm Volunteers in the Kitchen Garden Program</td>
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<td>2PM</td>
<td>2:15pm till 3:15pm Punjabi Dancing in the stadium</td>
<td>2:15pm till 3:15pm Volunteers in the Kitchen Garden Program</td>
<td>12pm till 3pm Flexible English Class in the Play and Say Room</td>
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<td>3PM</td>
<td>2:30pm till 3:30pm Parent Tea time in the Play and Say Room</td>
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### IMPORTANT DATES

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<td>Grade 5/6 Camp</td>
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<td>Grade 1/2 Disco and Sleepover</td>
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<td>Masterpieces of S.A.H.P.S Art Show</td>
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<td><strong>FRIDAY 15TH SEPTEMBER</strong></td>
<td>Building Brains Workshop Room 10. 9am – 11am.</td>
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